

About our workshops and events listed in this brochure:



Family Workshops

The Family Resource Centre provides educational workshops for clients with a range of disabilities and their families. Anyone in the community is welcome to attend.



Parent Support Network

This is a unique series of events for parents and caregivers to engage in open discussion and provide mutual support. It is open to all caregivers of children and youth living with a disability. PSN is always co-facilitated with a Family Leader.



Family Navigation Hub's CommunityCONNECT Series

The CommunityCONNECT series aims to share information and resources with families related to social needs such as stable housing, food security, access to childcare and respite care and more.



Sibling Support Program

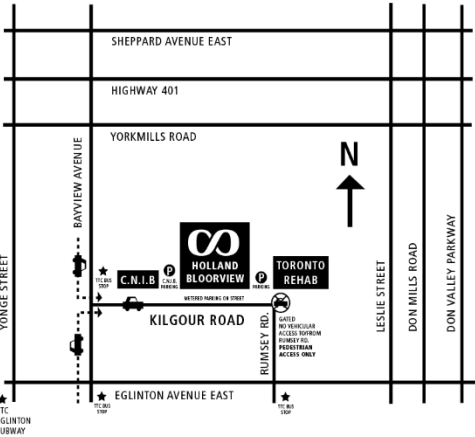
Holland Bloorview's Sibling Support Program is for siblings, ages 7-18, who have a sibling with a disability, complex medical needs and/or dual diagnosis. It gives attendees the opportunity to relax, unwind and meet peers with similar experiences.

Holland Bloorview Kids Rehabilitation Hospital believes in creating a world where all youth and children belong. We are the only children's rehabilitation hospital in Canada focused on combining world-class care, transformational research, and academic leadership in the field of child and youth rehabilitation and disability. Holland Bloorview is a top 40 Canadian research hospital that is fully affiliated with the University of Toronto and serves over 8,000 families annually. Providing both inpatient and outpatient services, Holland Bloorview is renowned for its expertise in co-creating with clients and families to provide world-class care and is the only organization to ever achieve 100 per cent in three successive quality surveys by Accreditation Canada.

Holland Bloorview is a founding member of Kids Health Alliance, a network of partners working to create a high quality, consistent and coordinated approach to pediatric health care that is centred around children, youth and their families.

Holland Bloorview Kids Rehabilitation Hospital

150 Kilgour Road, Toronto, ON M4G 1R8  
Tel: 416-425-6220  
Toll-Free: 1-800-363-2440  
Fax: 416-425-6591  
E-mail: [info@hollandbloorview.ca](mailto:info@hollandbloorview.ca)



Workshops and Events For Families

September – December 2026



Holland Bloorview  
Kids Rehabilitation Hospital

- All family events listed in this brochure are free of charge and may be held virtually or live in person.
- Anyone can attend these family events; however parents and caregivers who have children with disabilities have priority.
- Most events require individual registration in advance.
- All workshops and events with fewer than 5 registrations may be subject to cancellation.



Online Family Resource Centre

Holland Bloorview's Grocery Foundation Family Resource Centre is a place where you can find information and resources on childhood disability that are helpful to you and your family.

For information on parenting, education, fun things to do, respite, funding and more: [HollandBloorview.ca/ResourceCentre](https://HollandBloorview.ca/ResourceCentre)

For resource consultations, please email: [resourcecentre@hollandbloorview.ca](mailto:resourcecentre@hollandbloorview.ca)

For event descriptions and registrations, scan the QR code below or visit: [HollandBloorview.ca/FamilyEvents](https://HollandBloorview.ca/FamilyEvents)



Many events in this brochure are generously supported by donors and the Holland Bloorview Foundation.

## Registration Information

To register for Family Workshops, Parent Support Network, Family Navigation Hub's CommunityCONNECT, and Wellness Through Arts events, visit:

[HollandBloorviewEvents.Eventbrite.ca](https://hollandbloorviewevents.eventbrite.ca)

To register for Sibling Support Program events, please email

[SiblingSupport@hollandbloorview.ca](mailto:SiblingSupport@hollandbloorview.ca)

## Contact information

For **Parent Support Network**  
**CommunityCONNECT Series** & **Family Workshops**  
**Family Support Specialists**  
[resourcecentre@hollandbloorview.ca](mailto:resourcecentre@hollandbloorview.ca)  
416-425-6220 ext. 6146

For **Sibling Support:**  
**Victoria Rombos**  
[SiblingSupport@hollandbloorview.ca](mailto:SiblingSupport@hollandbloorview.ca)

Are you Deaf or Hard-of-Hearing and want to reach us by phone? Visit [Bell.ca/AccessibilityServices//BellTTYRelayService](https://Bell.ca/AccessibilityServices//BellTTYRelayService). Or, if you have a TTY or VCO phone, dial 711 and give the number provided.

You can also join our **e-newsletter mailing list** to receive our event alerts by emailing: [resourcecentre@hollandbloorview.ca](mailto:resourcecentre@hollandbloorview.ca)

Is your child waiting for an autism diagnostic assessment at Holland Bloorview? If so, you're invited to **While We're Waiting**, an online discussion group for parents and caregivers. For more information, Visit:

[Autism Resources](#)



## September 2026



### Sibling Support Program

Thursday September 17  
6pm-7pm (Virtual)  
[vrombos@hollandbloorview.ca](mailto:vrombos@hollandbloorview.ca)



### CommunityCONNECT Series:

**Food Justice & Community Kitchen with FoodShare Toronto**  
Wednesday September 23  
4pm-6:30pm (Virtual)  
[resourcecentre@hollandbloorview.ca](mailto:resourcecentre@hollandbloorview.ca)



### Parent Support Network: Navigating Family Supports at Holland Bloorview

Tuesday September 29  
12pm-1:30pm (Virtual)  
[smoynagh@hollandbloorview.ca](mailto:smoynagh@hollandbloorview.ca)

## October 2026



### Sibling Support Program

Thursday October 1  
6pm-8pm (In-person)  
Thursday October 15  
6pm-7pm (Virtual)  
[vrombos@hollandbloorview.ca](mailto:vrombos@hollandbloorview.ca)



### CommunityCONNECT Series:

**Financial Literacy Series With WoodGreen - Making the Most of Your Money: Budgeting & Benefits**  
Thursday October 8  
10:30am-12pm (Virtual)  
[resourcecentre@hollandbloorview.ca](mailto:resourcecentre@hollandbloorview.ca)

## October 2026 (Continued)



### Parent Support Network: Planning Ahead for March Break and Summer Camps

Tuesday October 13  
6pm-7:30pm (Virtual)  
[smoynagh@hollandbloorview.ca](mailto:smoynagh@hollandbloorview.ca)

## November 2026



### Sibling Support Program

Tuesday November 3  
6pm-8pm (In-person)  
Wednesday November 18  
6pm-7pm (Virtual)  
[vrombos@hollandbloorview.ca](mailto:vrombos@hollandbloorview.ca)



### CommunityCONNECT Series:

**Financial Literacy Series With WoodGreen - Making Sense of Credit & Debt**  
Thursday November 5  
10:30am-12pm (Virtual)  
[resourcecentre@hollandbloorview.ca](mailto:resourcecentre@hollandbloorview.ca)



### Parent Support Network: Mental Health Supports for Parent/Caregivers at the Ontario Caregiver Organization

Tuesday November 17  
12pm-1:30pm (Virtual)  
[smoynagh@hollandbloorview.ca](mailto:smoynagh@hollandbloorview.ca)



### Family Workshop – Pop-up Education Law and Advocacy with ARCH Disability Law

Tuesday November 24  
10:30am-12pm (Virtual)  
[tgunasekera@hollandbloorview.ca](mailto:tgunasekera@hollandbloorview.ca)

## December 2026



**CommunityCONNECT Series:  
Financial Literacy Series With WoodGreen - Tax Filing: Unlocking Benefits & Credits**  
Thursday December 3  
10:30am-12pm (Virtual)  
[resourcecentre@hollandbloorview.ca](mailto:resourcecentre@hollandbloorview.ca)



**Sibling Support Program**  
Saturday December 5 (In-person)  
10:30am-12:30pm  
Thurs. Dec. 18, 6pm-7pm (Virtual)  
[vrombos@hollandbloorview.ca](mailto:vrombos@hollandbloorview.ca)



**Parent Support Network:  
The Harmony Clinic: Music Therapy for Parent/Caregivers**  
Tuesday December 8  
6pm-7:30pm (Virtual)  
[smoynagh@hollandbloorview.ca](mailto:smoynagh@hollandbloorview.ca)

Are you looking for support with **Preparing for Transition to Adulthood?**  
To learn more, visit Holland Bloorview's [Bridging to Adulthood](#) program: [Transitions Pop-Ups](#) or contact: [transitionpop-up@hollandbloorview.ca](mailto:transitionpop-up@hollandbloorview.ca)

Are you looking for information about **Life After High School and Post-Secondary Education?**

See upcoming Fall sessions from our Employment Pathways team: [Post-Secondary Education and Career Webinar Series](#) and [Life After High School](#) – start thinking of next steps for supported employment and continued learning