

FREE PROGRAM

Virtual Sibling Support Program

Holland Bloorview's Sibling Support Program will give siblings, ages 7-18, the opportunity to relax, unwind, meet peers who might share lived experiences. It will provide a safe space to talk about what it's like to be a sibling of someone with a disability. The program is open to any child who has a sibling with a disability, complex medical needs and/or dual diagnosis.

PROGRAM INFORMATION:

Holland Bloorview's Sibling Support Program will be held once a month, **virtually through Zoom**, on the following dates:

- Thursday, October 21st, 2021 TIME TBD
- Thursday, November 18th, 2021 TIME TBD
- Wednesday, December 8th, 2021 – Special Event*
- Thursday, December 16th, 2021 TIME TBD
- Thursday, January 20th, 2022 TIME TBD
- Thursday, February 17th, 2022 TIME TBD
- Wednesday, March 16th, 2022 – Special Event*
- Thursday, March 24th, 2022 TIME TBD
- Thursday, April 21st, 2022 TIME TBD
- May 2022 – Sibling & Parents Workshop TBD
- Thursday, May 19th, 2022 TIME TBD
- Wednesday, June 8th, 2022 – Special Event*
- Thursday, June 16th, 2022 TIME TBD

Time will be determined for each session using a Doodle Poll.
Zoom links will be sent out via email on the day of each session.

This program is accessible to ALL siblings, families do not need to be clients of Holland Bloorview to attend.

*Special Event dates are a new addition to the Sibling Support Program calendar for more casual and less structured events such as Movie nights or Games/Trivia nights. They will be held on Wednesday nights every 3 months in addition to monthly program sessions.



Registration for the Sibling Support Program will open **14 days before** the listed program date.
Registration closes 48 hours prior to the program date.

- To register Parents/Guardians/Members of your child's care team/Clinicians can submit a referral form through REDCap using this link:
<https://redcap.hollandbloorview.ca/surveys/?s=YDRR9LJYLW>
- Once the form has been completed and submitted, the Sibling Support Program Coordinator will call families to follow up and complete a profile about the Sibling attending the program and confirm their spot. Full intakes will only need to be done once. **Please e-mail to request a spot for each month individually.**

If you require special accommodations or have questions, please contact Victoria Rombos at siblingsupport@hollandbloorview.ca