BACKGROUND

- Sexuality-related conversations with young people with disabilities should begin early in childhood
- Healthcare providers often feel ill-equipped to initiate sexuality-related conversations
- Previous research raised a need for more resources

OBJECTIVE

• To identify the characteristics of resources that are important for fostering meaningful conversations about sexuality between healthcare providers and young people with disabilities

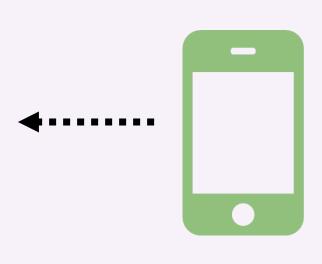
METHODS

- Three two-hour workshops were conducted virtually via Zoom
- Informed by human centered design, each workshop consisted of two small group activities:
- 1. Participants shared stories about delicate conversations they had that far exceeded their expectations
- 2. Participants generated ideas for innovative resources to help have effective conversations about sexuality

RESULTS

- 12 participants attended one of three workshops (healthcare providers n=6, young adults n=4, parents n=2)
- Findings were translated into a youthfriendly and accessible infographic that captured the participants' needs and ideas for creating effective resources
- Resources are currently being created and will be evaluated



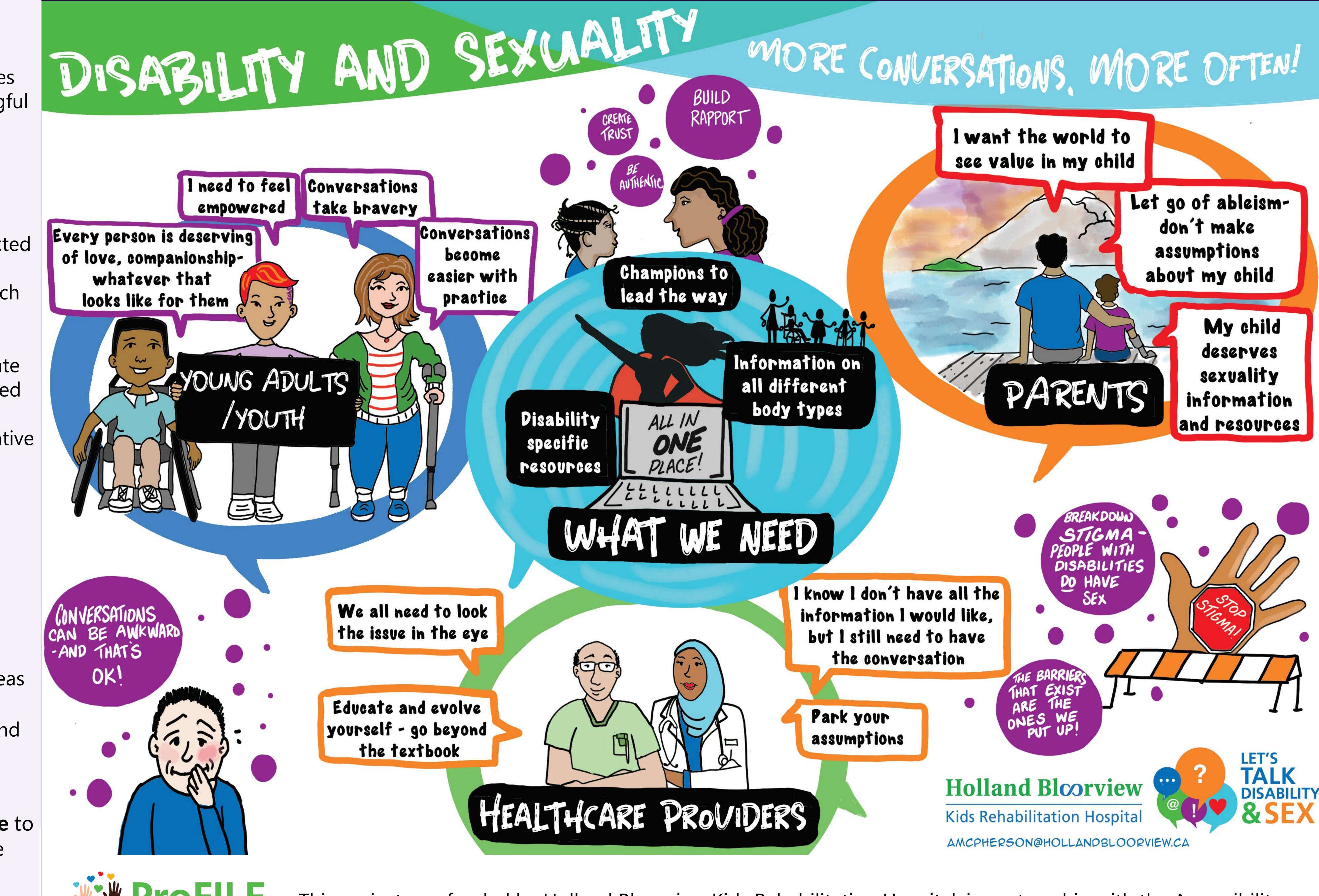


Take a picture to download the infographic

Disability and sexuality: More conversations more often!

Future of Inclusive

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