



Music and Arts

Fall, Winter and Spring seasons
(September 2024 – June 2025)

Holland Bloorview
Kids Rehabilitation Hospital



Music and art programs

Our music and art programs are led by certified music therapists and professional artists who specialize in designing and leading quality programs. We offer music and art programs for children and youth with disabilities and developmental differences. In select music programs, siblings are welcome to register in the same program.

- **Music:** group music therapy, 1:1 music therapy, and adapted music education lessons
- **Art:** group programs include Drum Circle, Paint and Clay, and Arts Xpress
- **New this year:** transitional programming for clients between the ages of 18 to 25 years

Please see program information for specific age requirements.

Registration process

Registration can be completed [online](https://redcap.hollandbloorview.ca/surveys/?s=EXTJKN88JY8DF7FK) at <https://redcap.hollandbloorview.ca/surveys/?s=EXTJKN88JY8DF7FK>



If you need accommodation in filling out this form, please contact us at musicandart@hollandbloorview.ca or call 416 425-6220 ext 3317

Season	Registration deadline
Fall September to December	August 18, 2024
Winter January to March	December 8, 2024
Spring April to June	February 16, 2025



If you intend to register for the entire year (Fall 2024 – Spring 2025), select each season of interest on the registration form. Forms that do not have seasons selected risk losing their scheduled spot. You will receive confirmation of enrollment for each season separately.

Meet and greet visit

The Program meet and greet visit is for clients new to arts programming. New participants may be asked to come in for a visit to meet with our team or receive a phone call to assess support needs. This allows your child to meet us and see the art studio spaces. We will provide families with an overview of the art programs and ensure that we can meet your child's needs. These visits help us learn how to provide the best possible experience for your child in our unique art program environments.

Group programs and one-on-one support

Group programs can have 8 to 12 participants.

We do not provide one-on-one support for medical or behavioural needs. If one-on-one support is needed, it is the family's responsibility to make arrangements to schedule and pay for their own worker. Optionally, this can be a family member.

Confirming your child's spot

Registration is the first step in the enrollment process. Submitting a registration form does not confirm your child's spot. After the registration period closes, you will receive a confirmation and payment receipt/invoice and we may call you to find out more specific information about your child. Programs may not run if a minimum enrollment level is not achieved. If programs are full, you will be informed that your child is on the waitlist for the next available spot.

Cancellation policy

([Click here](#) for the full cancellation policy)

Program cancellations must be received at least two weeks prior to the program start date to receive a refund. A \$50 service charge will be deducted. For cancellations received less than two weeks prior to the program start date, the full fee will be charged.

Please note that one-to-one Adapted Music Education and Music Therapy require 24-hour cancellation notice to reschedule, otherwise the session is forfeited. There is a maximum of one make-up session available which must be completed within a single season and cannot be carried over. At the first session, the music therapist will talk to you about options for one make-up session.

Please note: Once the season has begun, you are unable to change therapists. If you are experiencing difficulties with your therapist, please communicate these issues with them to find a solution. If you're unable to come to a resolution, please contact the program administrator.

TIP:

For returning clients, if you are interested in 1:1 and it is not available during the time that you want, try a group program!

Once enrolled, staff will work with the client and family to ensure their identified support needs are met. However, when all possible options have been exhausted, it may be determined that we are unable to meet their needs and participation in the program is not able to continue. Any decision such as this will be made in collaboration with family, clients, program staff, and the program manager.

Financial assistance

Financial assistance may be available for registered clients of Holland Bloorview. Please contact the Family Support Fund to learn about financial assistance for your child's enrollment at 416-425-6220 ext. 6303 or send an email to fsfdoc@hollandbloorview.ca

Contact us

If you have questions, please call us at 416-425-6220 ext. 3317 or send an email to musicandart@hollandbloorview.ca



Music therapy

Welcome to music therapy services! Music therapists promote health and well-being through musical play, skill building, and exploration. We offer a range of services including individual therapy, adapted music education and a variety of group music therapy experiences. Groups provide an opportunity to build friendships, connection, and community. Through music, clients can creatively express and build social awareness together in a fun and motivating environment.

Individual music therapy

The individual music therapy program offers customized sessions focused on social, communication, sensory, motor, and psychosocial skills.

Age: 0-18
30-minute time slots
Tuesday to Saturday:
Days/times by request and
determined by therapist availability

Fall: \$895
Sept 21 – Dec 14 (12 weeks)
Winter: \$750
Jan 11 – Mar 3 (7 weeks)
Spring: \$835
Mar 28-Jun 16 (10 weeks)

Group music therapy

Our groups provide an exciting and fun way to make friends, develop music skills, learn about oneself and communicate with others through music. We have a variety of groups for different ages.

Let's Talk and Sing Together

This integrated group is designed for young children, siblings and their parents to help children with special needs communicate, improve focus, self-regulate, and interact with family members and peers in a safe and rewarding music therapy setting. The program fee includes materials to guide families with how music and movement can promote health.

Group A:	Wednesdays	Fall: \$445
Age:	11 – 11:45 a.m.	Sibling: \$180
up to 3		Sept 21-Dec 14 (12 weeks)
		Winter: \$315
Group B:	Saturdays	Sibling: \$105
Age:	10:00 – 10:45am	Jan 11-Mar 3 (7 weeks)
4-7	VIRTUAL ONLY	Spring: \$395
		Sibling: \$150
		Mar 28 - Jun 16 (10 weeks)



Rise and Shine Preschooler Music Therapy Group

This group provides an encouraging and fun music therapy environment for young children to learn how to play with others and to practice transitioning from one task to another. In this fun and motivating environment, parents and caregivers will make music with their child and celebrate moments of independence!

Age: 3-6	Saturdays 9 –9:45 a.m.	Fall: \$495 Sept 21-Dec 14 (12 weeks)
		Winter: \$430 Jan 11-Mar 3 (7 weeks)
		Spring: \$475 Mar 28 - Jun 16 (10 weeks)

Accentuate the Positive

Build communication and cooperative interaction skills such as sharing and turn-taking in this structured and positive music therapy environment. Our certified therapists use music in a purposeful and engaging way to accentuate each client’s abilities and bring positivity to skill building.

Age: 7-12	Saturdays 10 – 10:45 a.m. Wednesdays 5:30 – 6:15 p.m.	Fall: \$495 Sept 21-Dec 14 (12 weeks)
		Winter: \$430 Jan 11-Mar 3 (7 weeks)
		Spring: \$475 Mar 28 - Jun 16 (10 weeks)



Music Therapy Songwriting Group

Experience the journey of songwriting with our certified music therapists in a creative and fun group setting. Explore your songwriting voice, workshop ideas, and share your songs in a supportive community music therapy environment. No prior experience needed.

Age:
9-12

Saturdays
11–11:45 a.m.
Wednesdays
6:30–7:15 p.m.

Fall: \$495
Sept 21-Dec 14 (12 weeks)

Winter: \$430
Jan 11-Mar 3 (7 weeks)

Spring: \$475
Mar 28 - Jun 16 (10 weeks)

Holland Bloorview Glee

Develop vocal skills, explore self-expression, and build social skills in this fun and social music therapy community singing group. Expect to explore popular songs, musical theatre repertoire, and more!

Age:
13-18

Saturdays
10-10:45 a.m.
Tuesdays
5:30–6:15 p.m.

Fall: \$495
Sept 21-Dec 14 (12 weeks)

Winter: \$430
Jan 11-Mar 3 (7 weeks)

Spring: \$475
Mar 28 - Jun 16 (10 weeks)

Let's Jam

Develop music instrument skills, build friendships, and find your inner rock musician in a band setting. No previous experience needed. Instruments are assigned in the first weeks of term. Instrument assignment can be requested but not guaranteed.

Age: 13-18	Saturdays 11:00 – 11:45 a.m.	Fall: \$495 Sept 21-Dec 14 (12 weeks)
	Tuesdays 6:30 – 7:15 p.m.	Winter: \$430 Jan 11-Mar 3 (7 weeks)
		Spring: \$475 Mar 28 - Jun 16 (10 weeks)

Adapted music education

Learn to play an instrument! Choose from a variety of traditional and adapted instruments including the Virtual Musical Instrument (VMI)*, piano, guitar, voice, violin, percussion and ukulele.

*The VMI is music software developed at Holland Bloorview. The program allows users to see themselves on a TV screen with colourful shapes around them. When the user moves to activate the shapes, music is produced.

Age: 4-18	30-minute time slots Tuesday to Saturday.	Fall: \$625 Sept 21-Dec 14 (12 weeks)
	Days/times by request and determined by therapist availability	Winter: \$495 Jan 11-Mar 3 (7 weeks)
		Spring: \$575 Mar 28 - Jun 16 (10 weeks)





Holland Bloorview Rocks!

Join our community music therapy rock band featuring local musicians. Perform in a real public rock concert at the end of term that will include professional musician judges! For this advanced program, you must first participate in HB Rocks and/or Glee for at least one season and receive a recommendation from our music therapy team. This program includes our Transitioning Clients, ages 18–25.



Group A:	Tuesdays 6:15-7:00 p.m.	Rehearsals: May 6-June 10 Dress Rehearsal and Performance: Sunday June 15th 2025	\$475
Group B:	Tuesdays 7:30-8:15 p.m.		



Arts

New participants to arts programs will be contacted for a Program meet and greet visit before being confirmed in a spot.

ArtsXpress

This program is an opportunity for younger artists to interact and play through music, visual arts, drama, stories and sensory activities in a creative and inclusive setting.

Age: 4-12
Saturdays
10:30 a.m. – 12 noon

Fall: \$385
Sept 21-Dec 14 (12 weeks)
Winter: \$245
Jan 11-Mar 3 (7 weeks)
Spring: \$350
Mar 28 - Jun 16 (10 weeks)

Paint and clay

Two greats together: ceramics (clay) and painting! Artists facilitate painting and ceramics activities in a dynamic environment encouraging individual creativity and imagination in a group setting.

Age: 6-12

Saturdays
1:30 p.m.–3 p.m.

Fall: \$385
Sept 21-Dec 14 (12 weeks)

Ages: 13-21

Saturdays
4 p.m.–5:30 p.m.

Winter: \$245
Jan 11-Mar 3 (7 weeks)

Spring: \$350
Mar 28 - Jun 16 (10 weeks)

Drum circle

This program is targeted to our clients transitioning to adulthood, ages 18-25. Come together in a circle of rhythm, rhymes, beats, friends and folly. Participants will have the opportunity to play with a range of percussive devices. The program takes place in the studio or outside, with the weather as our guide.

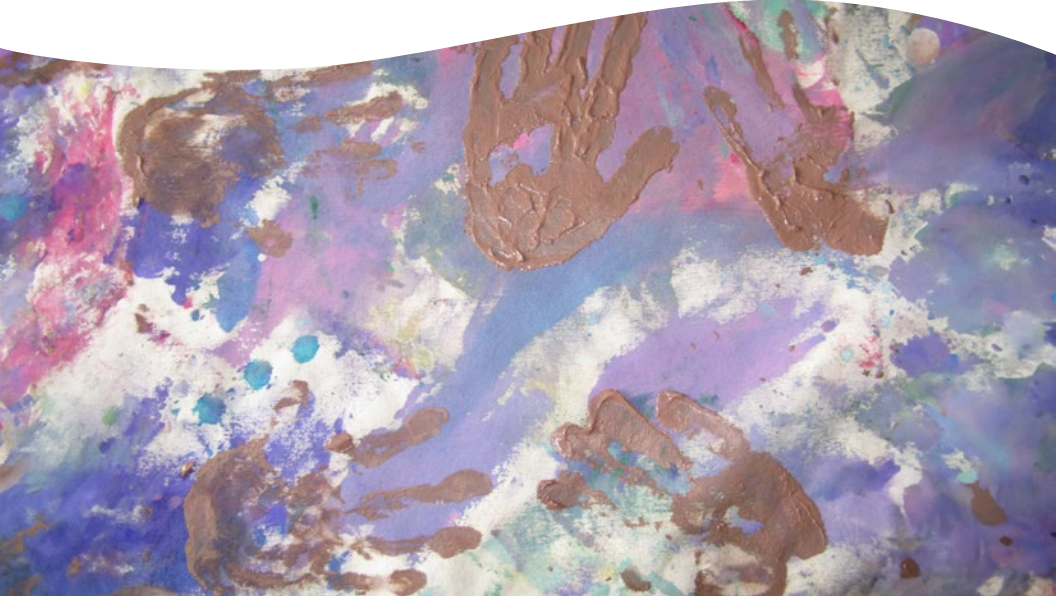
Age:
18-25

Thursdays
6:30 p.m.–8 p.m.

Fall: \$385
Sept 21-Dec 14 (12 weeks)

Winter: \$245
Jan 11-Mar 3 (7 weeks)

Spring: \$350
Mar 28 - Jun 16 (10 weeks)





Holland Bloorview Kids Rehabilitation Hospital believes in creating a world where all youth and children belong. We are the only children's rehabilitation hospital in Canada focused on combining world class care, transformational research, and academic leadership in the field of child and youth rehabilitation and disability.

We are a top 40 Canadian research hospital that is fully affiliated with the University of Toronto. Providing both inpatient and outpatient services, Holland Bloorview is renowned for its expertise in co-creating with clients and families to provide exceptional care and is the only organization to ever achieve 100 per cent in three successive quality surveys by Accreditation Canada. Together we dream big. Together we champion a world of possibility.

Holland Bloorview Kids Rehabilitation Hospital

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