

# Introducing team-based Schwartz Rounds

The Schwartz Centre for Compassionate Care has recently launched a variation on Schwartz Rounds that brings Schwartz Rounds directly to our people and teams. In response to the expressed needs of Schwartz Center members, this new team-based model acknowledges the increased time pressures in some areas, and logistical barriers to broader Schwartz Rounds participation.

## The goals of team-based Schwartz Rounds are to:

- deepen organizational compassion practices
- extend the benefits of Schwartz Rounds to staff who are unable to attend regular Schwartz Rounds
- support the psychological and emotional wellbeing of staff
- create a more compassionate, collaborative workplace

## How are these different than our usual Schwartz Rounds?

- A little shorter (30-60 minutes)
- A smaller panel (2-3 panelists)
- Opportunity for a more timely response
- Open only to those who work in the specific unit, program, service or team

## What's the same?

- Trained Facilitators
- Confidential
- An opportunity for discussions about the social and emotional experience of caregiving

We are now ready to start offering some team-based Schwartz Rounds! These can be virtual sessions, or in-person where we can support physical distancing.

We invite you and your teams to consider making a request for a team-based Schwartz Rounds by sending a quick message to [SchwartzRounds@hollandbloorview.ca](mailto:SchwartzRounds@hollandbloorview.ca). You can also share your ideas for a larger organizational Schwartz Rounds at any time through the same email address.

Our hope is that by introducing these new smaller Schwartz Rounds experiences, we can provide an additional opportunity for sharing, supported by familiar colleagues. All Holland Bloorview teams are welcome to request a team-based Schwartz session, regardless of your role or the area in which you work. We also invite you to contact Joanne Maxwell, Sarah Keenan, or Darlene Hubley with any questions or comments about the team-based Schwartz Rounds format.

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