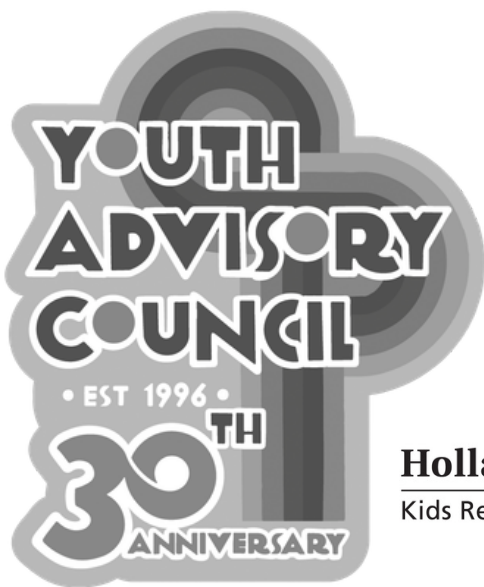


**THIS
IS OUR
HILL**





Holland Bloorview
Kids Rehabilitation Hospital

Holland Bloorview's Youth Advisory Council (YAC) is a coming together of youth who have experienced health care at Holland Bloorview Kids Rehabilitation Hospital in Toronto, Canada.

Our zine series highlights the history and present-day experiences of YAC members. We are creating our zines through community, collaboration, virtual work, interviews, and in-person art making. This is a way to celebrate 30 years of YAC's accomplishments and to inspire youth for years to come.

Our project is for Holland Bloorview and the broader disability community.

Current and former Youth Leaders of Holland Bloorview embarked on this project to visually express and document lived experiences within the disability community to celebrate 30 years of Youth Advisory Council.

As a team aspiring to be leaders, our zine collection showcases YAC's milestones and progress through creative works, stories, and reflections in four issues: Art, Advocacy, Community & Time.

This is the Community issue. We hope you enjoy it!



Art work by Lexin Zhang

CONTRIBUTORS



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Holland Bloorview Kids Rehabilitation Hospital is proud to create space where Youth Leaders may express their views and acknowledges that these views do not necessarily represent those of the organization.

CONTENTS

Declaration.....	1
Authors' note.....	3
Contributors.....	4
WORDS about YAC.....	6
Community Values.....	8
Blackout Poetry	
• Aafiya.....	17
• Alex.....	18
• Dolly.....	19-20
• Ethan.....	21-22
• Jessica.....	23-25
• Jillian.....	26
• Julia.....	27
• Lexin.....	28
• Mikayla.....	29-30
• Nethulya.....	31
• Sam.....	32
• Sinéad.....	33-35
• Zoe G.....	36
Interview with Joanne Maxwell, by Mikayla.....	37
Interview with Bruce Squires, by Zoe G.....	43
Digital Art by Maria Chukalovskaya.....	48



WORDS about YAC

Acceptance	
Accessibility	
Activism	
Advocacy	
Authentic	
Belonging	
Change	Learners
Changemakers	Listening
Collaboration	Love
Community	Meaning
Confidence	Mentorship
Connection	Needs
Cooperation	Network
Experience	Openness
Family	Passion
Friendship	Passionate
Fun	Persistence
Genuine	Pride
Honesty	Real
Ideas	Resource
Impact	Sharing
Inclusion	Strength
Insight	Support
Joy	Teamwork
Kindness	Transition
Leaders	Understanding
	Unity
	Voice
	Warmth
	Welcoming
	Wisdom
	Youth for Youth

what does community mean to you?

A place to belong. A group that has a shared identity, shared values, purpose and goals.

I think of a community as a place where I belong and I feel included.

Community to me means a group of people who come together based on shared beliefs, values and goals.

Community means belonging and support – being seen and welcomed.

A group of people collectively acting and interacting with one another with a shared interest and a collective bond.

Community means a space that makes you feel safe and a place where you learn and grow.

To me, community is people or places that welcome, accept and support unconditionally.

Community is yourself and who you surround yourself with. Actively choosing to love and support each other.

The idea of community is where I know people and relate with a group.

A group of people with common factors, usually a positive thing.

Community is a place where people feel connected and a sense of support and belonging.

People working together and connecting.

A place where I feel safe and accepted.

Community is the comfort and assurance that parts of your identity are held within other people – that you exist together, as one and many.

why is community important to you?

My communities allow me to create an impact and share what matters to me.

Community is where you find friends, belonging, and when you find a sense of purpose.

Community is important because it facilitates existing connections and provides a way to maintain them. It also allows for the creation of new connections.

It keeps me sane and grounded; it reminds me to step outside of myself.

It gave me a safe place where I felt like I belonged when nowhere else felt the same anymore.

To feel a sense of belonging, to learn, and to grow.

Community is there for me in celebrations, hardships, and through daily mundane experiences. Community accepts me as I am, and encourages me to be unapologetically me. My community at YAC has shaped me into the person I am, and has supported me to be me.

It helps me feel accepted.

Community is important to me because I know I can relate and count on the people here at Holland Bloorview. They have similar experiences. I don't have to explain everything about my needs or disability.

Because people just get it, and they are supportive and like-minded. The YAC community is a place where youth can make a difference, find support, and gain advocacy skills in an environment that fosters inclusion – both in the physical space and in the mental. Not many places are like this, especially for youth with disabilities.

I can be myself.

I found friends and a place I feel accepted.

Community is how we feel valued, cared for, and supported. No single person can manage wholly on their own, so making connections with people is integral for us to thrive. Especially as disabled people, interdependence is the name of the game. It's how I got to be where I am.



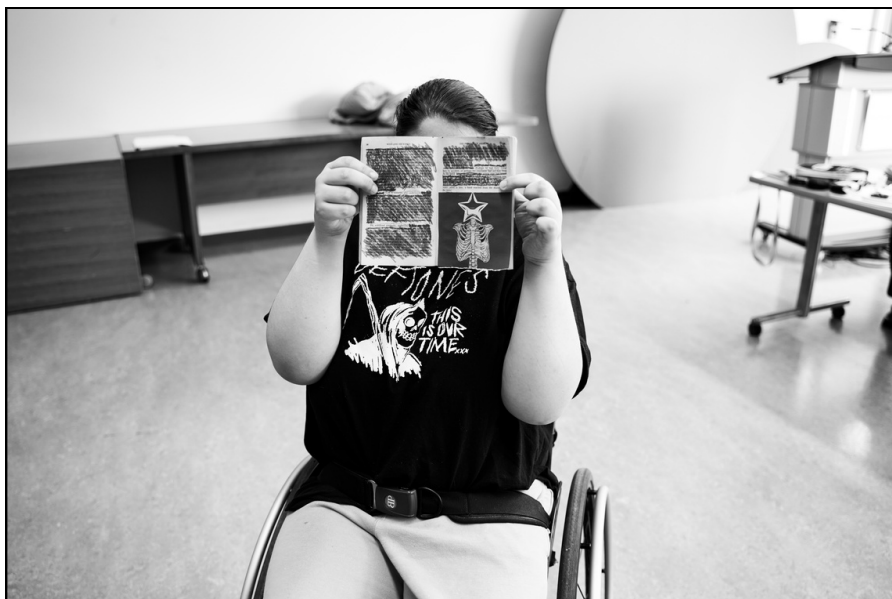
Blackout Poetry Activity

1. Read a two-page spread in your novel and pick out words that relate to your ideas surrounding the YAC community. Draw a box around each of these words in pencil.
2. Look again for any other words you might use to create a poem. For example, search for smaller words to connect the words you already have outlined.
3. With a crayon, marker, charcoal, or craft tape, cover all of the words except the ones you put in boxes.
4. Share your blackout poem!









To clamber back into the warmth. To take drastic action, move to defend it.

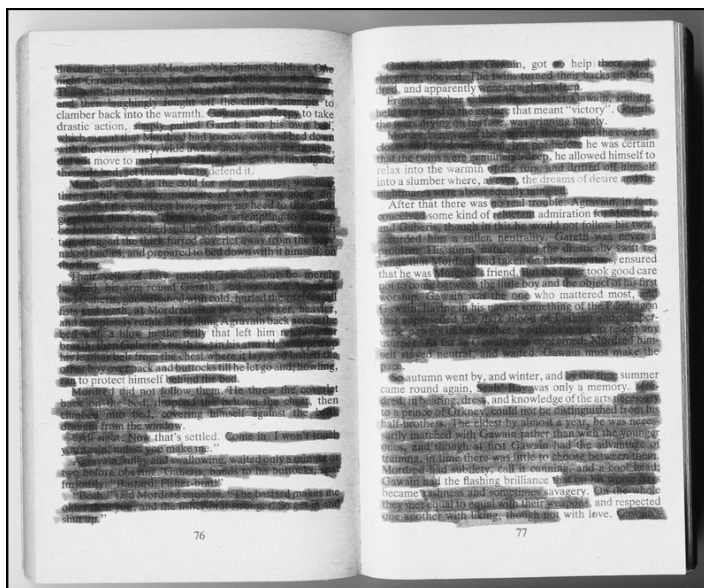
That left him to protect himself, then that's settled.

Got help and apparently that meant "victory." He was certain he allowed himself to relax into the warmth into a slumber where the dreams of desire.

After that there was some kind of admiration ensured that he was friend. Took good care. Who mattered most.

Autumn went by, and winter, and summer came round again, was only a memory. And knowledge of the arts the flashing brilliance became savagery. And respected with love.

-Aafiya



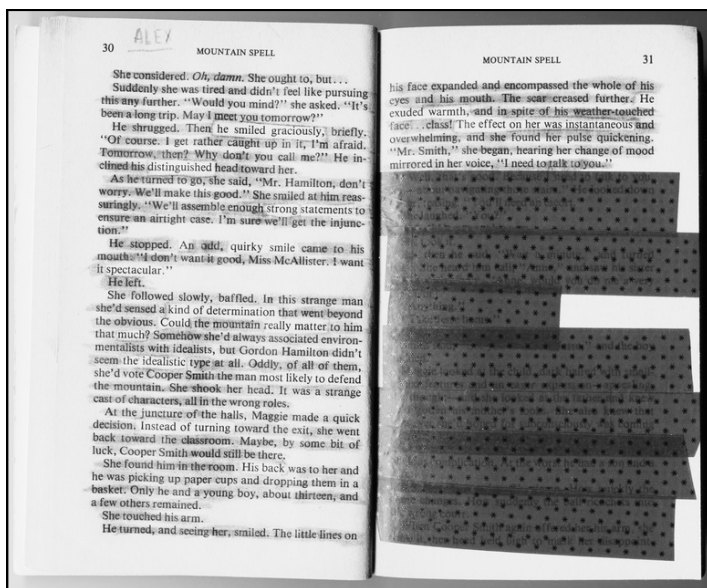
He smiled graciously, distinguished.

Strong statements.

A quirky smile. Spectacular kind of determination could really matter much? The idealistic most likely to defend.

Instead of turning his back he exuded warmth. The effect on her was instantaneous.

-Alex



I understand your fear, do you not think it more likely that they are just human beings, those you are looking at, I do not tell you lies.

“Because the treasure is hidden in the most cunning place,” he said. “The one place where no one would ever think of looking.”

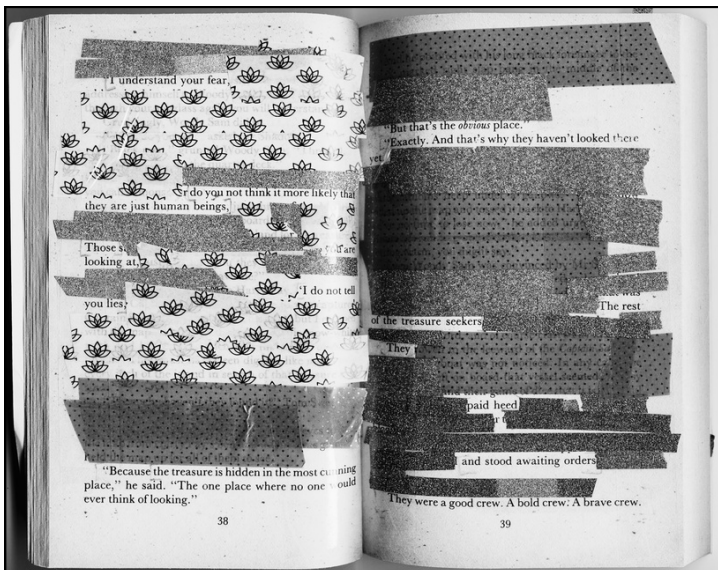
“But that’s the obvious place.”

“Exactly. And that’s why they haven’t looked there yet.”

The rest of the treasure seekers they paid heed and stood awaiting orders.

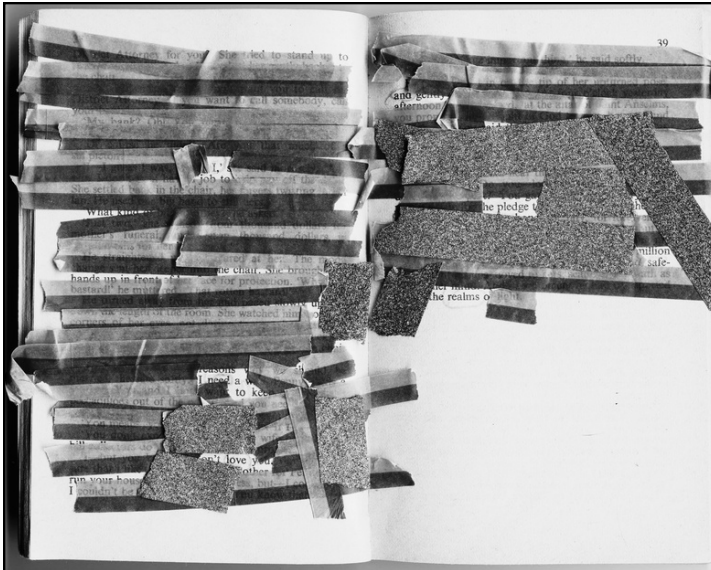
They were a good crew. A bold crew. A brave crew.

-Dolly



I need to love and pledge safe realms.

-Ethan



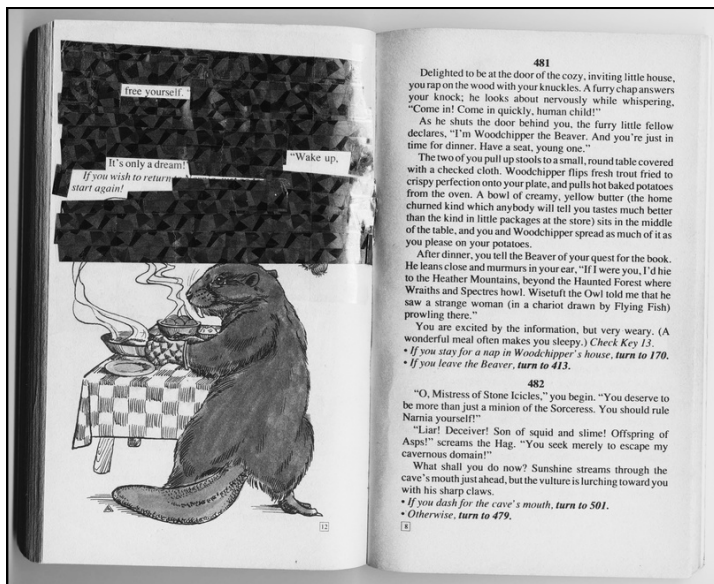
I knew children and know about value of inquiries and honest strength.
Good factors and better cheer.

-Ethan



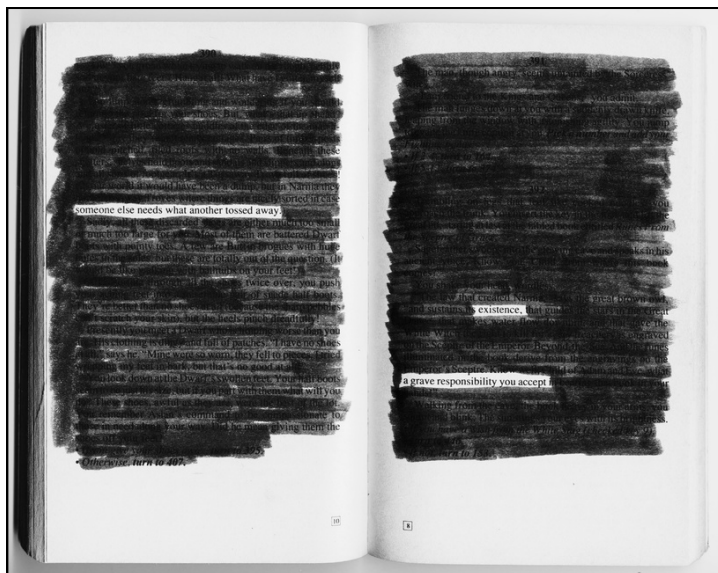
Free yourself. Wake up, it's only a dream! If you wish to return start again!

-Jessica



Someone else needs what another tossed away. Existence, a grave responsibility you accept.

-Jessica



Never before. You head in. You hesitate, you stumble.

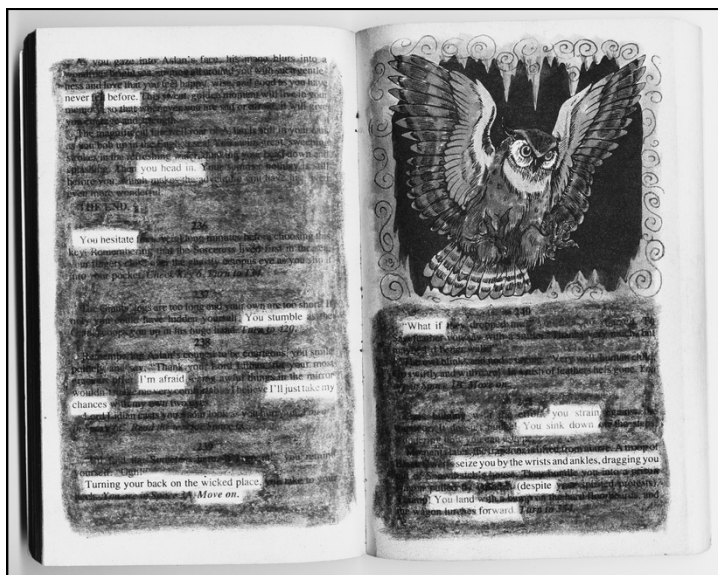
I'm afraid I'll just take my chances.

Turning your back on the wicked place. Move on.

What if you strain. You sink down. Seize you by the wrists and ankles, dragging you.

Despite you land forward.

-Jessica



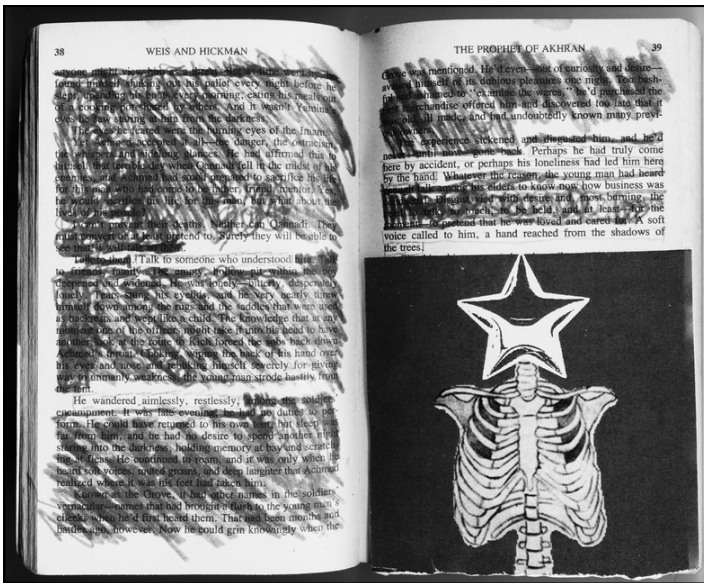
Talk to someone who understood.

He wandered aimlessly, restlessly.

Perhaps he had truly come here by accident, or perhaps his loneliness had led him here by the hand.

A soft voice called to him, a hand reached from the shadows of the trees.

-Jillian



Tomorrow Comes

Certainly a remarkable amount of courage, opinion, personal interest and strong recommendation.

It was almost like being part of a family.

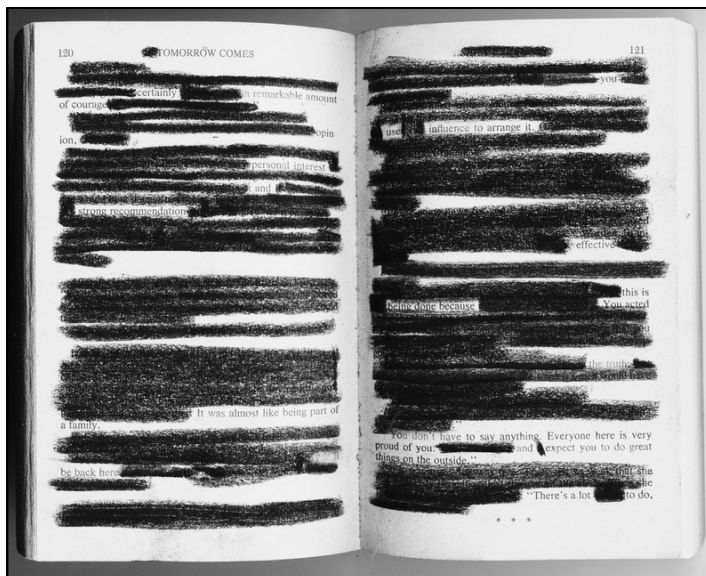
You'll be back here. You use influence to arrange it. Effective.

This is being done because you acted. The truth: You don't have to say anything.

Everyone here is very proud of you and expect you to do great things on the outside.

There's a lot to do.

-Julia



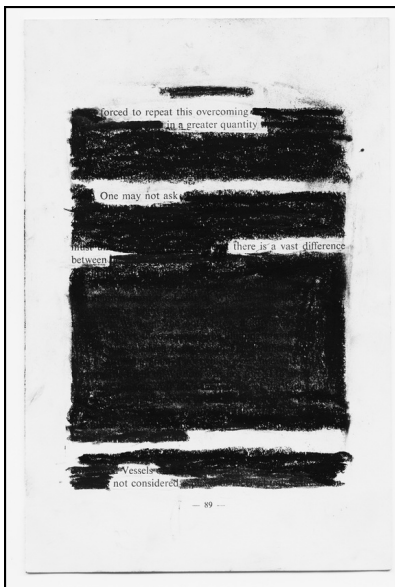
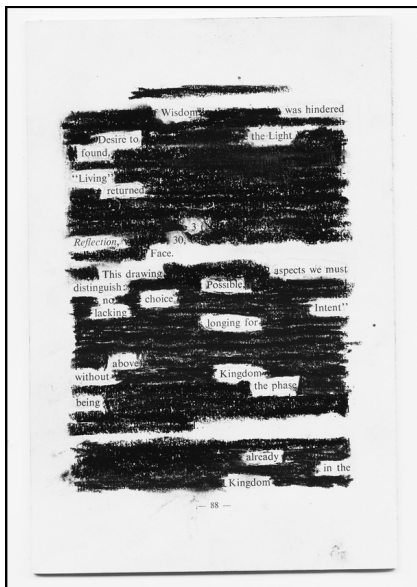
Wisdom was hindered. Desire to the Light found “Living,” returned, 3, Reflection, 30, Face.

This drawing aspects we must distinguish: Possible, no choice lacking. “Intent” longing for above without Kingdom. The phase being already in the Kingdom.

Forced to repeat this overcoming in a great quantity. One may not ask.

There is a vast difference between Vessels not considered.

-Lexin



Standing behind them his left arm, held close to his side, face level.

Flat plain with no signposts.

Fix them. Smiling, turns away. Roaring sound at the back of her head; seeing.

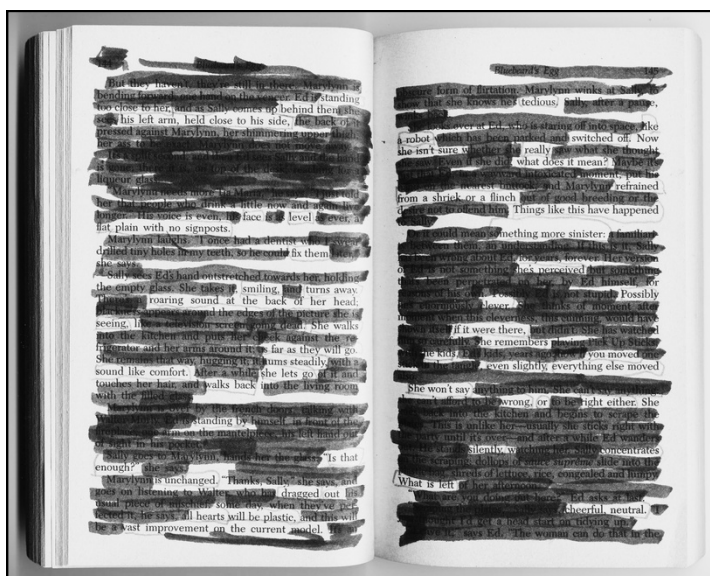
She walks far as they will go. Hums steadily, sound like comfort. She lets go walks back standing.

Is that enough? Is unchanged. Dragged out hearts will be plastic. Vast improvement on the current model. Tedious like a robot switched off.

Now she isn't sure really what does it mean? Refrained from a shriek or a flinch. Things like this have happened. Something more sinister: she's perceived possibly clever if it were there.

She remembers the kids you moved even slightly, everything else moved. She won't say wrong or right either. She silently concentrates what is left cheerful, neutral.

-Mikayla

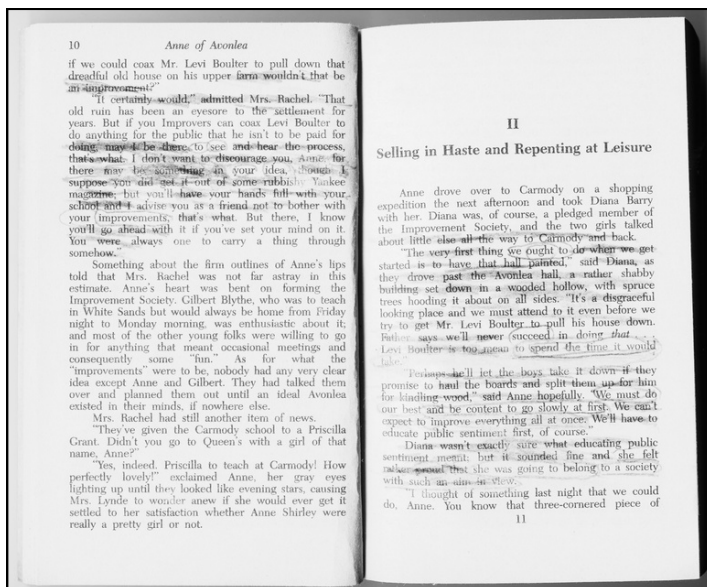


To see your idea, your improvements, we ought to succeed to spend the time it would take.

We must do our best and be content to go slowly at first. To improve everything all at once.

She felt she was going to belong to a society.

-Nethulya



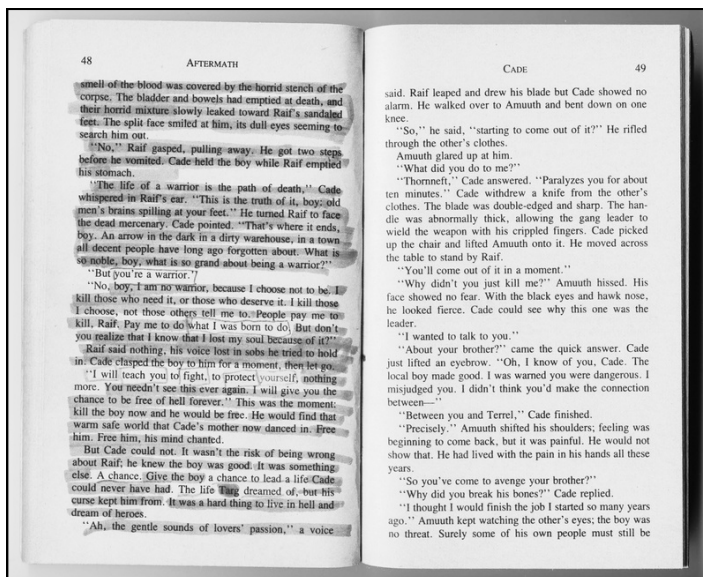
You're a warrior.

No, what I was born to do.

I will teach you to fight, to protect yourself more.

A chance. A chance to lead a life. The life dreamed.

-Sam



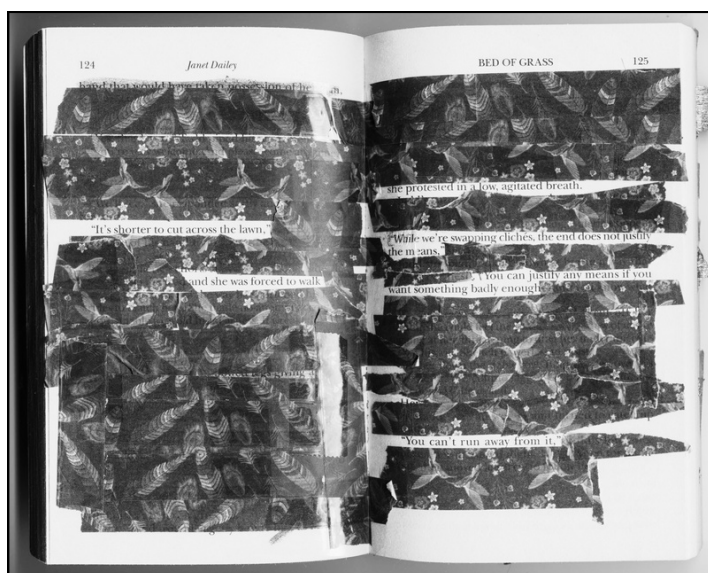
“It’s shorter to cut across the lawn,” and she was forced to walk.

She protested in a low, agitated breath. “While we’re swapping clichés, the end does not justify the means.”

You can justify any means if you want something badly enough.

“You can’t run away from it.”

-Sinéad

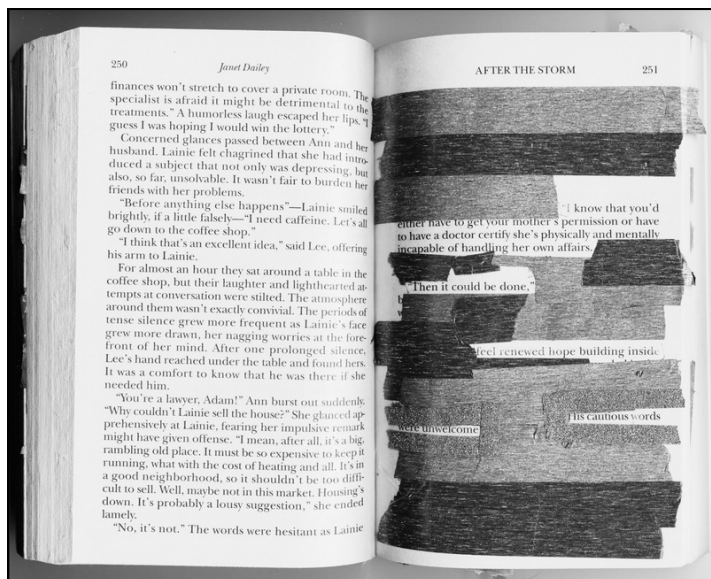


“I know that you’d either have to get your mother’s permission or have to have a doctor certify she’s physically and mentally incapable of handling her own affairs.”

“Then it could be done.”

Feel renewed hope building inside. His cautious words were unwelcome.

-Sinéad

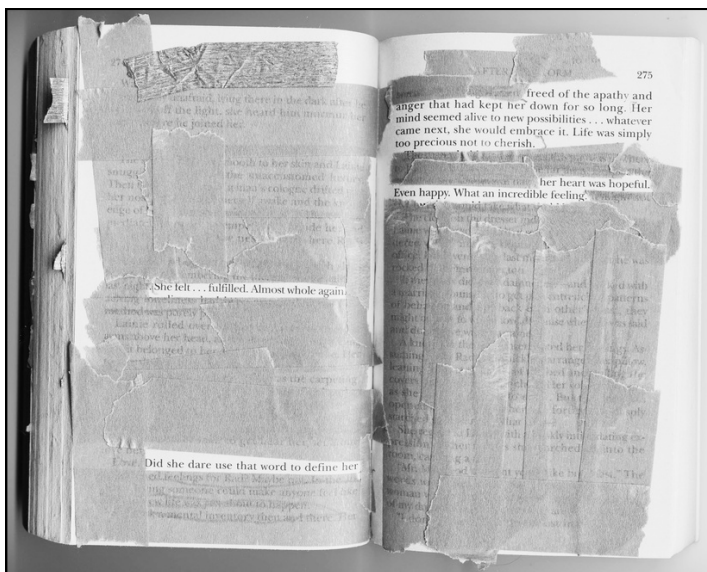


She felt...fulfilled. Almost whole again. Did she dare use that word to define her.

Freed of the apathy and anger that had kept her down for so long. Her mind seemed alive to new possibilities...whatever came next, she would embrace it. Life was simply too precious not to cherish.

Her heart was hopeful. Even happy. What an incredible feeling.

-Sinéad



Someone could see you were never alone.

You're home, get some rest.

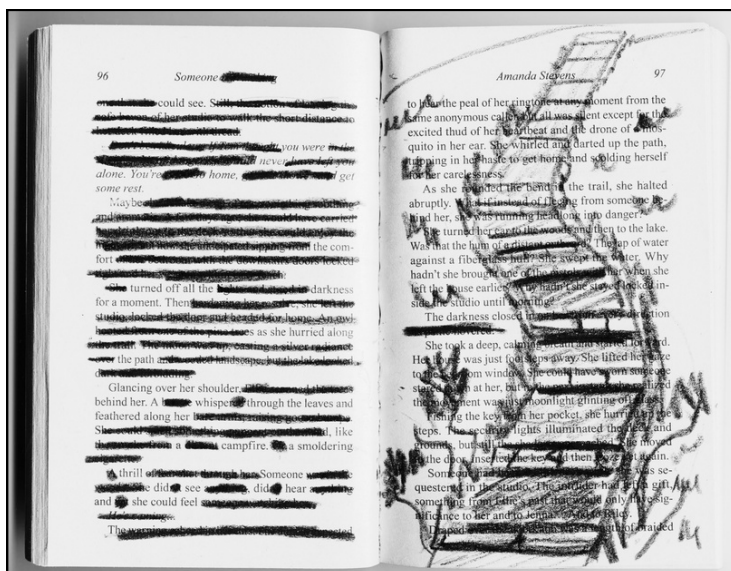
Maybe the comfort turned off all the darkness for a moment.

Then as she hurried along the path glancing over her shoulder behind her.

A whisper through the leaves and feathered along her like a campfire, a smoldering thrill.

Someone did see, did hear and she could feel.

-Zoe G.



INTERVIEW WITH JOANNE MAXWELL, BY MIKAYLA

Mikayla: It's a pleasure to interview you today, thanks for agreeing. I was hoping you could tell me a little bit about your current role as Vice President. What did the journey to here look like?

Joanne Maxwell: That's a great question! As you know, I am an occupational therapist by background, so I did occupational therapy way back in the day. I worked clinically for a few years in adult rehabilitation at another Toronto hospital. And even in that role, I took on some leadership/operations manager type roles, which I really enjoyed. But what I liked the most about those roles was doing clinical program development – that kind of led me to start looking at what my options were.

I was doing my master's at U of T at the time, because my OT degree is actually a bachelor's degree, and I had two young kids. An old manager I had in one of my earlier jobs was working at Toronto Rehab, which at that time was not yet part of the big university-led network. It was a separate entity. And Toronto Rehab was working with this place at the time called Bloorview, which was hoping to develop a program to transition people from Bloorview to adult rehab. I joined that group, which had a director at Bloorview and a manager and a physician lead at the Toronto Rehab side, and we started LIFEspan, which is still a program now.

We looked at chronic disability models, did a couple of site visits, and put together a proposal for funding to the ministry, and we got some funding, which was really exciting. And then we started that program.

We did a lot of work around transitions-related stuff, which led me into more focused work at Bloorview. It was there where other projects needed support.

One of the vice presidents at the time asked me if I knew anything about electronic health records - I said no, but I agreed to lead the implementation of electronic health records for our outpatient areas. So that was my introduction to working with Meditech, and it kind of brought me into clinical practice and also client and family-centered care. Eventually, I became the Director of Collaborative Practice and Clinical Education, and I've taken on lots of different roles, including my role now as Vice President, Experience, Transformation and Social Accountability.

Mikayla: Amazing. What a cool pathway. I find it really interesting that you went from adults to pediatrics. All through OT school, I thought I was going to go right into pediatrics, and now I work with adults – I work in adult housing for folks with physical disabilities – and I'm always kind of wondering if there's a way to pivot into pediatrics later if I want to.

I was wondering what you've learned from that time that really stuck with you – if there's something in particular that you think informs your practice from that time.

Joanne Maxwell: Yes, many things. That window of time was one of my first opportunities in leadership to work across different organizations, to appreciate that different organizations have different decision-making structures, different cultures, different ways of doing things, and to kind of learn how everything works. It was a great opportunity coming from adult rehab and it was a really important reminder of how closely involved families are in the lives of pediatric clients, and I think you can see it throughout the lifespan. I see it with elderly parents now, but it's particularly unique in a pediatric context.

And as you're struggling with that transition to adult services and supporting the youth to be empowered and have autonomy and agency – there's all sorts of challenges there. I would say one of my most memorable occasions when I was working with LIFEspan was seeing the power of a lived experience role – the incredible power of having a young person with a disability meet another young person with a disability.

Mikayla: Brilliant.

Joanne Maxwell: At the time, yeah, it was a powerful moment. I think this memory will always bring us back to why we engage youth and families in co-design, why we have roles like lived experience mentors, youth leaders, youth facilitators in our organization. Because it is a really important representation for kids and for their parents to envision their child as a grown-up with autonomy and decision-making powers and life skills.

Mikayla: You kind of managed to answer my next question, but I'll pose it to you anyway, in case there's anything you want to add. How do you think engaging the lived experience of clients and families has made healthcare better at Holland Bloorview?

Joanne Maxwell: I think we're still learning how to do it, and how to do it well, and do it in a way that doesn't put too much of a burden on the people we serve to always give us the answers. We need to acknowledge that everyone's lived experience is unique so we're not asking one client or one parent to inform the model in perpetuity. It's like we're always checking in – having diverse voices be part of that model.

In the early days, we may have thought about whether we are listening carefully enough. In our unique individual encounters, are we involving a few clients and families in design and engagement? Are we continually checking in? Are we creating structure so people have a voice to tell us when things are going well and when things are not going well? Are we making sure that those voices are not reflective of, you know, just Mikayla's perspective on how to grow up with a disability, but everybody's? I'm still learning how to do that and how to do it well, but I think Holland Bloorview has done it more deliberately than a lot of other places, and it's clearly made a huge difference, I think.

Mikayla: Right. As you know, I'm an OT as well, and I'm curious to know what tips you might have for youth with disabilities who are interested in pursuing a clinical role or a similar leadership position to what you have right now.

Joanne Maxwell: Be curious about what you want to commit to, and do it really well. Understand how to be the best OT you can be, or the best clinical person in your role. Some people will pick a spot and they'll become really masterful in that, and they'll continue to grow and learn. But I think for me, and for many others, sometimes change is also good. It keeps you youthful. Sometimes you find that your old spot was better and the grass was not greener in this new place, but you learn something. I think all of us can do great things, but we'll do way more great things if we're happy.

Mikayla: That makes a lot of sense. I will try to keep that in mind going forward. Is there one thing that stands out to you as the most rewarding thing about the work you've done at Holland Bloorview?

Joanne Maxwell: I could probably list 10 things, but I'm going to go with two. One is when we had funding for our transition strategy work, over a decade ago! I co-led a lot of this work with former Holland Bloorview leader, C.J. Curran. The one thing that was really impactful to me, and I'd love to see it have even greater impact, was the work that we did around baseline skill development in solution-focused approaches. Now we call this humanistic healthcare and education – seeing people as whole, meeting them where they're at, using the terminology and language that helps people to be empowered, and also to make it easier for clinicians to not need to feel like they have to fix everyone all the time.

And then the other thing that is more recent work falls under what we call “care that's socially accountable” in our strategic plan – appreciating the whole context of what clients and families are living with. There's a lot of socio-demographic factors and unmet social needs that have really outsized impacts on whether or not being part of a rehab journey is going to be helpful for them or not.

If you don't have secure housing or don't have access to meals, how are you going to support your child to successfully navigate their clinical programs and get the kind of outcomes they want?

I think it's the change from five years ago when we started that work to now, in terms of having a food security initiative and the organization having funding to make sure people have access to nutritious food, to have people in clinical areas talking about the social needs data that they're collecting. I think it speaks to appreciating the full picture of what each client and family brings with them to their visit and being mindful of everyone's context.

Mikayla: It's been a pleasure to watch and hear about the development of that initiative through my attendance at YAC.

I know you've done various work that has supported and helped build up initiatives around the youth engagement strategy. What do you believe are some of the greatest ways that YAC has been able to contribute to Holland Bloorview?

Joanne Maxwell: It's a great question. I'm just reflecting too on the fact that it's the 30th year that we've had a youth advisory council so some of those early youth advisors would be maybe 45 or 50, and how impactful that is and the work that's adjacent to the work that you did in youth employment. These were opportunities for people to be engaged, to be self-advocates, to be part of a team that's looking at issues beyond themselves, to feel like you have a voice.

I think these are critical skills that many youth do not get a chance to develop, and then probably youth with disabilities have even fewer chances to develop. It should be core curriculum in high schools. How do you learn to collaborate around issues, to inform decisions, to be brought in on an initiative like the Family Navigation Hub, and weigh in on what it means to youth and families beyond your own personal experience? And to feel valued for your unique experience as a person who's grown up with a childhood onset disability, right?

To have the full picture is to make sure we always include the unique voice of youth. And where we can, children in the bigger picture, because as much as parents and caregivers have a huge influence, they also might have a bias. It is important that part of what we do is ensuring that young people are given opportunities to have agency in this, and maybe in partnership with their parents for a lot of it. How do we make sure that their voice isn't muted by their engaged parents and caregivers?

Mikayla: Yeah, I really appreciate that goal. I think it's so important, and when I was a youth facilitator, it was kind of my key motivation every day – how can I amplify that voice?

I was wondering what advice you would give to current and future Youth Leaders who want to be a part of creating change in healthcare as we look to the future.

Joanne Maxwell: Mikayla, you might be the one to give them that! I would say to any young person who's wanting to make a change – lean into who you are. What are your personal strengths? What do you value? What do you see as being important in the system, in the world? And then find ways to get involved. Like I say to staff who want to keep learning and growing – say yes! Try to say yes to as much as you can say yes to, and I'd like to scope it in this fashion: yes and can we start later? Yes and I'll need some help with these five things. But as much as you can to say yes to getting involved.

Mikayla: Amazing. Well, you've taken me through a fulsome, and yet, I'm sure a very abridged picture of your journey and your involvement. I really appreciate it. I was wondering if there's anything that I didn't ask that you wanted to highlight today?

Joanne Maxwell: I think we're really fortunate to work in an organization where we have strong youth advocates.

Mikayla: Amazing. Thank you so much. It was really a privilege to talk to you today.

Joanne Maxwell: I loved it. Thank you so much, Mikayla.

INTERVIEW WITH BRUCE SQUIRES, BY ZOE G.

Zoe G: Good afternoon, Bruce. It's such a pleasure to meet you. Thank you so much for taking the time to speak with me today, and for your willingness to contribute your time. This interview will be featured in the Community issue of *This Is Our Hill*, the Youth Advisory Council's 30th anniversary zine.

On behalf of YAC, I also want to warmly welcome you to the Holland Bloorview community. We're so excited to get to know you, to learn from your leadership, and to work together in the years ahead.

The major theme of this issue is community, what it means to build it, strengthen it, and create spaces where people feel heard and valued, so I'm really looking forward to hearing more about your experiences and perspectives.

To start us off, I'd love to ask: what initially drew you to working with pediatric populations?

Bruce Squires: My first direct work with pediatric populations was at Children's Hospital of East Ontario (CHEO), in Ottawa. And I had two parts to my career – the first half of my career, I worked for professional medical associations, essentially doing health policy-type work, trying to influence government to focus on health policy. And the CEO of Children's Hospital of Eastern Ontario (CHEO) approached me and said, "I'd like to create a job that will help us to really focus on quality and safety and children's health and the organizational strategy." And I got quite excited because it was a chance to get closer to the front line.

I hadn't decided that I wanted to work particularly with children and youth, but at the same time, when I took the job, I immediately recognized that if somebody asked me where I work, I answered with a big smile. So that happened kind of on day one when I took the job, and I started to recognize that. And then when I started to work directly in the hospital and got to spend time with children, youth, and their families, it just went up more and more.

People who haven't experienced it will say, "Oh, you work in a children's hospital? That's amazing, but it must be really sad." And I always say, "You know what? It is absolutely the complete opposite!" There can be sad events and significant trauma, but the joy, the energy, the resilience, the commitment, and the strength and inspiration of the kids and families – it always kind of overrides it. It's now been 13 years that I've had a second career working in children's hospitals.

Zoe G: That's awesome. I'm wondering if you happen to have any Holland Bloorview examples of how client engagement makes healthcare better.

Bruce Squires: As I walk through the hospital, I just see how our spaces have been created, and in some cases, adjusted based on the lived experience – the real expertise and enthusiasm of our clients and families. Yesterday, I was looking at the new teen lounge and one of the brain-computer interface tools. I've slowly been getting oriented to all parts of the hospital. I'm on week seven [since starting as CEO at Holland Bloorview in February, 2026], but that for me is one of the great examples.

The other one that I've heard and seen is our employment pathways work, and the Project SEARCH program. How do we support accessibility to employment? What we needed to help employers understand wasn't about what our team thought, it was about what our youth said – this is what you need to know about me, this is how I can work and be successful. That program, which is really successful now, has been co-designed with youth.

Zoe G: Yes, that's amazing. Just to add on to what you're talking about with this program – it also drives from the inherent want for work. And I think that's a bit of a misconception among the general public, that maybe youth with disabilities don't want to work. But actually, if you have conversations with youth, they want to work, and to be a part of a community, and to have those opportunities. There's such a great need for these kinds of programs.

Bruce Squires: That's another example of how we need to do better at amplifying those voices. It's that passion coming directly from youth, which is awesome.

Zoe G: It's also awesome to have opportunities within the community too. My first summer job was at Holland Bloorview and that was a great opportunity.

Bruce Squires: I agree, Zoe. I think it is so important. It goes back to the big picture – we're trying to transform the world and create a far more inclusive world. We're a wonderful place to learn what works, but secondly, we have an obligation to lead so we need to be the best at that.

I've been pretty amazed and impressed by how many staff I've met that started [here] as a young volunteer or as a student. We have to continue to be the best at that – designing programs that work through the guidance of YAC – having youth design, co-design with us, what will work.

Zoe G: On behalf of YAC, everybody is excited to be a part of the development process, but we're also not afraid to take risks and make mistakes. I think there's a lot to be said about trying something out and being transparent about what didn't work. For example, we recommend that you don't do this, or this is what makes this program really strong, and here are points where we still have room to grow. I think this process is an awesome thing that happens and that should continue to happen.

Bruce Squires: I'll just say, please continue to do that. The way to be a leader is to be vulnerable, to take chances, and to have an environment that promotes that and celebrates that, right?

Zoe G: Awesome, thank you. I've got two final questions for you and they're both about mentorship and leadership. Part of being a member of the Youth Advisory Council is mentorship. It's about having great mentors, and then as you grow up, becoming a great mentor. And I'm wondering, looking back on your own journey, if you could tell me about somebody who mentored you, and how that shaped the leader that you are today.

Bruce Squires: That's a great question, and there's a ton. I've been really, really fortunate. The most recent – one of the social workers at MacKids, who is now the manager of the Human Rights and Inclusion Team – is a first generation immigrant from Lebanon, and is just having kids now and doing her PhD at Mac. She asked me to mentor her fairly early on, and I asked her, "Okay, will you mentor me in equity?" In what we at Mac called Equity, Diversion, and Inclusion. At Holland Bloorview, we call it IDEAA and Truth and Reconciliation, but essentially, in helping folks to understand. And that was the most wonderful mentorship approach I'd experienced. It wasn't the traditional "[learning from] somebody who's 30 years older," it was somebody who was 30 years young. We would just connect and walk around and ask each other questions and learn. It was awesome. I encourage our staff, don't ever hesitate, make those requests to people like me. That's part of my goal here.

Zoe G: My last question for you – what advice would you give to current or future YAC leaders who want to create change in healthcare?

Bruce Squires: My advice is to never hesitate to share your ideas and to communicate. As much as we can, I want to try and provide encouragement and support, and to facilitate future opportunities. And to make it feel like there's no fear of failure. My message is to speak your mind, share your thoughts in whatever way you can, in whatever way you're comfortable. Shape your world, right? And you're going to shape your world by your leadership and your ideas.

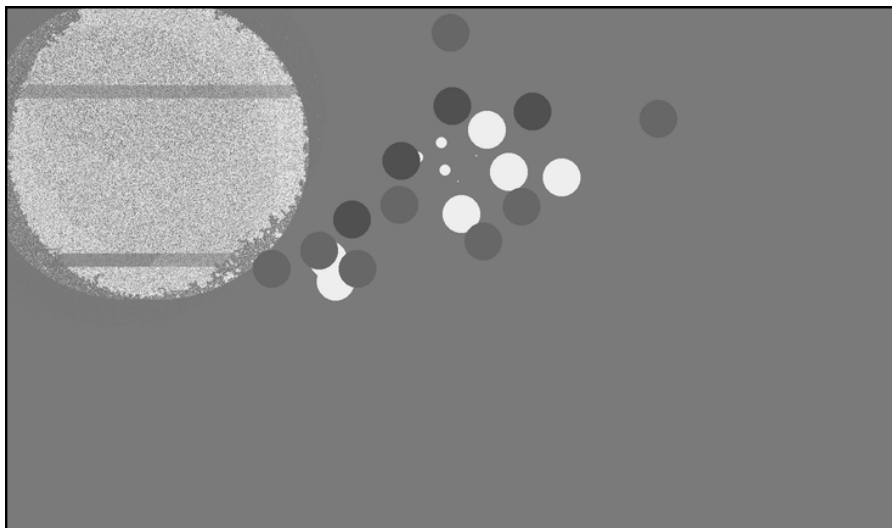
Zoe G: That's a lovely message. I love that. Shape your mind and share your thoughts in any way that you can.

I appreciate your time today and I appreciate your care. I think it really shows in an organization when you have leaders who care, and who want to talk, and who are ready for these conversations.

Bruce Squires: Thank you for what you're doing. The value is immense. And, again, the difference you're making individually with other members of the council. So much of what Holland Bloorview is doing is about the kids and families that we're working with, and also about the knowledge and the leadership and the collaboration that we're being a part of – spreading it across the province, country, and actually around the world, especially in terms of research. And you're playing a really big role in that. Thank you. I hope you take pride in it.

Zoe G: Thanks Bruce, I do.

DIGITAL ART BY MARIA CHUKALOVSKAYA

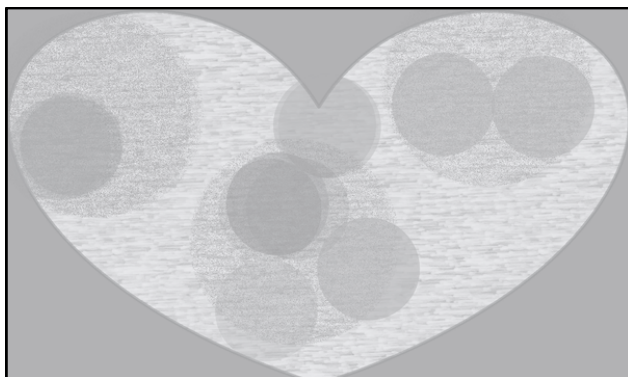


The Pink Moon

I am Maria Chukalovskaya. I like to create digital art.

I do it using a personal computer mounted on my wheelchair. I control the computer using switches and Tobii Communicator software, which is customized by the Communication and Writing Aids Services team from Holland Bloorview and my family. One of the switches I use is called the Hummer Switch, created by PRISM lab at Holland Bloorview.

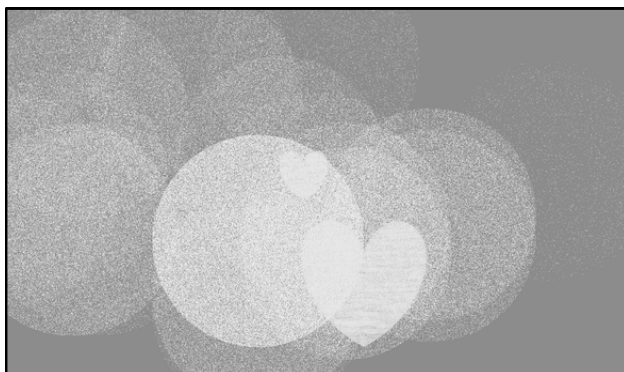
I am grateful to share some of my artworks. They are important to me because they help me express myself.



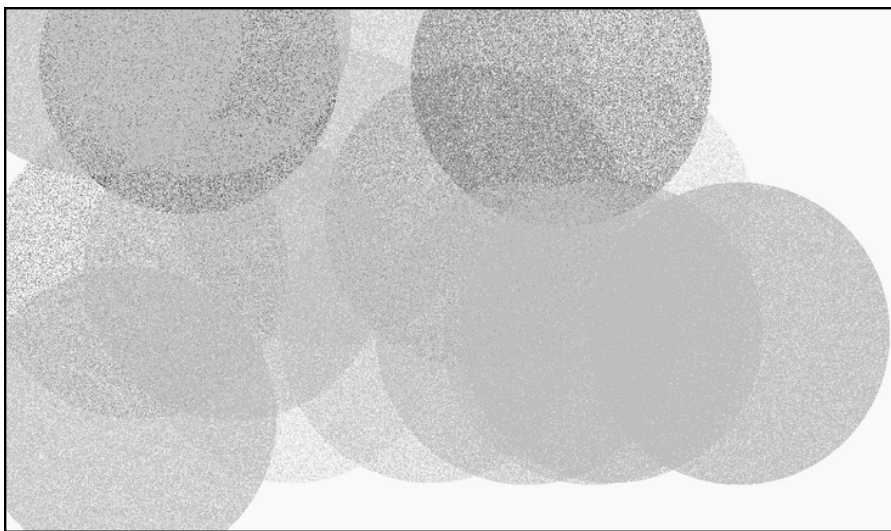
Girliest Birthday Card I've Ever Made



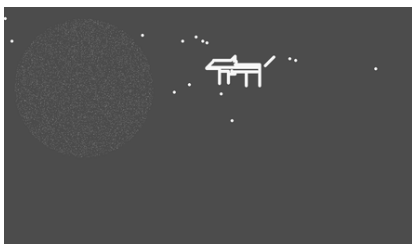
Dandelion Dream



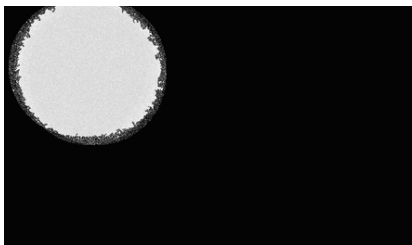
Cool Cool



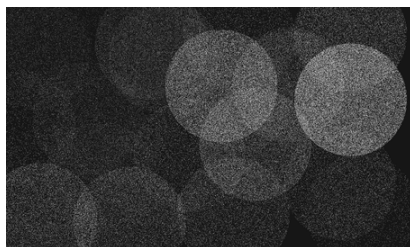
Inspired by Fall Trees



The Moon



The Halloween Moon



Fireworks



K9 Foreman, Sinéad's Service Dog