

About our workshops and events listed in this brochure:



Family Workshops

The Family Resource Centre provides educational workshops for clients with a range of disabilities and their families. Anyone in the community is welcome to attend.



Parent Support Network

This is a unique series of events for parents and caregivers to engage in open discussion and provide mutual support. It is open to all caregivers of children and youth living with a disability. PSN is always co-facilitated with a Family Leader.



Family Navigation Hub's CommunityCONNECT Series

The CommunityCONNECT series aims to share information and resources with families related to social needs such as stable housing, food security, access to childcare and respite care and more.



Sibling Support Program

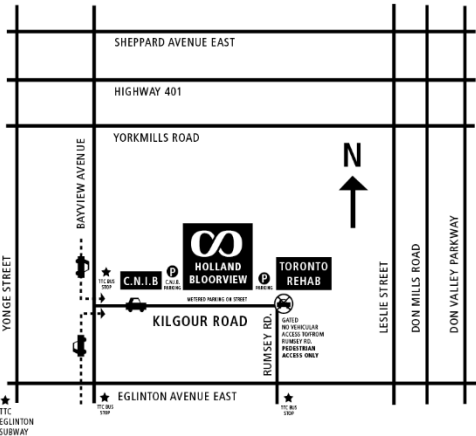
Holland Bloorview's Sibling Support Program is for siblings, ages 7-18, who have a sibling with a disability, complex medical needs and/or dual diagnosis. It gives attendees the opportunity to relax, unwind and meet peers with similar experiences.

Holland Bloorview Kids Rehabilitation Hospital believes in creating a world where all youth and children belong. We are the only children's rehabilitation hospital in Canada focused on combining world-class care, transformational research, and academic leadership in the field of child and youth rehabilitation and disability. Holland Bloorview is a top 40 Canadian research hospital that is fully affiliated with the University of Toronto and serves over 8,000 families annually. Providing both inpatient and outpatient services, Holland Bloorview is renowned for its expertise in co-creating with clients and families to provide world-class care and is the only organization to ever achieve 100 per cent in three successive quality surveys by Accreditation Canada.

Holland Bloorview is a founding member of Kids Health Alliance, a network of partners working to create a high quality, consistent and coordinated approach to pediatric health care that is centred around children, youth and their families.

Holland Bloorview Kids Rehabilitation Hospital

150 Kilgour Road, Toronto, ON M4G 1R8  
Tel: 416-425-6220  
Toll-Free: 1-800-363-2440  
Fax: 416-425-6591  
E-mail: [info@hollandbloorview.ca](mailto:info@hollandbloorview.ca)



Workshops and Events For Families

September – December 2025



Holland Bloorview  
Kids Rehabilitation Hospital

- All family events listed in this brochure are free of charge and may be held virtually or live in person.
- Anyone can attend these family events; however parents and caregivers who have children with disabilities have priority.
- Most events require individual registration in advance.
- All workshops and events with fewer than 5 registrations may be subject to cancellation.



Online Family Resource Centre

Holland Bloorview's Grocery Foundation Family Resource Centre is a place where you can find information and resources on childhood disability that are helpful to you and your family.

For information on parenting, education, fun things to do, respite, funding and more: [HollandBloorview.ca/ResourceCentre](https://HollandBloorview.ca/ResourceCentre)

For resource consultations, please email: [resourcecentre@hollandbloorview.ca](mailto:resourcecentre@hollandbloorview.ca)

For event descriptions and registrations, scan the QR code below or visit: [HollandBloorview.ca/FamilyEvents](https://HollandBloorview.ca/FamilyEvents)



Many events in this brochure are generously supported by donors and the Holland Bloorview Foundation.

## Registration Information

To register for Family Workshops, Parent Support Network, Family Navigation Hub's CommunityCONNECT, and Wellness Through Arts events, visit:

[HollandBloorviewEvents.Eventbrite.ca](https://hollandbloorviewevents.eventbrite.ca)

To register for Sibling Support Program events, please email

[SiblingSupport@hollandbloorview.ca](mailto:SiblingSupport@hollandbloorview.ca)

## Contact information

For **Parent Support Network**  
**CommunityCONNECT Series** & **Family Workshops**

**Family Support Specialists**

[resourcecentre@hollandbloorview.ca](mailto:resourcecentre@hollandbloorview.ca)

416-425-6220 ext. 6524

For **Sibling Support:**

**Victoria Rombos**

[SiblingSupport@hollandbloorview.ca](mailto:SiblingSupport@hollandbloorview.ca)

Are you Deaf or Hard-of-Hearing and want to reach us by phone? Visit [Bell.ca/AccessibilityServices//BellTTYRelayService](https://Bell.ca/AccessibilityServices//BellTTYRelayService). Or, if you have a TTY or VCO phone, dial 711 and give the number provided.

You can also join our **e-newsletter mailing list** to receive our event alerts by emailing:

[resourcecentre@hollandbloorview.ca](mailto:resourcecentre@hollandbloorview.ca)

Is your child waiting for an autism diagnostic assessment at Holland Bloorview? If so, you're invited to **While We're Waiting**, an online discussion group for parents and caregivers. For more information, Visit:

[Autism Resources](#)



## September 2025



### CommunityCONNECT Series:

#### Connect With TTC Wheel-Trans

Tuesday Sept. 16, 2025

10:30am-12:30pm ([In person](#))

Contact: Family Support Specialists



### Sibling Support Program

Wednesday Sept 17, 2025 (Virtual)

6-7pm

Contact: Victoria Rombos



### Parent Support Network:

#### Mindfulness for

#### Parent/Caregivers (8 weeks)

Thursdays Sept. 18, 25, 2025

12pm-1:15pm (Virtual)

Contact: Family Support Specialists



### Family Workshop

#### Community Living Ontario:

#### Education Advocacy Rights

Wednesday September 24, 2025

10:30am-12:00pm (Virtual)

Contact: Family Support Specialists

## October 2025



### Parent Support Network:

#### Mindfulness for

#### Parent/Caregivers (8 weeks)

Thursdays October 2, 9, 16, 23, 30

& November 6, 2025 (Virtual)

12pm-1:15pm

Contact: Family Support Specialists



### Sibling Support Program

Tuesday October 7 ([In-person](#))

6pm-8pm

Thurs October 16, 2025 (Virtual)

6pm-7pm

Contact: Victoria Rombos



### CommunityCONNECT Series:

#### Food Justice & Community

#### Kitchen series With FoodShareTO

Tuesday October 7: Intro- 4pm-5pm

Tuesday October 21:

Cooking - 4pm-6:30pm

Contact: Family Support Specialists

(All sessions are virtual)



### CommunityCONNECT Series:

#### Subsidized Housing & Rental

#### Basics with TNO –

#### The Neighbourhood Organization

Wednesday Oct. 15, 2025 (Virtual)

10:30am-12pm

Contact: Family Support Specialists



### Family Workshop

#### Ontario Autism Program

#### Overview and Q&A

Wednesday October 22, 2025

10:30am-12:00 pm (Virtual)

Contact: Family Support Specialists

## November 2025



### CommunityCONNECT Series:

#### Food Justice & Community

#### Kitchen series With FoodShareTO

Tuesday November 4, 18:

Cooking - 4pm-6:30pm

Tuesday November 25:

Final Discussion - 4pm-5pm

Contact: Family Support Specialists

(All sessions are virtual)



### Sibling Support Program

Saturday November 8 ([In-person](#))

10:30am-12:30pm

Wednesday November 19 (Virtual)

6pm-7pm

Contact: Victoria Rombos



### Family Workshop

#### Paperwork Party; OAP

#### Application Overview

Wednesday November 12, 2025

10:30am-12pm (Virtual)

Contact: Family Support Specialists



### Parent Support Network:

#### Planning Ahead – March Break &

#### Summer Camp

Thursday November 20, 2025

10:30am-12pm (Virtual)

Contact: Family Support Specialists



### Family Workshop

#### Paperwork Party; OAP

#### Reimbursement Overview

Wednesday November 26, 2025

10:30am-12pm (Virtual)

Contact: Family Support Specialists

## December 2025



### CommunityCONNECT Series:

#### Adapted and Inclusive

#### Recreation with City of Toronto

Thursday Dec. 4, 2025

10:30am-12:00pm (Virtual)

Contact: Family Support Specialists



### Sibling Support Program

Thursday December 4 ([In-person](#))

6pm-8pm

Thurs. Dec. 18, 6pm-7pm (Virtual)

Contact: Victoria Rombos



### Parent Support Network:

#### Group Discussion

#### With Family Leaders:

#### Preparing for December Break

Wednesday Dec. 10, 2025

5:30pm-7pm (Virtual)

Contact: Family Support Specialists