To me, disability advocacy means promoting the idea that the thoughts of all individuals should be equally considered regardless of the methods they need to be able to support them in getting these perspectives out in the world. In disability advocacy, we strive to request accessibility in physical, psychological, and social domains to ensure individuals are not restricted.

In YAC, I am most proud of the information sharing to future Youth Advisory Councils with YAC being the standard of how positive healthcare and hospital Youth Advisory Councils can be and what they can mean for people. I am so proud that Holland Bloorview's Youth Advisory Council is an innovator and standard for giving disabled youth a voice and a place for all of us to find community and share our knowledge to help others.

My advocacy dream is that all individuals have a way to participate, learn, and share in education, healthcare, and social activism in whatever ways they need. The goal is for everyone to be able to provide their thoughts with supports, resources, time, and energy to give back and to take it all in that they are able to, and in all of the ways they want to be able to contribute back, as well.

– Jessica