

# Planning worksheet: Social inclusion **EXAMPLE**

This worksheet is designed to be completed in discussion with:

- Student
- Family
- School resource / leadership staff
- Other community support organizations if applicable

<b>Goal:</b>	Participate in X-country running
<b>Activity &amp; environment:</b> (describe)	Outdoors - in park behind school grounds Options for 1K, 3K, 5K - student choice Walk or run - student choice Signs and staff monitors at various checkpoints Uneven ground
<b>Challenges to student's participation:</b> (list)	Concern for safety in between checkpoints when outside school grounds <ol style="list-style-type: none"> <li>1. Finding way if not running at same pace as other students</li> <li>2. Also if encountering stranger</li> </ol> No staff available to accompany student
<b>Options - how to enable participation:</b> (brainstorm possibilities & list)	<ul style="list-style-type: none"> <li>• Modify participation - give alternate role (e.g., give out water along route)</li> <li>• Modify route so within school fence for all students</li> <li>• Family member accompanies student</li> <li>• Older student from neighbouring school accompanies student</li> <li>• Peer accompanies student</li> <li>• Develop buddy system for all students</li> </ul>
<b>Best option is...because...</b>	Peer - because peer is a natural support and best promotes inclusion
<b>Action steps to implement:</b> (list)	<ol style="list-style-type: none"> <li>1. Teacher to talk to potential peer</li> <li>2. If peer is willing, teacher and parent to talk to student and peer about choices and buddy system</li> </ol>