

**About our workshops and events listed in this brochure:**



**Family Workshops**

The Family Resource Centre provides educational workshops for clients with a range of disabilities and their families. Anyone in the community is welcome to attend.



**Parent Support Network**

This is a unique series of events for parents and caregivers to engage in open discussion and provide mutual support. It is open to all caregivers of children and youth living with a disability. PSN is always co-facilitated with a Family Leader.



**Family Navigation Hub's CommunityCONNECT Series**

The CommunityCONNECT series aims to share information and resources with families related to social needs such as stable housing, food security, access to childcare and respite care and more.



**Sibling Support Program**

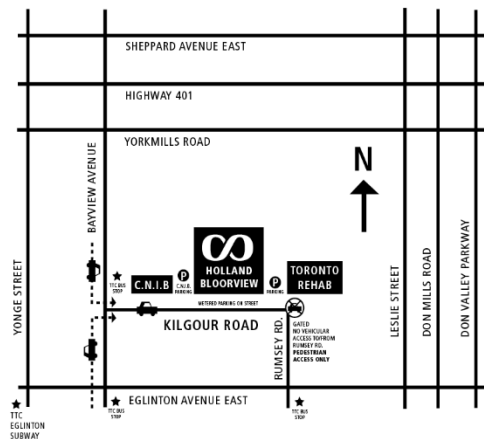
Holland Bloorview's Sibling Support Program is for siblings, ages 7-18, who have a sibling with a disability, complex medical needs and/or dual diagnosis. It gives attendees the opportunity to relax, unwind and meet peers with similar experiences.

Holland Bloorview Kids Rehabilitation Hospital believes in creating a world where all youth and children belong. We are the only children's rehabilitation hospital in Canada focused on combining world-class care, transformational research, and academic leadership in the field of child and youth rehabilitation and disability. Holland Bloorview is a top 40 Canadian research hospital that is fully affiliated with the University of Toronto and serves over 8,000 families annually. Providing both inpatient and outpatient services, Holland Bloorview is renowned for its expertise in co-creating with clients and families to provide world-class care and is the only organization to ever achieve 100 per cent in three successive quality surveys by Accreditation Canada.

Holland Bloorview is a founding member of Kids Health Alliance, a network of partners working to create a high quality, consistent and coordinated approach to pediatric health care that is centred around children, youth and their families.

**Holland Bloorview Kids Rehabilitation Hospital**

150 Kilgour Road, Toronto, ON M4G 1R8  
 Tel: 416-425-6220  
 Toll-Free: 1-800-363-2440  
 Fax: 416-425-6591  
 E-mail: [info@hollandbloorview.ca](mailto:info@hollandbloorview.ca)



# Workshops and Events For Families

Sept – Dec 2024



- All family events listed in this brochure are free of charge and may be held virtually on Zoom, or live in person.
- Anyone can attend these family events; however parents and caregivers who have children with disabilities have priority.
- Most events require individual registration in advance.
- All workshops and events with fewer than 5 registrations may be subject to cancellation.



**Online Family Resource Centre**

Holland Bloorview's Grocery Foundation Family Resource Centre is a place where you can find information and resources on childhood disability that are helpful to you and your family.

For information on parenting, education, fun things to do, respite, funding and more: [HollandBloorview.ca/ResourceCentre](https://HollandBloorview.ca/ResourceCentre)

For resource consultations, please email: [resourcecentre@hollandbloorview.ca](mailto:resourcecentre@hollandbloorview.ca)

For event descriptions and registrations, scan the QR code below or visit: [HollandBloorview.ca/FamilyEvents](https://HollandBloorview.ca/FamilyEvents)



**Holland Bloorview**  
 Kids Rehabilitation Hospital



Many events in this brochure are generously supported by donors and the Holland Bloorview Foundation.

## Registration Information

To register for Family Workshops, Parent Support Network, Family Navigation Hub's CommunityCONNECT, visit: [HollandBloorviewEvents.Eventbrite.ca](https://hollandbloorviewevents.eventbrite.ca)

To register for Sibling Support Program events, please email [SiblingSupport@hollandbloorview.ca](mailto:SiblingSupport@hollandbloorview.ca)

## Contact information

For **Parent Support Network CommunityCONNECT Series** & **Family Workshops Family Support Specialists** [resourcecentre@hollandbloorview.ca](mailto:resourcecentre@hollandbloorview.ca)  
416-425-6220 ext. 6524

For **Sibling Support: Victoria Rombos** [SiblingSupport@hollandbloorview.ca](mailto:SiblingSupport@hollandbloorview.ca)

Are you Deaf or Hard-of-Hearing and want to reach us by phone? Visit [Bell.ca/AccessibilityServices/BellTTYRelayService](https://Bell.ca/AccessibilityServices/BellTTYRelayService). Or, if you have a TTY or VCO phone, dial 711 and give the number provided.

You can also join our **e-newsletter mailing list** to receive our event alerts by emailing: [resourcecentre@hollandbloorview.ca](mailto:resourcecentre@hollandbloorview.ca)

Is your child waiting for an autism diagnostic assessment at Holland Bloorview? If so, you're invited to **While We're Waiting**, an online discussion group for parents and caregivers. For more information, Visit: [Autism Resources](#)



## September 2024



**Parent Support Network: Nurturing Friendships and Supportive Relationships**  
**Date:** Thursday, Sept 5th  
**Time:** 10:00am-11:30am  
**Contact:** Family Support Specialist



**Sibling Support Program**  
Wednesday, Sept. 18th  
6:00pm-7:00pm (Virtual)  
**Contact:** Victoria Rombos



**CommunityCONNECT Series: Unison Health Community Health Centre – Housing Stability Programs**  
**Date:** Wednesday, Sept 18th  
**Time:** 10:30am-12:00pm  
**Contact:** Family Support Specialists

Are you a **Holland Bloorview client** looking for **Transitions Pop-Up Workshops** to help prepare for transition to adulthood? Topics include connecting with ODSP, organizing your health information, personalized transition plans, and more. Visit: [Transitions Pop-Ups](#)



## October 2024



**Parent Support Network: Mindfulness – 8-week course with Protibha Gupta**  
**Dates:** TBD  
**Time:** 12:00pm-1:00pm  
**Contact:** Family Support Specialist



**CommunityCONNECT Series: Respite Panel**  
**Date:** Thursday, October 3rd  
**Time:** 10:30am-12:00pm  
**Contact:** Family Support Specialists



**Sibling Support Program**  
Tuesday October 8th  
6:00pm-7:00pm (Virtual)  
**Contact:** Victoria Rombos

## November 2024



**Parent Support Network: Mindfulness – 8-week course with Protibha Gupta**  
**Dates:** TBD  
**Time:** 12:00pm-1:00pm  
**Contact:** Family Support Specialist



**Sibling Support Program**  
Wednesday November 20th  
6:00pm-7:00pm (Virtual)  
**Contact:** Victoria Rombos

## December 2024



**Parent Support Network: Transitions and Planning for the Future**  
**Dates:** Wednesday, Dec 11th  
**Time:** 10:00am-11:30am  
**Contact:** Family Support Specialist



**CommunityCONNECT Series: Disability Tax Credit/RDSP**  
**Date:** Wednesday, Dec 4th  
**Time:** 10:30am-12:00pm  
**Contact:** Family Support Specialists



**Sibling Support Program Special Event – In Person**  
**Date:** Tuesday December 3rd  
**Time:** 6:00pm-8:00pm  
**Regular Virtual Programming**  
**Date:** Thursday December 18th  
**Time:** 6:00pm-7:00pm (Virtual)  
**Contact:** Victoria Rombos

The **Life After High School** virtual event is happening this fall (October 16<sup>th</sup>) For more information visit: [Youth Employment Programs](#)  
Register here

