The **ASD FEED-Ed** hub was developed for information purposes only. Always consult your health care provider if you have a medical emergency, require consultation, diagnosis and/or treatment.

Words and language matter, to clearly communicate one’s intent and meaning. Throughout our videos, you may hear and see phrases or words that refer to behaviours and autism spectrum disorder. To ensure that we convey our intent clearly we have explained these terms below:

**Challenging behaviours vs behaviours that challenge**

We have intentionally used the term ‘challenging behaviours’ for brevity. We acknowledge that some people may prefer the term ‘behaviours that challenge’. Either way, we want to underscore that we are referring to behaviours (actions) and we are not suggesting that any person is inherently problematic or needs to be “fixed”. When behaviours are challenging, we look to the context (the environment) for change.

**Person-first language vs Identity-first language**

We acknowledge that individuals use both person-first and identity-first language when referring to the individuals in the autism community. We have used both forms of language throughout the content of our ASD FEED-Ed webpage: video, written resources, descriptors. We respect the diversity within the autism community and identify autism spectrum disorder as a brain-based neurodevelopmental disorder with varying abilities and not as a disease.