



## Holland Bloorview

Kids Rehabilitation Hospital

# Music and arts

Summer 2019 program brochure  
JULY – AUGUST

## Music and art programs

We offer fee-for-service music and art programs for children and youth with special needs, up to the age of 21. Children without special needs are welcome to register for Spiral Garden.

- Group or 1:1 music therapy and adapted music education
- Spiral Garden (integrated program for participants with and without special needs)

Please see program information for specific age requirements and program descriptions.

## Integration at Spiral Garden summer day program

Participants with and without special needs come to the program as one group. There are opportunities to participate in both small and large group activities, some more structured and others more self-directed. It creates ample opportunity for making new friends and learning about each other. If needed, staff are always around to help facilitate conversations and interactions in the celebration of all that makes us different and unique.

## Our staff

All programs are run by accredited music therapists and professional artists who specialize in designing and leading programs.

## Registration process

Print out and complete a registration form, found on our website at [www.hollandbloorview.ca/musicandarts](http://www.hollandbloorview.ca/musicandarts) and return it by mail, hand delivery or fax. To protect you and your child's personal health information, please do not email the form.

Holland Bloorview Kids Rehabilitation Hospital  
c/o Music and Arts  
150 Kilgour Rd.  
Toronto, ON M4G 1R8  
Fax: (416) 422-7037



## Contact us

If you have questions, please call us at 416-425-6220 ext. 3317 or send an email to [musicandart@hollandbloorview.ca](mailto:musicandart@hollandbloorview.ca)

## Music and art meet and greet

Our programs take place in many different settings that are sometimes open and busy with a limited amount of staff support. If your child is new to music and art, you and your child will be asked to come in for an in-person visit prior to a spot being confirmed in any of these programs. This will allow us to understand your child's needs and which programs we can best support them in. It is also a great opportunity to:

- Learn more about the program
- See what your child can expect from their time in the program
- Ask and answer questions

This will help us determine if we can provide a spot for your child in your program of choice with the necessary staff support. We will contact you to set up a time to meet for approximately 30 minutes.

## Confirming your child's spot

After we receive your registration form and payment, you will get a confirmation of receipt. A meet and greet visit will then be scheduled, if needed. After the meet and greet visit, you will receive confirmation of your child's spot. We will inform you if we are able to meet your child's support needs in your program of choice. There may be a need to suggest a different program option or place children on the wait list if all supported spots are filled.

## Registration

**Music programs:** January 12 - May 31, 2019\*  
**Spiral Garden:** January 12 - March 18, 2019\*

\*For Music programs confirmation of a spot will be sent beginning the week of May 31, 2019. For Spiral Garden: confirmation of a spot will be sent beginning the week of April 7, 2019. Applications received after these dates will be held on the wait list for any available spots.

## Financial assistance

Financial assistance may be available from Holland Bloorview. Please contact our Family Resource Centre

Email: [resourcecentre@hollandbloorview.ca](mailto:resourcecentre@hollandbloorview.ca)

Tel: 1-877-463-0365

## Cancellation policy

To receive a refund, participants must withdraw from a seasonal program at least two weeks prior to the program start date. A \$50 service charge will be deducted. For cancellations less than two weeks prior to the start of the season, the full program cost will be charged.

Once enrolled, staff will work with the client and family to ensure their identified support needs are met. However, when all possible avenues have been exhausted, it may be determined that we are unable to meet their needs and participation in the program is not able to continue. Any decision such as this will be made in collaboration with family, clients, program staff and the program manager.



# Music

## Summer: July 2 – August 26

Session start and end dates will vary depending on participant's schedule. 6 weeks + make up week. There will be no programs August 3 – 5.

### Music therapy

Our music therapy programs specialize in the purposeful use of music to support development, health and well-being within cognitive, communicative, emotional, musical, physical and social domains. Music psychotherapy with a Registered Psychotherapist is available. Please speak with our team for more information.

Age: up to 21    30 min. sessions: \$315 (6 weeks)  
                          45 min. sessions: \$472.50 (6 weeks)

Request times:    Tuesdays to Fridays 3 – 7 p.m., Saturdays 8:30 a.m. – 3:30 p.m.



# Arts

During the summer months of July and August, we offer the long running and well-loved Spiral Garden program. This integrated outdoor art, music and garden program offers a rich opportunity to explore, create and play in a group setting. Please read further, and visit [www.hollandbloorview.ca/musicandarts](http://www.hollandbloorview.ca/musicandarts) for more information on what it is all about!

## Planting day – Sunday, June 2

Planting Day is the official start of the 2019 Spiral Garden season! On Sunday, June 2, from 1 - 4 p.m. program staff will be on site and we welcome you and your family to come visit, bring a perennial to plant in the garden and/or join our gardener getting the garden beds ready for the summer season. It's also a great opportunity for new families to come and see us before the busy start of the summer! Pack a picnic lunch and enjoy the afternoon in the garden.

## Spiral Garden summer day program

Spiral Garden is an integrated outdoor, art, garden and play program that takes place in the scenic, 1.5 acre garden site at Holland Bloorview. Participants are free to explore the garden, playing and creating in activities that may include paint, clay, sand, water play, story, puppetry, dress-up, music, woodworking, cooking and garden activities.

Since 1984, Spiral Garden has been bringing participants with and without special needs together to foster an inclusive community that values the whole person, promotes self and group expression and builds a fun and hands-on relationship with nature and art.

We are able to provide one-to-one support on a limited basis for participants up to age 18 (no additional cost). Please make your request for this support on the registration form.

Age: 6 – 18 Participants must turn 6 on or before December 31, 2019.

A limited number of spots are available in each session for participants aged 19 – 21.

\$450	Session A	9 days (Tuesday to Friday, Monday to Friday) July 2 – 5 and 8 – 12
\$500	Session B	10 days (Monday to Friday, Monday to Friday) July 15 – 19 and 22 – 26
\$450	Session C	9 days (Tuesday to Friday, Monday to Friday) August 6 – 9 and 12 – 16
\$450	Session D	9 days (Tuesday to Friday, Monday to Friday) August 20 – 23 and 26 – 30

A limited number of one-week spots may be available. Please indicate your interest on the registration form.



# Spiral Garden 2019 program schedule

Spiral Garden Session A

Spiral Garden Session B

Spiral Garden Session C

Spiral Garden Session D

### July

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### August

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



# Spiral Garden

SUMMER DAY PROGRAM

**Where children of all abilities are welcome to explore, play and create together.**



“My kids enjoyed every single day at Spiral Garden. More than enough activities to keep them busy and learning, and a great way to start the summer!”

“This program is very well executed and my daughter absolutely loves it here. The diverse activities offered at camp are great.”

“[She] had a GREAT time for her first time here! She wants it to be 3 weeks!”

“I have two ‘normally developing’ kids in the program. This experience was a good, eye-opening experience for them.”

“Every time [he] is placed with someone it is a fantastic match. I appreciate this so much. I love how the other staff and volunteers know and enjoy [his] company. There is definitely a community feel.”

**Register now. Please see page 6 for more information.**

## Holland Bloorview

Kids Rehabilitation Hospital

A teaching hospital fully affiliated with the University of Toronto

**Holland Bloorview Kids Rehabilitation Hospital**

150 Kilgour Road, Toronto, ON M4G 1R8

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[hollandbloorview.ca](http://hollandbloorview.ca)