

Participate in Research

Making sure a resiliency questionnaire works



**Principal Investigator:
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**Centre for Leadership:
Participation and
Inclusion**



CONTACT INFORMATION: TO ASK QUESTIONS OR TO SIGN UP, CONTACT

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Canada's Only Hospital-Based
Childhood Disability Research Institute

Are you a young person, parent/guardian, or Service Provider? Consider participating in our study.

What is this study about:

- Resiliency refers to youth and young adults (young people) getting the help they want to do the activities they want to do. It is also about how young people deal with or handle new situations and how they see their future.
- Our goal is to find out what young people, parents/guardians, and service providers think about resiliency.
- You should participate because it may help us know how we can help young people in their lives.

Who can participate?

The following people:

- Clients aged 12 to 29 **OR**
- Parents/Guardians (any adult family member in a caregiving role) of clients aged 12 to 29 **OR**
- Service Providers who work with clients aged 12 to 29

What's involved?

- Clients will do online questionnaires before, during, and after the program they are in. Some clients will also do interviews after the program.
- Parents/Guardians will do online questionnaires before a program starts.
- Service Providers will do online questionnaires and an interview after a program ends.
- The full study will run from May 1, 2025 to April 30, 2027.

Potential Benefits?

- Each participant will receive a token of appreciation.
- This study may help us learn about resiliency directly from families.

Potential Risks?

- Questions asked in questionnaires and interviews may make you feel uncomfortable.

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