Active Together!

Transitions, Recreation & Life Skills

What?
An after school recreation program for Holland Bloorview clients. Participants will engage in gym games and activities to keep their bodies and minds active. Volunteer support will be provided.

When?
Tuesdays, Sept 27th – November 1st
4:30-5:45pm

A virtual intake/goal setting session will also be arranged with each participant & caregiver prior to the start of the program.

Who? Participants must have a disability and be:

- 7 – 12 years of age
- Able to follow instructions and adhere to Covid-19 protocols (eg., wearing a mask, maintaining distance)
- Interested in participating in activities related to physical activity, group participation and socialization

Where?
Holland Bloorview Kids Rehabilitation Hospital – Gymnasium
150 Kilgour Rd, Toronto, Ontario

Cost: $60.00

Applications: Deadline for submission: September 20th, 2022

Notes:
- Space is limited and you must register to join

CONTACT
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