Bowel Clean Out Procedure

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**Purpose**

The purpose of this standard of care is to provide procedural directions for the administration of either A. Pico-Salax® or B. Polyethylene glycol (PEG-3350)®, for the purpose of cleaning out the bowels of a person with a neurogenic bowel or other clinical indications. It is divided into Part A and Part B.

**Standard**

1. Obtain an order for the medication.
2. Follow the procedure below identified below.
3. Document the treatment, effectiveness and how the client tolerated the procedure in the electronic health record.
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Procedure:

A.1. Pico-Salax® Background

- The dose is split over two days for younger kids.
- Dose changes based on age.
- In order to replace fluid lost from the body, it is important to drink plenty of clear fluids throughout the treatment with PICO-SALAX®.

Preparation materials

- container
- Measuring cup
- 1 sachet of PICO-SALAX®
- Cold water
- Clear liquids (no milk or juice)

Please click [here](http://example.com) to see the Prescribing Information for PICO-SALAX® including the solution preparation instructions and protocol for ages 1-6, 6-12, and adult (page 9-10).

A.2. Polyethylene glycol (PEG-3350) Background

- Polyethylene glycol (PEG-3350) is an osmotic agent that does not cause dependency.
- This is a 3 day approach, do not exceed 3 days.
- Dosage changes depending on the client’s weight.

Preparation materials

- PEG 3350 (MiraLax ©, Restoralax ©, Lax-A-Day ©)
- Clear fluid

Please click [here](http://example.com) for the CHEO Constipation: Caring for children over 6 months of age protocol.
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References


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Reviewed and Approved by:

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