

Bridging to Adulthood

Discover resources, programs and supports

How do I access Holland Bloorview's Transition to Adulthood Supports?

Around the 14th birthday, the Holland Bloorview client and/or family should:

- 1** [Sign up](#) for a 60 minute **“Welcome, A Place to Start”** Information Session - instructions on next page. Learn about resources and connect with transition supports e.g. for life after high school, funding supports, housing, primary care, mental health, legal considerations, peer mentorship and more.
- 2** We also invite you to attend any **“Personalized Consultation”** appointment with the **Bridging to Adulthood Team** for a personal appointment. Here, we can tailor our supports for begin your journey into adulthood and next steps.
- 3** If you currently receive medical services at Holland Bloorview, your healthcare team will speak with you at a future appointment to plan for your eventual transfer to adult medical care by age 19.



We are here to support clients age 14+ and their families with personalized transition planning.

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Did you know? In Ontario...

- **Adult disability funding typically starts at age 18**
with funding applications beginning between 16-17.5 years of age as applicable.
- **Adult medical services start by age 19**
with medical transfer planning starting at age 14+.
- **Youth can stay in high school until age 21**
with some non-medical Holland Bloorview services continue until age 21 and various options for life activities after high school.

We can help you connect you with these resources and more.

A hub of information, programs and practical support for the transition-to-adulthood. Start exploring early, since resources apply to childhood, teen and young adult years.



Early Years
Participation
& Transitions



Life Skills
Development



Adapted
Recreation,
Friendship
& Belonging



Employment
Participation &
Post-Secondary
Transition



Youth
Engagement



Bridging to
Adulthood



Visit us

hollandbloorview.ca/transitions or scan the QR code



Instructions for Accessing Transition Supports

Around the 14th birthday, the client and/or family should:

1

Sign up for a 60 minute “**Welcome, A Place to Start**” information session as a first point of accessing supports:



Sign up online by scanning QR code or visiting:

<https://hollandbloorview.ca/services/programs-services/transitions/bridging-adulthood>

Just beginning your transition into adulthood?

Welcome, a place to start

Join the Bridging to Adulthood team and a Family Leader at this virtual small group session for an introduction to various community supports and resources that can help you through your journey into adulthood.

Join this virtual session, last Wednesday of every month, from 5:00pm - 6:00pm.

We will provide a brief overview of:

- Funding supports
- Legal considerations
- Employment
- Recreation & life skills
- Pathways to find primary care
- Post-secondary
- Independent living
- and more...

Next available dates (click on the date for more information/to register):

July 29, August 19, September 30, October 28

Click your preferred date to sign-up online