

FREE VIRTUAL  
WORKSHOP

Holland Bloorview  
Kids Rehabilitation Hospital

# Siblings and Parents Q&A

Siblings of people with disabilities need support too!

This virtual Sibling Question and Answer Workshop is *only* for siblings of people with disabilities (7 years old and up) and their parents!

## Attendees will:

- Meet a panel of 4 adult siblings who have a brother/sister/sibling with a disability. Their sibling might use various mobility aids, equipment, communication strategies, devices and/or writing aids
- Have the opportunity to join our **Sibling Q&A** (for siblings ages 7+) or **Parent and Older Sibling Q&A** to ask questions to the adult sibling panel, who will share their experiences and stories with the group

## Topics include:

- How siblings felt when their brother/sister/sibling was diagnosed
- What siblings learn from their brother/sister/sibling with a disability
- What siblings worry about, or how the future might look
- How best to support siblings, including advocacy support
- How they support their sibling during COVID-19

**Date and time:** Wednesday, May 12, 2020, 4pm – 6pm

**Location:** On Zoom – attendees will receive a link upon registration

**All attendees must register online** at: [https://siblings\\_parents\\_qanda.eventbrite.ca](https://siblings_parents_qanda.eventbrite.ca)

## Schedule:

4pm-4:15pm – Welcome and Panel Introductions

4:15pm-4:30pm – Breakout Rooms with younger Siblings and Adult Siblings

4:30pm-5pm – Q&A with Siblings (ages 7+)

5:05pm-6pm – Q&A with Parents and Older Siblings (ages 16+)

If you require special accommodations or have questions, please contact  
Steph Moynagh at [smoynagh@hollandbloorview.ca](mailto:smoynagh@hollandbloorview.ca).

Holland Bloorview Kids Rehabilitation Hospital

150 Kilgour Road, Toronto ON Canada M4G 1R8 T 416 425 6220 T 800 363-2440 F 416 425 6591 [www.hollandbloorview.ca](http://www.hollandbloorview.ca)

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