

UNTIL IT DID By Effie Biliris

Sit down, get comfortable, and allow me to share the story of how heartbreak and finding yourself can be a beautifully messy, yet rewarding journey.

People always say, "when you know, you know." This is a phrase I've heard many times before and did not want to believe. It was the fear of past heartbreak and a single friendship that I would do anything to preserve that overruled what the universe had in store. And wow was I in for a rude awakening.

This is where it all begins: the year is 2015 – a time when I thought I had everything figured out. I had an amazing family, great friendships, two college diplomas, a successful job, was living in Toronto, and had (what I thought at the time) a stable relationship. But all it took was one unexpected meeting, in the moonlit hours of 2:00 a.m. on a street corner, for everything to change.