

## Planning worksheet: Social inclusion EXAMPLE

This worksheet is designed to be completed in discussion with:

- Student
- Family
- School resource / leadership staff
- Other community support organizations if applicable

<b>Goal:</b>	Participate in X-country running
<b>Activity &amp; environment:</b> (describe)	Outdoors - in park behind school grounds Options for 1K, 3K, 5K - student choice Walk or run - student choice Signs and staff monitors at various checkpoints Uneven ground
<b>Challenges to student's participation:</b> (list)	Concern for safety in between checkpoints when outside school grounds 1. Finding way if not running at same pace as other students 2. Also if encountering stranger  No staff available to accompany student
<b>Options - how to enable participation:</b> (brainstorm possibilities & list)	<ul style="list-style-type: none"><li>• Modify participation - give alternate role (e.g., give out water along route)</li><li>• Modify route so within school fence for all students</li><li>• Family member accompanies student</li><li>• Older student from neighbouring school accompanies student</li><li>• Peer accompanies student</li><li>• Develop buddy system for all students</li></ul>
<b>Best option is...because...</b>	Peer - because peer is a natural support and best promotes inclusion
<b>Action steps to implement:</b> (list)	<ol style="list-style-type: none"><li>1. Teacher to talk to potential peer</li><li>2. If peer is willing, teacher and parent to talk to student and peer about choices and buddy system</li></ol>