



### Principal Investigator:

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### CONTACT INFORMATION:

**“TO ASK QUESTIONS OR TO SIGN UP,**

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Date Posted: 25/02/2021

Version Date: Version 3  
(10/12/2020)

“Is your child/youth diagnosed with Avoidant/Restrictive Food Intake Disorder (ARFID) and Autism Spectrum Disorder (ASD)? Consider participating in a research study to identify feeding treatment targets through a multidisciplinary assessment.”

### What is this study about:

- We are trying to understand the clinical presentation of ARFID in the presence of ASD.
- We hope to identify treatment targets and connect parent/caregiver and you/child/youth to supports within the community.

### Who can participate?

“We are looking for...”

- Children 3-17 years of age
- Diagnosed with ASD
- Diagnosed with ARFID

### What’s involved?

You/your child will undergo a feeding and behaviour assessment at the hospital. Then a treatment plan to address you/your child’s feeding challenges will be created.

- Each session will last up to 2 hours
- Follow-Up will be delivered through videoconferencing from the hospital to your home at a time convenient to the family.

### What are the benefits of participating?

- Feedback about your/your child’s/youth’s feeding skills and progress.
- Opportunity to ask questions about your/your child’s/youth’s feeding behaviour.
- Contribute to our understanding of feeding challenges in autism spectrum disorder.

### What are potential risks?

There is a potential risk of you or the child/youth being distressed during the behaviour assessment. The therapist will discontinue the assessment if you or the child/youth is experiencing distress.

REB #: 3199