

When:	Saturdays (March 22 – June 7) No lesson on Saturday, April 19 and Saturday, May 17
Time:	9:00 a.m. – 9:45 a.m.
Age:	3 years old to 18 years old

This program is designed for participants (3 years old to 18 years old) that may not have swim skill-based goals but hope to improve mobility and comfort in water while having fun in a group setting. With the direction of a Holland Bloorview swim instructor, parents and/or guardians (18 years or older) of participants work with them in the water to achieve their personalized goals. The first 15 minutes offer participants ample transition time to get into and out of the water, meaning that an entire 30 minutes can be solely dedicated to instruction.

Virtual registration via Zoom/MS Teams is on Sunday, March 2.

The deadline to enter the lottery is 5:00 p.m. on Sunday, February 23, 2025.

You will receive an email **sent to the email address you provided,** by Wednesday, February 26 indicating the day and time to be connected through the Zoom/MS Teams link (URL). When you sign onto Zoom/MS Teams you will be placed in a <u>waiting room</u> until the registration administrator admits you to the appointment.

If you have any questions about this new program, please contact the pool office at 416-425-6220 ext. 3063 or by email <u>swimregistration@hollandbloorview.ca</u>.

Aquatics at Holland Bloorview Kids Rehabilitation Hospital 150 Kilgour Road, Toronto ON Canada M4G 1R8 T 416 425 6220 ext. 3539 www.hollandbloorview.ca/swim

A teaching hospital fully affiliated with the University of Toronto