**Disability and Sexuality**

**More Conversations, More Often!**

**WHAT WE NEED**

- **Young Adults/Youth**
  - We need to feel empowered.
  - Conversations take bravery.
  - Conversations become easier with practice.

- **Disability specific resources**
  - All in one place!

- **Information on all different body types**

- **Champions to lead the way**

**Healthcare Providers**

- **We all need to look the issue in the eye**
- **Educate and evolve yourself - go beyond the textbook**
- **I know I don’t have all the information I would like, but I still need to have the conversation**
- **Park your assumptions**

**Parents**

- **I want the world to see value in my child**
- **Let go of ableism - don’t make assumptions about my child**
- **My child deserves sexuality information and resources**

**Conversations can be awkward - and that’s OK!**

**Breaking down stigma - people with disabilities do have sex**

**Stop stigma!**