

COVID-19 at Holland Bloorview - Links and FAQ

This document contains key links and answers to the most common questions regarding COVID-19 at Holland Bloorview. If you have additional questions, please speak to your manager or email covid19@hollandbloorview.ca.

Key Links

[Coming to work and self isolation flowchart: What should I do if...](#)

[Working remotely during a pandemic](#)

[Working from home: Ergonomics and tips](#)

[Screening form](#)

Latest town halls: [October 1, 2020](#) and [October 15, 2020](#)

[Wellness initiatives and resources](#)

[Return to the workplace space guidelines](#)

[IPAC recommendations for increasing activity](#)

[Other staff resources](#)

Top Questions

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What is our contact tracing process?

At Holland Bloorview, contact tracing is initiated once occupational health and/or infection prevention and control learns of a confirmed COVID-19 positive staff member, patient or family caregiver.

While honouring the affected individuals' confidentiality/privacy, staff who have been in direct contact (not wearing appropriate PPE, were standing closer than two metres of the individual for longer than 15 minutes, had contact with bodily fluid/droplets, etc.) will be notified by occupational health and informed of next steps, including testing.

Part of contact tracing is determining where the affected individual was in the facility **48 hours** prior to the onset of symptoms. In the case of clients that are in isolation, there is a log sheet outside of the client's room to help us identify staff and caregivers who may have had contact with the client.

What is the staff masking policy?

It is a province-wide policy that people must wear masks while indoors. As such, all staff, students and volunteers will be required to wear a mask as soon as they enter the hospital. Staff who have difficulty wearing a mask should contact occupational health for guidance.

The mask you wear when you enter the hospital can be cloth or medical; the mask you wear after you've been screened depends on your role and location in the hospital, and should be switched out, as appropriate, following proper sanitization at that time. A mask will be provided to you at screening if needed.

What is the masking policy for visitors, family caregivers and clients?

All visitors, including inpatient and outpatient families and clients are required to wear a mask. Masks can be cloth or medical. For those without masks, we will continue to provide them at screening.

Clients over the age of six years who are willing and able can/should wear masks.

We also have an excellent inventory of cloth masks that have been provided by the community, available at main reception.

Scenarios where removing masks may be possible for family caregivers if physically distanced from others by two metres:

- Inpatient room (i.e. when eating or sleeping)
- Family lounges on the third floor
- Cafeteria
- Reflection Room
- Bathroom
- Outside (i.e. Spiral Garden, outdoor terraces on the third floor)

Physical distancing is not required between family caregivers and their loved one unless if/when they are receiving aerosol generating medical procedures.

What is our screening policy?

All staff, volunteers, learners, clients and families are asked to use the main hospital entrance for screening. Bloorview School Authority staff and clients are using the BSA entrance for screening.

Masks must be worn prior to entering the hospital. When entering the main lobby between 6 and 10 a.m., staff will be directed toward specific booths in the atrium to minimize contact with clients and family caregivers. After 10 a.m., booths 1 and 2 will be used for clients, and booth 3 will be used for staff.

Staff and students can access our network to self-screen by completing a [screening form](#) via HB Connect every seven days and attesting that if they develop any COVID-like symptoms or their answers to the screening questions change over the seven days, they'll contact occupational health and their manager immediately.

As a general safety measure, all staff MUST wear their Holland Bloorview ID badge at all times.

What is the physical distancing recommendation?

The general rule is: please book a space large enough to ensure physical distancing of at least two metres can be maintained. If physical distancing is not possible, then wearing masks/PPE allows clients and staff to be in closer contact.

Staff should continue to consider room size and physical distancing. For example, the gymnasium would have a larger occupancy number, as it has the space to accommodate more people with physical distancing, compared to a smaller therapy room. We continue to ask clinicians and staff to use their best judgement on size maximums and space.

When having meals in the cafeteria or anywhere else in the building, leave an empty chair between yourself and the person sitting next to you.

How do I exit the building?

To exit the building, use the door by the pool window on Level 1. The main doors can be used at any time as an accessible exit or for Wheel-Trans pick up or drop off. Follow the signs from main reception.

What is our visitor policy?

Indoor family visits can be scheduled on Tuesdays, Wednesdays, Thursdays, weekends and statutory holidays. Families should speak to their clinical care team to arrange. Additionally, indoor visits can be booked online through the [Pick-A-Time scheduler](#).

Multiple visits per week can be booked, and exceptions to have visits outside of designated time can be requested by speaking to your clinical care team.

Which programs are running/on pause?

For details on specific programs, please speak with program leads and managers. Here is a list of [departmental contact numbers](#). Or, use the "find a person" feature on HB Connect.

Is the pool open for use?

The pool is open for staff swims on designated days. Please visit the [events calendar](#) on HB Connect for more information.

Are on-site massages being provided?

Yes, please visit the [events calendar](#) on HB Connect for availability.

Is staff yoga happening?

Staff yoga is not being offered at this time due to City of Toronto restrictions.

Are the gymnasium and fitness centre open for use?

Gymnasium

Staff can access the gymnasium on **Tuesdays between 4 and 5 p.m. on a drop-in basis**. Capacity will be five individuals at a time. Please remember to maintain physical distancing and avoid sharing equipment. This means group games and team sports are not permitted at this time. Please also wash hands upon entrance to the gym and before leaving, complete the sign-in/sign-out sheet and disinfect equipment after use. For more information, please contact [Kristen English](#).

Access to the gymnasium cannot be granted during the day. It is also used by the school, Get Up and Go program and inpatient therapeutic recreation. The traffic flow in and out of these client spaces needs to be considered.

Staff fitness centre

Effective October 16, the staff fitness centre will be closed until further notice. This decision was made in accordance with the Ontario government's implementation of new public health measures for Toronto, Peel and Ottawa. Staff gym memberships will be placed on hold until the gym is re-opened. We encourage staff to continue to be active through outdoor activities, such as daily walks, runs, yoga in the park or exercising to fitness videos at home. For more information, please contact [Kaley Carveth](#).

I'm returning to work. What's the policy on the use of space and cleaning?

Please visit our [return to the workplace space guidelines](#). Speak to your manager if you have additional questions.

What is our COVID-19 case count?

	STAFF	CLIENT
ACTIVE	0	0
RECOVERED	3	0
TOTAL	3	0