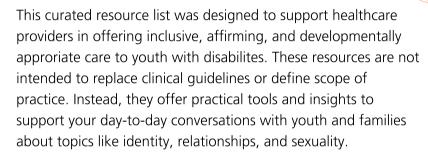
Let's Talk Disability & Sex! Resource List for Healthcare Providers

This resource list was made to support you in navigating conversations about disability, sexuality, and relationships. Take your time exploring these resources, and revisit them when questions come up.

How to use this resource list



If you don't find a resource that fits your needs right now, don't worry—this list is a work in progress and will be updated regularly.

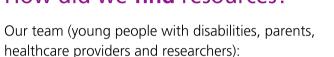
We'd love to hear from you! Share your suggestions or feedback with us:

- Resources you find helpful
- Resources you think we missed
- Ideas for new topics to include

Send us your suggestions by email at **profile@hollandbloorview.ca**.



How did we find resources?



- Collected resources that were suggested by parents, young people with disabilities, researchers and healthcare providers
- Completed a detailed online search for webpages using words related to sexuality and disability

How did we **choose** resources?

Our team created rules (criterion) to decide whether to include a resource or not. These rules were that the resources must:

- Focus on disability and sexuality
- Provide original content (not just a list of webpages)
- Be usable by our target groups (youth with disabilities, parents, healthcare providers)
- Use up-to-date and inclusive (includes all people) language













Topic Labels

- **1. Disability and Sexuality:** These resources explore ideas and perspectives on disability and sexuality, including ways to challenge common myths and build a foundation for inclusive care.
- **2. Communication Tips:** These resources include strategies, tools, and examples to support open, respectful conversations about bodies, identity, relationships, and sexuality.
- **3. Consent and Boundaries:** These resources provide strategies for supporting disabled youth in understanding and expressing autonomy, consent, and personal boundaries.
- **4. Gender and Sexual Diversity:** These resources offer guidance on providing affirming and inclusive care, including using inclusive language and understanding the intersection of disability and identity.

- **5. Relationships:** These resources provide guidance on how to support youth in building respectful, safe, and positive relationships with friends and romantic partners.
- **6. Safety:** These resources provide information on supporting physical and emotional boundaries, including abuse prevention, contraception, and sexual health care.







Let's Talk Disability & Sex! Resource List for Healthcare Providers

Let's Talk Disability & Sex! Resource List for Healthcare Providers											
Explore organizations and websites offering a wide range of resources on sexuality and disability. Click on the logos to visit each organization's website and access their full collection of materials. Organization Includes			Disability and Sexuality Consent and Boundaries and Sexual Diversity Communication Tips Gender and Sexual Diversity Safety								
TASCC TAKING ABOUT SEXUALITY IN CANADIAN COMMUN	This website provides edcuational tools, conversation guides, and lived experience stories to help healhtcare providers engage more confidently in discusions about sexuality with youth with disabilites.	•	•	•	•	②	•				
Your Sexual Health Toolkit	This website includes guides, tools, games, a sexual health glossary, and other resources to promote accessible sexuality education for people with intellectual and developmental disabilies aged 16-24 years old.	•	②	②	⊘	②	Ø				
SURREY PLACE	This resources shares tips and information on having meaningful conversations about gender and sexuality		•		Ø						
SHORE CENTRE SEXUAL HEALTH-OPTIONS-RESOURCES-EDUCATION	The "SexAbility" program equips helathcare providers and parents with resources, acitivities, games, and workshops to build knowledge and confidence in discussing sexuality.		•	②	②	Ø	•				
Planet 🛇 Puberty	This website was co-designed with people with disabilities and offers factsheets, books, videos, flashcards, games, and other healthful resources for promoting sexuality education among people with disabilites.		•	•	•	•	•				
TELL IT LIKE IT IS Sexual Health + Wellness Education	This website offers a 9 module sexual health curriculm for people with disabilites. The curriculum aims to supports learners in making informated decisions and recieving accurate sexuality education.		•	•	Ø		Ø				







Let's Talk Disability & Sex! Resource List for Healthcare Providers												
Discover individual resources created by organizations to support education and awareness on disability and sexuality. Click on the resource titles to view these targeted materials.				Oviders Disability and Sexuality Consent and Boundaries and Sexual Diversity Safety Consent and Relationships Safety								
Resource Organization		Disagni, College, Children California Category										
PleasureABLE: Sexual Device Manual for Persons with Disabilites.	Disabilites Health Research Network	•					•					
Teens, Sex, and Neuromuscular Conditions	Holland Bloorview Kids Rehabiltiation Hospital	•	•	•	⊘	•	•					
<u>Supported Loving Toolkit</u>	Choice Support	•	•	•		•	•					
Addressing Healthy Sexuality for Children and Teens with Disabilites	American Academy of Pediatrics	•		•			•					
Sexual Health Education for Adolescents with Intellectual Disabilites: A Literature Review.	Saskachewan Prevention institute	•		•		•	•					
Our Sexuality, Our Health: A Disabled Advocate's Guide to Relationships, Romance, Sexuality and Sexual Health.	University of California, San Francisco. Office of Developmental Primary Care.	•				•	⊘					





