

Aquafitness Registration Process – Winter 2024

Aquatics

Holland Bloorview has moved to a passive screening for all pool participants: If you are experiencing **ANY** symptoms (no matter the illness), have had an exposure to COVID or are pending a COVID swab **please do not come to the pool.**

On-line registration for Winter programs will open at 6:30 p.m. on Monday, December 4.

You can search for activities; view program details, schedules and availability; register in just minutes; print your receipt(s) and pay online with a credit card.

Please follow the steps below:

1. Set up your online account before December 4 to save time the day of registration. Visit www.hollandbloorview.ca/swim and click on the “Register for our Programs” box. Click the yellow **“Sign In/Up”** button to start setting up your account. Please be sure to check off the two boxes “Periodic emails and mail updates” to receive future communication regarding program information.
2. As an enhanced security measure, customers creating **“NEW Accounts”** will receive an email after setting up their account to verify their email address in order to activate the account. If you miss completing this final step, you will not be able to proceed with any online registrations.
3. Our Winter schedule (days, times, levels and cost) can be viewed on our website by Friday December 1. Know which class(es) you wish to register for and their corresponding Activity Numbers.
4. On Monday, December 4 register online. From our Online Registration page click the yellow button “Sign in/up” to sign into your account. In the top left corner click **“Activities”** to choose the class you want to register.
5. Pay for the program on the secure registration page (Visa, MasterCard, or American Express accepted) in order to complete your registration. You will receive an email confirming your enrolment and can print or save your receipt.

If you do not have internet access you are welcome to come to our facility to register on the same day as everyone else. Computer access and technical support will be available at Holland Bloorview in the pool office from 6:30pm to 7:00 pm on Monday December 4.

Please scroll down for the Winter Schedule

<u>Session</u>	<u>Dates</u>
Monday	Jan. 8 to Mar. 11
Tuesday	Jan. 9 to Mar. 5
Thursday	Jan. 4 to Mar. 14
Friday	Jan. 5 to Mar. 15
Sunday	Jan. 7 to Mar. 3

(No classes on Sunday February 18 and Monday February 19)

Therapy Pool Classes (pool water is 94°F):

Day	Time	Program	Total
Thursday	10:35-11:20am	Aqua Fibro	\$176.00 + HST
Friday	10:15-11:00am	Aqua Fibro	\$176.00 + HST

Big Pool Classes (pool water is 92°F):

Day	Time	Program	Total
Monday	10:00am-11:00am	Gentle	\$135.00 + HST
Monday	11:05am-12:05pm	Active	\$135.00 + HST
Monday	1:00-2:00pm	Bone and Joint Fix	\$135.00 + HST
Monday	2:05-3:05pm	Cardio Fit	\$135.00 + HST
Monday	7:35-8:20pm	Boot Camp for Warm Water	\$135.00 + HST
Tuesday	7:30-8:15pm	Aqua R’s (Rhythm, Range & Release)	\$135.00 + HST
Thursday	9:30-10:30am	DeepWater	\$165.00 + HST
Friday	11:05-12:05pm	Aqua Flow	\$165.00 + HST
Friday	1:00-2:00pm	Aqua Core Strength	\$165.00 + HST
Friday	2:05-3:05pm	Gentle	\$165.00 + HST
Sunday	9:00-10:00am	DeepWater	\$120.00 + HST



