

We invite you to participate in a research study called:

# Understanding the Sexuality of Youth with Physical Disabilities using Art (SYDA)



[sydastudy.com](http://sydastudy.com)

## Study Investigators:

Maddy Giles and  
Drs. Amy McPherson  
and Dionne Gesink

**We encourage youth from all backgrounds, orientations, & regions to participate (such as youth of colour, youth who identify as LGBTQ+, youth from rural areas, etc.)**

Ethics approval from  
University of Toronto  
(REB# 39835) and  
Holland Bloorview  
(REB# 0119)

Version Date:  
June 25, 2021

**Are you a young person with a physical disability who wants to talk about sexuality? If so, do you want to participate in our online research project?**

## What is this study about:

We want to know about the physical, mental, and sexual wellbeing of youth with physical disabilities. We hope to discuss how youth with physical disabilities think and feel about their sexuality. These experiences are important and may help improve programs about sexuality for youth with disabilities.

## Who can participate?

Any youth between the ages of 13-21 who identify as having a physical disability, live in Ontario, & have access to a computer with internet.

## What's involved?

- Virtual art sessions that ask about sexuality.
- How many sessions are involved? Three
- How long will each session take? The first two sessions are two hours each. The third session is thirty minutes. Total of four and a half hours.
- What will we do? An art activity called body mapping
  - Body mapping is creating a map in the shape of a person. This is a way of expressing your thoughts and feelings through art.

## Potential Benefits?

You will help us understand the experiences and needs of youth with physical disabilities around sexuality. Study results can help create programs and resources for youth with disabilities.

## Potential Risks?

You may experience a range of emotions during the study depending on your life experience. We will support you through these emotions.

Participation is completely voluntary – you can withdraw at any time.

Participants will be compensated for their time.

**Please email Maddy if you are interested in participating or want to learn more!**

Maddy Giles  
[madison.giles@mail.utoronto.ca](mailto:madison.giles@mail.utoronto.ca)



UNIVERSITY OF TORONTO  
DALLA LANA SCHOOL OF  
PUBLIC HEALTH

**Bloorview**  
RESEARCH INSTITUTE