Applying a Co-Creation Approach to Analyze the Viability of a Biofeedback Application for Gait Training in Lower-Limb Prosthetic Users

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BACKGROUND

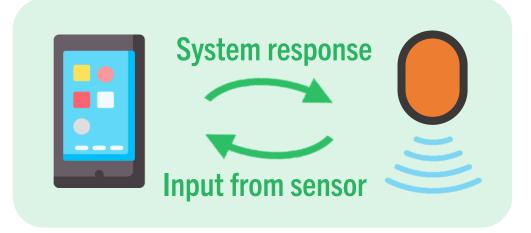
LLPUs often struggle to develop healthy walking patterns

BIOFEEDBACK SYSTEMS:

- Deliver a user response when a parameter threshold is reached
- Can complement the current gait training process outside of a clinic setting

CO-CREATION:

 Involving clients and clinicians in the design process creates an impactful end result that ensures user needs are met



OBJECTIVE



Involve stakeholders in **identifying key gaps** in the gait training process of LLPUs & evaluate the potential of **biofeedback** (BFB) to address these gaps.

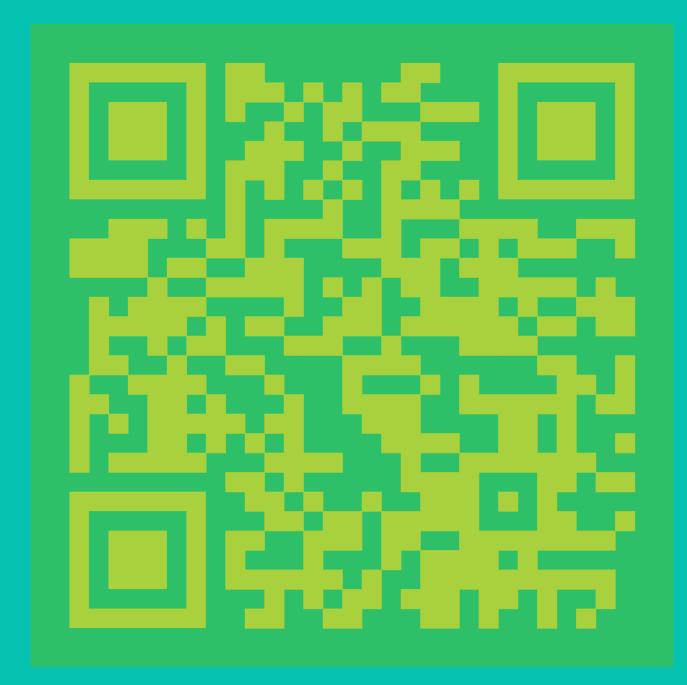
METHODS



User Testing



Biofeedback provides clients & clinicians with enhanced monitoring capabilities



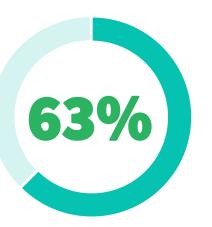
RESULTS



KEY CLINICIAN TAKEAWAYS:

- At-home client feedback & good habit promotion is valuable
- BFB setup and use must be **quick** and **simple**
- Clinician interest exists for observation validation





5 of 8 LLPUs expressed interest in using a BFB system at home.

NEXT STEPS

Leverage **co-creation** in the app development process by incorporating participant suggestions.



IMPACT

- Allow LLPUs to take an **active role** in their gait rehabilitation by enabling remote practice
- Enhance the quality of clinician care

ACKNOWLEDGEMENTS

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