

Active Together

Transitions, Recreation & Life Skills

What?

An after school recreation program for Holland Bloorview clients. Participants will engage in gym games and activities to keep their bodies and minds active. This group program allows kids to connect socially with their peers through active, play-based activities.

A virtual intake/goal setting session will also be arranged with each participant & caregiver prior to the start of the program.

When?

Tuesdays or Wednesdays*
6 weekly sessions
4:45-6:00pm



*A regular program day/time is determined prior to each group

Where?

This program has an onsite and offsite version. See locations below:

1. Holland Bloorview
150 Kilgour Rd., Toronto
2. Variety Village
3701 Danforth Avenue, Scarborough

Who? *Participants must have a disability and be:*

- 7 – 14 years of age
- Able to follow instructions and adhere to Covid-19 protocols (eg., wearing a mask, maintaining distance)
- Interested in participating in activities related to physical activity, group participation and socialization

Cost: \$60.00

Space is limited and you must register to join
If you would like to receive information for our next group please contact:

Kristen English

kenglish@hollandbloorview.ca

416-425-6220 x3541