

# Codesign and usability testing of a disclosure decision aid tool for Canadian autistic youth and young adults

Vanessa Tomas<sup>1,2</sup>, Shaelynn Hsu<sup>2</sup>, Shauna Kingsnorth<sup>1,2</sup>, Evdokia Anagnostou<sup>1,2</sup>, Bonnie Kirsh<sup>1</sup>, Sally Lindsay<sup>1,2</sup>  
 1. University of Toronto, 2. Bloorview Research Institute

## Background

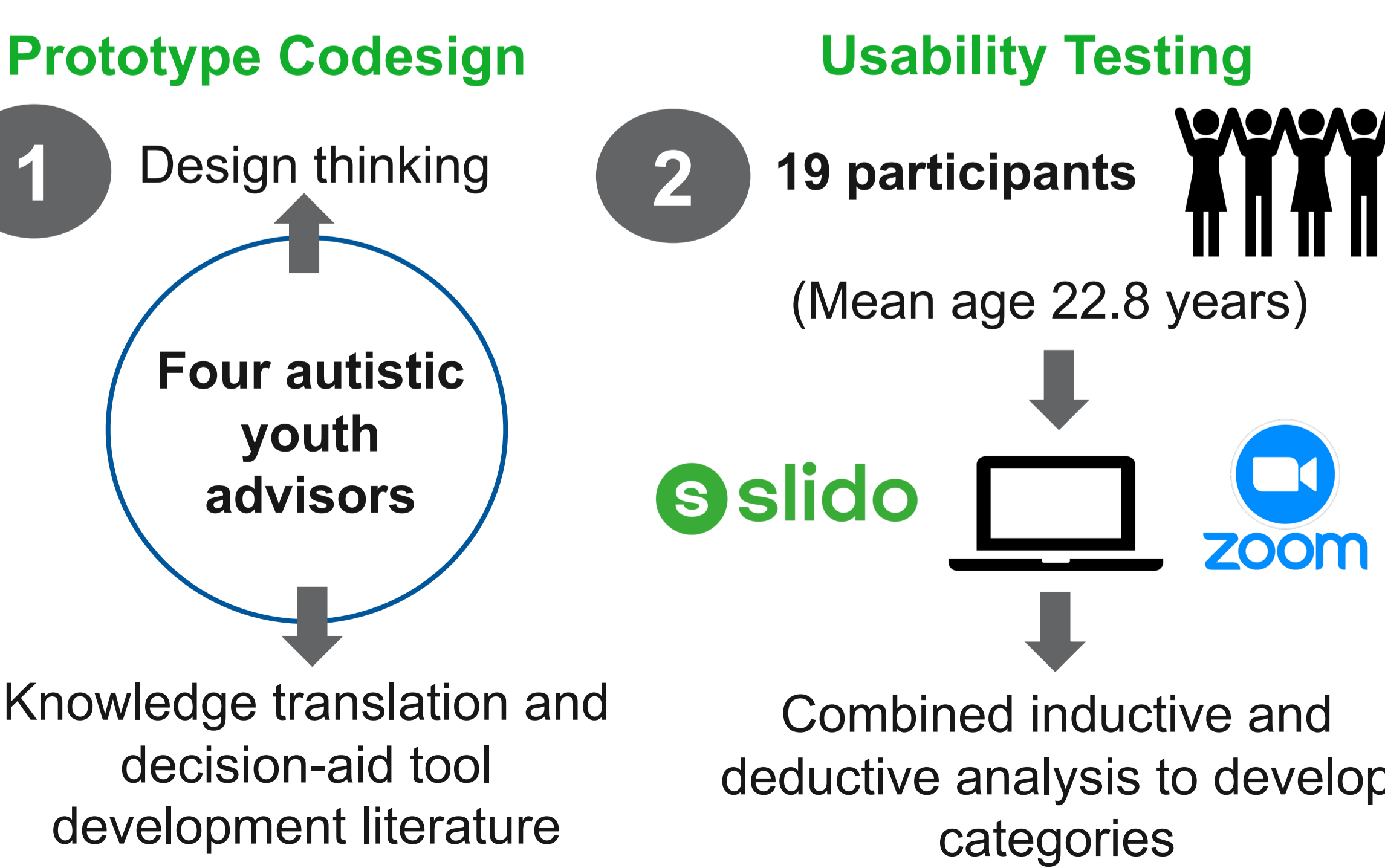


Evidence-based, theoretically informed disclosure-support tools are limited.

## Objectives

1. Codesign a prototype of a disclosure decision-aid tool
2. Explore perceived usability of the prototype (usefulness, satisfaction, ease of use)
3. Understand prototype revisions that are needed

## Methods



# We developed a novel online workplace disclosure decision-aid tool for Canadian autistic youth and young adults using a process that involves knowledge users, codesign principles, and knowledge translation and decision-aid tool literature and recommendations.

**DISCLOSURE**  
DO I START THE CONVERSATION AND LET ON, SPEAK UP AND REVEAL?  
Start Here! Foundational Information

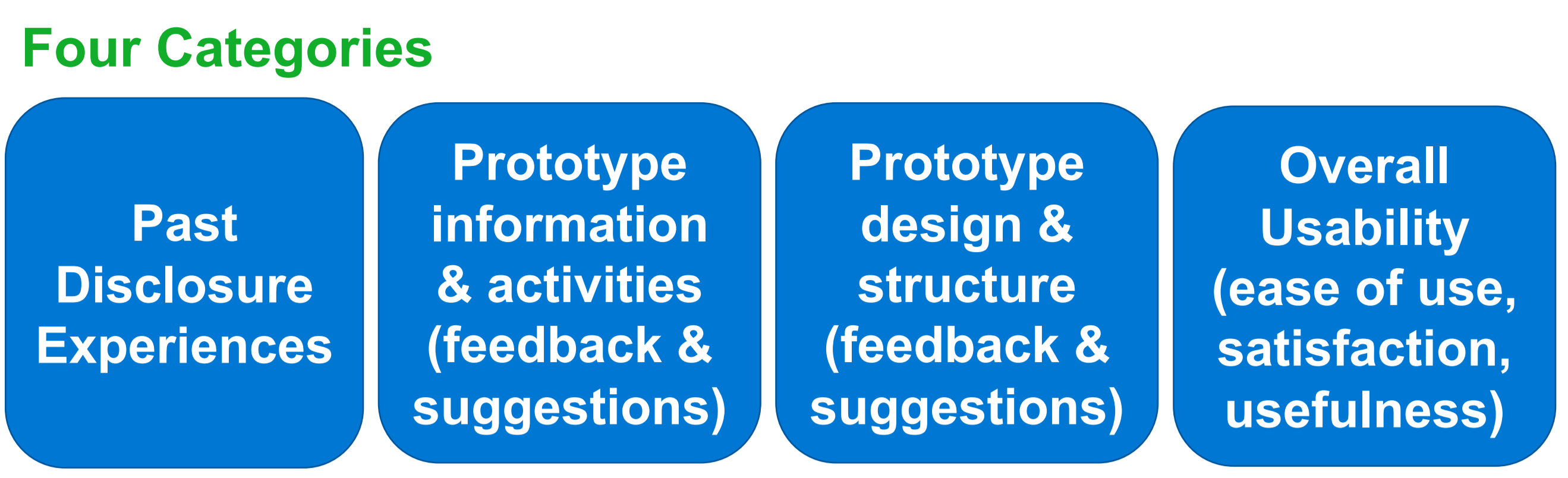
**DISCLOSURE**  
DO I START THE CONVERSATION AND LET ON, SPEAK UP AND REVEAL?  
Learning More and the Practical Considerations

**DISCLOSURE**  
DO I START THE CONVERSATION AND LET ON, SPEAK UP AND REVEAL?  
Optional Activities and Resources

## Questions?

Please email [vtomas@hollandbloorview.ca](mailto:vtomas@hollandbloorview.ca)

## Results

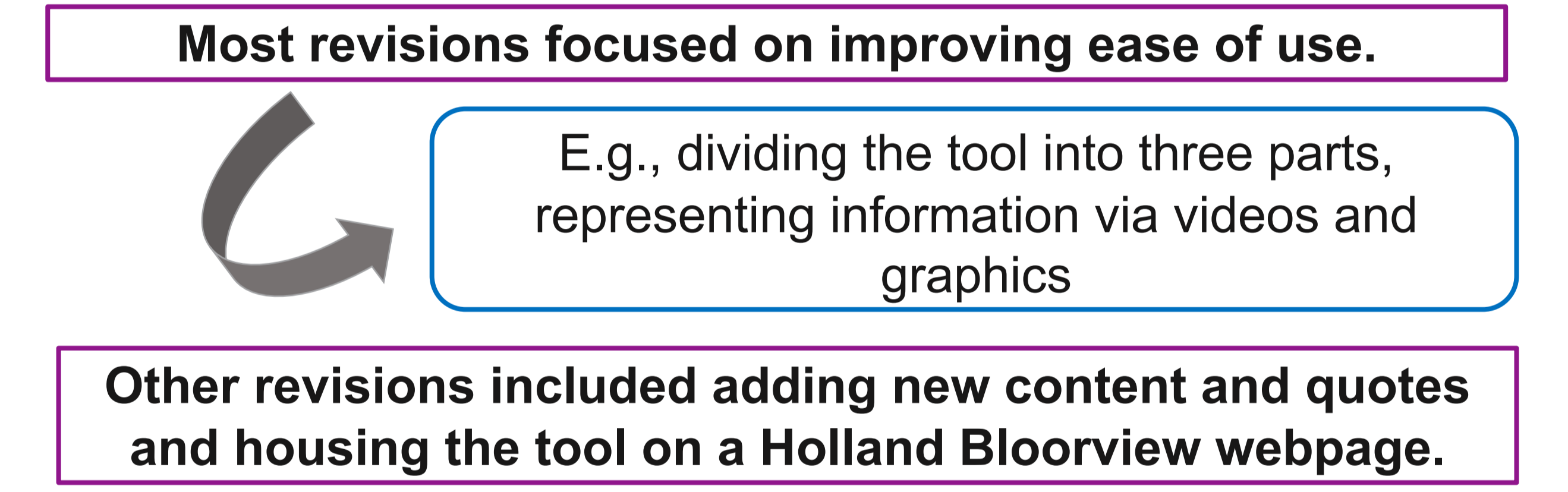


I haven't seen many similar resources for older youth and young adults about disclosure...I think it's approachable and gives a good starting point.

What did you like the MOST about the tool?

- Personal experiences / quotes
- quotes from people
- Important
- the colour scheme
- it's well researched
- check boxes
- the input of autistic youth
- unbiased (tells you the risks)
- it's easy to read
- sample conversations
- unbiased
- conversations
- Pros AND cons
- summary at the end
- pros and cons of disclosing
- Disclosure
- It is kinda important to me.

## Prototype Revisions



## Conclusions & Next Steps

We developed a tool that was perceived positively and may support disclosure decision-making.

The revised tool should be evaluated to assess impact and feasibility.

## Relevance to Holland Bloorview Clients

This tool may help autistic clients make autonomous, confident disclosure decisions at work.

## Acknowledgements

We thank the study participants for their contributions and the four autistic youth project advisors (e.g., **Cameron Lau who is co-presenting**) for their invaluable partnership.