

## Family Advisory Committee Minutes

January 25, 2018 7:00-9:00

### Summary of Action Items:

Item No.	Item	Person	Discussion/Action/Timeline
1.0	Introductions Approval of Minutes	Co-Chairs-	Sam and Cheryl
2.0	Quality IP		Ask – what Improvement initiatives look like? 2 90 mins sessions ( 7 to 10 participation)
3.0	Inclusion Workshop	Lori Beesley	Request to parents ask schools to for Inclusion workshop in schools
4.0	Merck Patient First Award	Aman Sium	Merck Patients First Award to Family Leader Program
5.0	Family Story	Shabnam	Shabnam a former Bloorview client spoke about her journey and determination to live independently and get a job. She works at Apple store. Her Advice to all parents - Help think and prepare for future, help be independent and Be the Light
3.0	Sub-Committee Updates <ul style="list-style-type: none"> <li>FLP2.0</li> <li>Care for Caregiver</li> </ul>	Aman Sium Ruma Amir Karmali Jean	<u>Care for Caregiver:</u> January 13, 2018 -Program promotion -C4C booth at Respite and Life Skills Fair February 24, 2018-Provide respite opportunities -Partner with Saturday Night Fun Pilot Program May 6, 2018-Create networking opportunities -Host first outpatient Coffee Talk June 19, 2018-Provide education -Resiliency workshop  <u>FLP 2.0</u> Year 1 Priority Projects 1.Strengthen Onboarding Support for New Family Leaders Key Enhancements: -Expand number of staff who can onboard & support new Family Leaders -Match new Family Leaders with more experienced mentors during their first year

			<p>-Hold "New Family Leader Networking Event" at least twice per year</p> <p>2.Create New Pathways to Participate in FLP Key Enhancements:</p> <ul style="list-style-type: none"> <li>-Clinic/unit-specific Advisory Committees</li> <li>-Virtual Advisory Committee</li> </ul> <p>3.Create Targeted Recruitment Plan for Under-represented Communities Key Enhancements:</p> <ul style="list-style-type: none"> <li>-Develop social demographics survey with Family Leaders; compare results against regions served by Holland Bloorview</li> <li>-Identify Staff and Family Leader "Diversity Champions" to help with recruitment</li> <li>-Create targeted recruitment plan for under-represented communities</li> </ul>
4.0	Youth Advisory Council	Cristina	
5.0	Website Redesign	Stewart Wong Nadia Van	<p>Why redesign?</p> <ul style="list-style-type: none"> <li>-Alignment to No Boundaries – personalized pathways</li> <li>-Consolidate all sites, be more sustainable, flexible and cost-efficient, improve, be more user friendly and accessible</li> </ul> <p>Discussion questions</p> <p>Group #1 – Navigation</p> <p>Group #2 – Information and Features</p>
6.0	Capes for Kids	Jean Katy Pedersen	<p>Wear a cape March 5-11, Fundraise</p> <p><b>Ways to help</b></p> <ol style="list-style-type: none"> <li>1.REGISTER at CapesforKids.ca as a fundraiser <a href="http://www.donate.hollandbloorview.ca/FLP-team">www.donate.hollandbloorview.ca/FLP-team</a></li> <li>2. REFER a school, small business, or community group Schools love Capes for Kids!</li> <li>3. INQUIRE about matching gifts at your place of work</li> </ol> <p>Events and goings on</p> <ul style="list-style-type: none"> <li>•Totsapalooza – February 3</li> <li>•Press conference – mid February</li> <li>•Lego party – February 22</li> <li>•Eaton Centre installation – March 1-7 (dates tentative)</li> <li>•CN Tower takeover – March 5</li> <li>•BMO takeover – 150+ branches, date TBD</li> <li>•Leaside Wildcats Tournament – March 9-11</li> <li>•Art battle @ Gotham Central – March 31</li> </ul> <p>Community support</p> <ul style="list-style-type: none"> <li>•McMaster SRS</li> <li>•Queen’s University</li> <li>•30+ schools from 2017!</li> <li>•Toronto Police Association</li> </ul>

7.0	Mental Health Strategy	Heidi Schwellnus	<p>Definition: Mental health is essential for a child’s overall well-being. Mental health enables resilience and coping with life’s experiences. It encompasses a capacity to think, feel and respond in a manner that optimizes potential and supports belonging and participation, now and in the future.</p> <p>Vision Statement: Enabling a child’s healthy mind, body and spirit: A Holland Bloorview initiative for Mental Health</p> <p>Scope:</p> <ul style="list-style-type: none"> <li>•We will realize our obligation to enable a child’s healthy mind, body and spirit.</li> <li>•We will recognize our responsibility to address mental health as it pertains to the child, and accordingly to the family.</li> <li>•This initiative will be hospital wide Five Identified Child and Youth Mental Health Enablers</li> </ul> <ul style="list-style-type: none"> <li><input type="checkbox"/> Awareness: Create a culture inclusive of mental health</li> <li><input type="checkbox"/> Education: Identify screening tools and pathways to address mental health</li> <li><input type="checkbox"/> Education: Increase capacity and knowledge of staff regarding mental health and resilience of children, youth and families</li> <li><input type="checkbox"/> Resources: Create a core team of experts in mental health for consultation</li> <li><input type="checkbox"/> Partnerships: Establish strong community partnerships and pathways with child/youth mental health services for our clients and families to access</li> </ul> <p>* Please rank these 1-5 based on your priorities.</p>
8.0	Meeting Adjourned	All	