Canadian Red Cross Babysitting Course

Holland Bloorview Aquatic Centre

Valuable Training You Can Trust

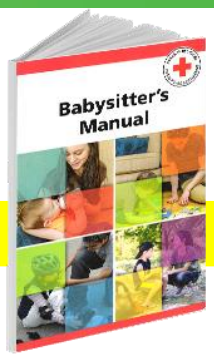
The Babysitting Course incorporates the latest injury prevention standards.

The course is taught by well-trained facilitators who are certified in first aid and who have a strong teaching background.

The course content was reviewed by leading health and youth organizations, including *Health Canada*, *SMARTRISK*, *Safe Kids Canada*, *Fire Prevention Canada*, *Scouts Canada*, *RespectED*, and *Canadian Agricultural Safety Association*.

This course is endorsed by the Girl Guides of Canada

Date: Friday November 20, 2026
Time: 8:30am - 4:00pm
Cost: $ 100.00 + HST



Help your child build valuable skills for a lifetime. As a trained babysitter, your child will learn:

- How to be responsible and demonstrate leadership
- How to make good decisions and manage difficult behaviours
- Information on children's developmental stages, and specific strategies for each stage
- How to feed, diaper, dress, and play with children and babies
- How to recognize and prevent unsafe situations, make safe choices and promote safe behaviours
- First aid skills
- How to manage a babysitting business, including creating a resume and a business card, and asking the right questions before accepting a babysitting job



Course Features:

- Developed for youth 12 to 15 years of age
- Focuses on five main areas: child caregiving, first aid, injury prevention, leadership, and business skills
- Youth learn through interactive, fun activities, and problem-solving scenarios and practice
- Participants receive the Canadian Red Cross *Babysitter's Manual*, which includes key information on caring for kids of different ages, as well as an emergency contact form, sample resumes, business cards, glossary and more
- **Participants are evaluated based on class participation**
- Participants receive a completion certificate that confirms they have completed the course

Registration opens on Sunday November 8, 2026 at 9:00am.
Please visit our website at www.hollandbloorview.ca/swim and click on the Register Online icon.

The Aquatic Centre at Holland Bloorview Kids Rehabilitation Hospital
150 Kilgour Road, Toronto ON Canada M4G 1R8
T 416 425 6220 ext. 3063
www.hollandbloorview.ca/swim

Holland Bloorview
Kids Rehabilitation Hospital