

MORE INFORMATION ABOUT THE WORKSHOPS AND EVENTS LISTED IN THIS BROCHURE



FAMILY WORKSHOPS

The Family Resource Centre provides educational workshops for clients with a range of disabilities and their families. Anyone in the community is welcome to attend.



PARENT SUPPORT NETWORK

This is a unique series of events for parents and caregivers to engage in open discussion and provide mutual support. It is open to all caregivers of children and youth living with a disability.



PAPERWORK PARTIES

Staff and family volunteers will share tips and resources to help you fill out applications like SSAH, ACSD and more. Paperwork Parties are a great way to connect with other caregivers and cross something off your to-do list.



FAMILY NAVIGATION HUB WORKSHOPS

The Family Navigation Hub's workshop series aims to share information and resources with families related to social needs such as stable housing, food security, access to childcare and more.



SIBLING SUPPORT PROGRAM

Holland Bloorview's Sibling Support Program is for siblings, ages 7-18, who have a sibling with a disability, complex medical needs and/or dual diagnosis. It gives the siblings the opportunity to relax, unwind and meet peer who might share lived experiences.

Holland Bloorview

Kids Rehabilitation Hospital

Holland Bloorview Kids Rehabilitation Hospital creates a world of possibility by supporting children and youth living with disability, medical complexity, illness and injury.

Holland Bloorview is a top 40 Canadian research hospital that is fully affiliated with the University of Toronto and serves over 7,500 families annually. Providing both inpatient and outpatient services, Holland Bloorview is renowned for its expertise in partnering with clients and families to provide exceptional care and is the only organization to ever achieve 100 percent in two successive quality surveys by Accreditation Canada.

Holland Bloorview is a founding member of Kids Health Alliance, a network of partners working to create a high quality, consistent and coordinated approach to pediatric health care that is centred around children, youth and their families.

Holland Bloorview Kids Rehabilitation Hospital

150 Kilgour Road, Toronto, ON M4G 1R8
Tel: 416-425-6220 Toll-Free: 1-800-363-2440
Fax: 416-425-6591
E-mail: info@hollandbloorview.ca



Virtual Workshops and Events for Families

March 2022 – July 2022



- All family events listed in this brochure are free of charge and held virtually on Zoom.
- Anyone can attend these family events; however parents and caregivers who have children with disabilities have priority.
- Most events require individual registration in advance.
- Family Workshops or Parent Support Network events with fewer than 5 registrations may be subject to cancellation.

ONLINE FAMILY RESOURCE CENTRE



Holland Bloorview's Grocery Foundation Family Resource Centre is a place where you can find information and resources on childhood disability that are helpful to you and your family.

For information on parenting, education, fun things to do, respite, funding and more: www.hollandbloorview.ca/resourcecentre

If you are looking for COVID-19-related resources, visit: www.hollandbloorview.ca/covid-19

For resource consultations, please email: resourcecentre@hollandbloorview.ca

For event descriptions and registrations, scan the QR code below or visit: www.hollandbloorview.ca/familyevents



Holland Bloorview
Kids Rehabilitation Hospital
REVISED MARCH 2022



Many events in this brochure are generously supported by donors and the Holland Bloorview Foundation.

REGISTRATION INFORMATION

To register for family workshops, parent support network, paperwork parties and family navigation hub workshops, visit hollandbloorviewworkshops.eventbrite.ca. To register for Sibling Support Program events, please email siblingsupport@hollandbloorview.ca.

CONTACT INFORMATION

Melissa Ngo
mngo@hollandbloorview.ca
416-425-6220 ext. 6348


Stephanie Moynagh
smoynagh@hollandbloorview.ca
416-425-6220 ext. 6146


Are you Deaf or Hard-of-Hearing and want to reach us by phone? Visit www.bell.ca/Accessibility_services/Bell_TTY_relay_service. Or, if you have a TTY or VCO phone, dial 711 and give the number provided.


Victoria Rombos
siblingsupport@hollandbloorview.ca


Find information on Solution Focused Coaching for families at www.hbhumanistichealthcare.ca


MARCH 2022

 **Parent Support Network's Mindfulness Lunch & Learns With Protibha Gupta:**
Wednesday March 9, 12pm-1pm
Thursday March 24, 12pm-1pm
Contact Stephanie Moynagh (above) for more information.


 **Sibling Support Program**
Special Event - Wednesday March 16
Sibling Support Monthly Session:
March 24, time to be determined based on family availability.
Contact Victoria Rombos (above) for more information.

 **Parent Support Network:**
Let's talk about:
Accepting a New Diagnosis (Open Discussion)
Tuesday March 22, 10am-11:30am
Tea n' Chat follow-up discussion:
Tuesday March 29, 10am-11am
Contact Stephanie Moynagh (above) for more information.


 **Family Navigation Hub Series:**
March of Dimes: Social, Recreation and Accessibility Supports
Wednesday March 23, 10:30am-12pm
Contact Stephanie Moynagh (above) for more information.


 **Paperwork Party: Support with Completing Funding Applications**
Thursday, March 24, 5:30pm-7pm
**Participants are strongly encouraged to view 'Part 1 - Funding Overview' video before attending in order to maximize the benefits of this workshop. To access the video and more information, visit www.hollandbloorview.ca/familyevents and click on the tab 'Paperwork Parties'.*
Contact Melissa Ngo (above) for more information.

APRIL 2022


 **Parent Support Network:**
Let's talk about:
Approaches to Picky Eating
Wednesday April 6, 11am-12:30pm
Contact Stephanie Moynagh (above) for more information.


 **Family Navigation Hub Series:**
Community Kitchens with FoodShareTO
Wednesday April 6, 4pm-5pm
Wednesday April 13, 4pm-6pm
Wednesday April 27, 4pm-6pm
Wednesday May 4, 4pm-6pm
Wednesday June 1, 4pm-5pm
Contact Stephanie Moynagh (above) for more information.


 **Family Workshop: Sibling Panel**
Thursday April 7, 5:30pm-7pm
Contact Melissa Ngo (above) for more information.


 **Sibling Support Program**
Thursday April 21, time to be determined based on family availability.
Contact Victoria Rombos (above) for more information.

MAY 2022


 **Family Workshop: Planning for Transitions Panel**
Thursday May 5, 5:30pm-7pm
Contact Melissa Ngo (above) for more information.


 **Family Navigation Hub Series:**
SSAH & ACSD Funding Workshop
Tuesday May 10, 10:30am-12pm
Contact Stephanie Moynagh (above) for more information.


 **Parent Support Network:**
Let's talk about:
Sleep Strategies (Open Discussion)
Tuesday May 17, 6:30pm-8pm
Contact Stephanie Moynagh (above) for more information.


 **Sibling Support Program: Movie Night**
Thursday May 19, time to be determined based on family availability.
Contact Victoria Rombos (above) for more information.

JUNE 2022


 **Sibling Support Program**
Special Event - Wednesday June 8
Sibling Support Monthly Session: June 16, time to be determined based on family availability.
Contact Victoria Rombos (above) for more information.

 **Family Workshop: Guardianship, Privacy, and Consent**
Presenter: Elizabeth Legge, Pro Bono Ontario Triage Lawyer
Thursday June 9, 5:30pm-7pm
Contact Melissa Ngo (above) for more information.

 **Parent Support Network:**
Toileting Strategies
Tuesday June 14, 10:30am-12pm
Contact Stephanie Moynagh (above) for more information.

 **Family Navigation Hub Series:**
Housing Workshop
June 22, 10:30am-12pm
Contact Stephanie Moynagh (above) for more information.

JULY 2022

 **Parent Support Network:**
Newcomer Support & Connection
Tuesday July 12, 6:30pm-8pm
Contact Stephanie Moynagh (above) for more information.