

Educate. Participate. Celebrate.

Going beyond Black History Month

Please note: The information provided in this tipsheet is for reference only. It is not intended as a recommendation or endorsement of organizations, news sources, agencies or private businesses, or as a comprehensive resource list.

We hope that you treat this tipsheet as a starting point in your learning journey about acceptance and mutual respect. You can also refer to Holland Bloorview's [Family Tipsheet: How to Talk to Your Child About Racism](#) for more information on reflecting on personal bias, general resources and booklists.

Educate: Appreciate Black experiences and perspectives

Social Media

If you are on Twitter, consider following organizations, staff in the medical field, and black disability advocates who discuss intersectionality and the need for support for black families in the health system. Here are some suggestions:

- https://twitter.com/Keah_Maria
- <https://twitter.com/VilissaThompson>
- <https://twitter.com/BeingKaylaSmith>
- <https://twitter.com/UofTBMSA>
- <https://twitter.com/birgitomo>
- <https://twitter.com/BlackKidsHealth>
- <https://twitter.com/Blklivesmatter>
- https://twitter.com/BLM_TO

Film

The National Film Board of Canada's playlist of [Black Communities in Canada: a rich history](#) and documentaries such as [Being Black in Canada](#) and [BLK - An origin story](#) (stream anytime on STACKTV and GlobalTV App)

Museums and Libraries

- [Toronto History Museums \(Spadina Museum, Mackenzie House and Todmorden Mills Heritage Site\)](#)
- [Ontario Black History Society](#)
- [Black History: Programs, Classes & Exhibits : Toronto Public Library](#)
- [Black History Month – City of Toronto](#)

Participate: Identify ways to connect and collaborate within your healthcare professional practice

- [Black Health Alliance](#)
- [Canadian Black Nurses Alliance](#)
- [Canadian Black Scientists Network](#)
- [Centre of Excellence for Black Student Achievement](#)
- [Ontario Rehab Alliance \(ORA\) Black Network](#)
- [Tropicana Community Services](#)
- [The Reading Partnership](#)
- [TAIBU Community Health Centre](#)
- [Black Community Health Centre](#)

Celebrate: Seek insight on the lived experiences of families, clients and staff and their accomplishments

Sherron and Clovis Grant, founders of [Sawubona Africentric Circle of Support](#)

- [Disability and mental health are not things we talk about in the Black culture](#)
- [At an urban farm, Isaiah finds a place to grow](#)

Sherylee Honeyghan and Sheriauna Honeyghan

- [Mom writes book to help kids talk about differences](#)
- [From dancing to acting, this superhero can do it all](#)

Nathan Gaba

- [Ableism and Identity](#)
- [Empowered by lived experience: flipping the script on race and disability](#)

Abdulahi (Abdi) Hassan

- [Humour helps author cope with pain](#)

Taylor Lindsay-Noel

- [From elite athlete to disabled business owner, Taylor Lindsay-Noel has 'lived both lives](#)

What members of the Holland Bloorview team say about Black excellence

[“What does Black excellence mean to you, and where do you see it in your day-to-day life both in health care and society?”](#)

Created by the IDEAA (Inclusion, Diversity, Equity, Accessibility and Anti-Racism) office, with input from the Black History Month planning committee and the Family Resource Centre on February 1, 2023. If you have a question or a resource to share, please feel free to reach out to us at ideaa@hollandbloorview.ca.