About our workshops and events listed in this brochure:



Family Workshops

The Family Resource Centre provides educational workshops for clients with a range of disabilities and their families. Anyone in the community is welcome to attend.

Parent Support Network

This is a unique series of events for parents and caregivers to engage in open discussion and provide mutual support. It is open to all caregivers of children and youth living with a disability. PSN is always cofacilitated with a Family Leader.



Family Navigation Hub's CommunityCONNECT Series

The CommunityCONNECT series aims to share information and resources with families related to social needs such as stable housing, food security, access to childcare and respite care and more.

Sibling Support Program

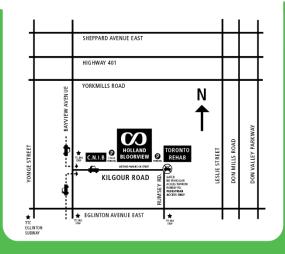
Holland Bloorview's Sibling Support Program is for siblings, ages 7-18, who have a sibling with a disability, complex medical needs and/or dual diagnosis. It gives attendees the opportunity to relax, unwind and meet peers with similar experiences.

Holland Bloorview Kids Rehabilitation Hospital believes in creating a world where all youth and children belong. We are the only children's rehabilitation hospital in Canada focused on combining world-class care, transformational research, and academic leadership in the field of child and youth rehabilitation and disability. Holland Bloorview is a top 40 Canadian research hospital that is fully affiliated with the University of Toronto and serves over 8,000 families annually. Providing both inpatient and outpatient services. Holland Bloorview is renowned for its expertise in co-creating with clients and families to provide world-class care and is the only organization to ever achieve 100 per cent in three successive quality surveys by Accreditation Canada.

Holland Bloorview is a founding member of Kids Health Alliance, a network of partners working to create a high quality, consistent and coordinated approach to pediatric health care that is centred around children, youth and their families.

Holland Bloorview Kids Rehabilitation Hospital

150 Kilgour Road, Toronto, ON M4G 1R8 Tel: 416-425-6220 Toll-Free: 1-800-363-2440 Fax: 416-425-6591 E-mail: info@hollandbloorview.ca



Workshops and Events For Families

January – March 2025



Holland Bloorview

Kids Rehabilitation Hospital

- All family events listed in this brochure are free of charge and may be held virtually on Zoom, or live in person.
- Anyone can attend these family events; however parents and caregivers who have children with disabilities have priority.
- Most events require individual registration in advance.
- All workshops and events with fewer than 5 registrations may be subject to cancellation.



Online Family Resource Centre

Holland Bloorview's Grocery Foundation Family Resource Centre is a place where you can find information and resources on childhood disability that are helpful to you and your family.

For information on parenting, education, fun things to do, respite, funding and more: <u>HollandBloorview.ca/ResourceCentre</u>

For resource consultations, please email: resourcecentre@hollandbloorview.ca

For event descriptions and registrations, scan the QR code below or visit: <u>HollandBloorview.ca/</u> <u>FamilyEvents</u>





Many events in this brochure are generously supported by donors and the Holland Bloorview Foundation.

Registration Information

To register for Family Workshops, Parent Support Network, Family Navigation Hub's CommunityCONNECT, and Wellness Through Arts events, visit: HollandBloorviewEvents.Eventbrite.ca

To register for Sibling Support Program events, please email <u>SiblingSupport@hollandbloorview.ca</u>

Contact information

For Parent Support Network CommunityCONNECT Series & Family Workshops Family Support Specialists resourcecentre@hollandbloorview.ca

416-425-6220 ext. 6524

For Sibling Support: Victoria Rombos SiblingSupport@hollandbloorview.ca

Are you Deaf or Hard-of-Hearing and want to reach us by phone? Visit <u>Bell.ca/AccessibilityServices//BellTTY</u> <u>RelayService</u>. Or, if you have a TTY or VCO phone, dial 711 and give the number provided.

You can also join our **e-newsletter mailing list** to receive our event alerts by emailing: <u>resourcecentre@hollandbloorview.ca</u>

Is your child waiting for an autism diagnostic assessment at Holland Bloorview? If so, you're invited to **While We're Waiting**, an online discussion group for parents and caregivers. For more information, Visit: Autism Resources

<u>January 2025</u>

Sibling Support Program Wednesday, January 15th 6:00-7:00pm (Virtual) Contact: Victoria Rombos

CommunityCONNECT Series:

and Social Services Date: Thursday, January 16th Time: 10:30am-12:00pm (Virtual) Contact: Family Support Specialists

The **Life After High School** virtual event is happening this Winter (January 22nd). For more information visit: Youth Employment Programs



Recreation, Respite and Life Skills Information Fair Special Event - In-Person at Holland Bloorview Saturday, January 25th 10am-2:00pm Contact: Doris Da Costa ext.6524

Parent Support Network:

Camp Planning for March Break and Summer Date: January 29th Time: 10:00am-11:30am (Virtual) Contact: Family Support Specialists

CommunityCONNECT Series:

RDSP and DTC – Partners for Planning

Date: Thursday, January 30th Time: 10:30am-12:00pm (Virtual) Contact: Family Support Specialists

February 2025

Sibling Support Program

Special Event – In Person Date: Tuesday, February 4th Time: 6:00-8:00pm

Family Workshop Recreation Funding

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Date: Wednesday, February 6th 10am-11:30am (Virtual) Contact: Family Support Specialists

CommunityCONNECT Series:

Education Advocacy Date: Thursday, February 13th Time: 10:30am-12:00pm (Virtual) Contact: Family Support Specialists

Sibling Support Program

Thursday, February 20th
6:00pm-7:00pm (Virtual)
Contact: Victoria Rombos

Family Workshop

Rare Disorders Day Date: Monday, February 24th 10am-11:30am (Virtual) Contact: Family Support Specialists

Parent Support Network:

Anti-bullying Panel Event Dates: Wednesday, February 26th Time 6:30pm-8:30pm (Virtual) Contact: Family Support Specialists

Monthly 'Social Inclusion with your Child's School' virtual sessions

Register here

<u>March 2025</u>



Date: Thursday, March 6th Time: 10:30am-12:00pm (Virtual) Contact: Family Support Specialists





Date: Wednesday, March 26th Time 10:30am-12:00pm (Virtual) Contact: Family Support Specialists

Family Workshop Youth with Disabilities Panel Date: TBD Time: TBD Contact: Family Support Specialists