

Holland Bloorview Kids Rehabilitation Hospital	Manual Standard Of Care	Cluster Interprofessional
	Theme Medication Management	Number 00420
Bowel Clean Out Procedure		

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Purpose
<p>The purpose of this standard of care is to provide procedural directions for the administration of either A. Pico-Salax® or B. Polyethylene glycol (PEG-3350)®, for the purpose of cleaning out the bowels of a person with a neurogenic bowel or other clinical indications. It is divided into Part A and Part B.</p>

Standard
<ol style="list-style-type: none"> 1. Obtain an order for the medication. 2. Follow the procedure below identified below. 3. Document the treatment, effectiveness and how the client tolerated the procedure in the electronic health record.

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Procedure:

A.1.Pico-Salax® Background

- The dose is split over two days for younger kids.
- Dose changes based on age.
- In order to replace fluid lost from the body, it is important to drink plenty of clear fluids throughout the treatment with PICO-SALAX®.

Preparation materials

- container
- Measuring cup
- 1 sachet of PICO-SALAX®
- Cold water
- Clear liquids (no milk or juice)

Please click [here to see the Prescribing Information for PICO-SALAX® including the solution preparation instructions and protocol for ages 1-6, 6-12, and adult \(page 9-10\).](#)

A.2.Polyethylene glycol (PEG-3350) Background

- Polyethylene glycol (PEG-3350) is an osmotic agent that does not cause dependency.
- This is a 3 day approach, do not exceed 3 days.
- Dosage changes depending on the client's weight.

Preparation materials

- PEG 3350 (MiraLax ©, Restoralax ©, Lax-A-Day ©)
- Clear fluid

Please click [here for the CHEO Constipation: Caring for children over 6 months of age protocol.](#)

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References

CHEO. (2016). Constipation: Caring for children over 6 months of age. Retrieved from: <https://help.junoemr.com/support/solutions/articles/3000084405-cheo-constipation-caring-for-children-over-6-months-of-age>

Ferring Canada (2019). Bowel Prep Instructions for Adults & Children | PICO-SALAX® CANADA. Retrieved from: <https://pico-salax.ca/instructions.html>

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P & T – March 2020

NPC April 2020

PAC 2020

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