

# Family Resource Centre

## COVID-19 e-letter May 29, 2020

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The information provided in this newsletter is for reference only. It is not intended as a recommendation or endorsement of organizations, news sources, policies or political parties, or as a comprehensive resource list.

## Holland Bloorview Kids Rehabilitation Hospital

- [Webinar: what can I be when I grow up? - June 3](#) (Holland Bloorview Kids Rehabilitation Hospital) Free workshop for parents & caregivers of youth with disabilities (youth 13 years and up, and who are still in high school)
- [HB Alumni Network](#) Holland Bloorview values the experience and insights of clients and families. We want to ensure our connection does not end after clients have been discharged from our hospital. We have developed an alumni network so clients (13+), families, and caregivers can connect, share experiences and help us improve care and services. Click [here](#) to learn more and to register.
- [BLOOM's blog on parenting children with disabilities](#) To subscribe to BLOOM's monthly e-letter, go to the link and scroll down to the blue banner to input your e-mail. [BLOOM Facebook](#)
- [COVID-19: Tip Sheets and Resources](#)

## Keeping connected

- [Deaf Services in Ontario - updates](#) (Bob Rumball Centre for the Deaf)
- [A parent's guide to distance learning and hearing loss](#) (HearingLikeMe.com)
- [FERN group chat for children with social and learning differences age 12 -18 years](#) (Family Education Resource Network)
- [My COVID Disability Q: Canada's New Q&A Hub for Canadians with Disabilities](#)  
A twitter platform for Canadian children and youth with disabilities to ask questions that relate to both their disabilities and the COVID-19 outbreak (CanChild, the Kids Brain Health Network, and the CHILD-BRIGHT Network)



## Webinars/virtual events

- [Self-care: Taking care of the caregivers - June 2](#) (Azrieli Adult Neurodevelopmental Centre)
- [Mobilizing to virtual care: Experience of SickKids Chronic Pain Clinic - June 3](#) Sick Kids Hospital
- [Triple P Parenting sessions - June 1, 8, 15](#) (York Hills Centre for Children, Youth and Families)
- [Webinar series for caregivers to explain how providers can support your child \(and you\) through virtual care - May 27, June 3, June 10, June 17](#) (Exceptional Lives)
- [Introduction to Creating Your Individualized Housing Plan - June 9](#) (Developmental Services Ontario)
- [Wellness Services - June calendar of events](#) (Surrey Place)
- [Podcasts \(recorded\): Mental Health Strategies for COVID-19](#) (The Conference Centre of Canada)

## Summer programs (virtual)

- [Summer camps](#) (Varsity Tutors)
- [Virtual kids' camps and programs](#) (Our Kids)

## Caregiver support (virtual)

- [Weekly webinar for caregivers: SCALE Program \(Supporting Caregiver Awareness, Learning and Empowerment\)](#) The Ontario Caregiver Association
- [Virtual Coffee chats for Dads - June 2](#) (Children's Treatment Network - CTN)
- [Support group for grandparents of children, youth & autistic adults - June 10](#) (Autism Ontario)
- [Virtual Coffee Chat online - June 11](#) (Children's Treatment Network - CTN)
- [Online weekly caregiver support group](#) (Ontario Caregiver Organization)

## Sibling support (virtual)

- [Young Caregiver's online support group \(ages 15 - 25\)](#) (Ontario Caregiver Organization)
- [Remote Young Carers Program Sessions](#) (Young Carers Program)  
Please e-mail [info@hospicetoronto.ca](mailto:info@hospicetoronto.ca) with the subject line "YCP" with any questions or concerns you may have.



## Young Adults/Transitions

- [Tea and Chat with Adult CP hub](#) (Adult Cerebral Palsy Hub)
- [Coffee and Conversation: A free social group for autistic adults 18 years and up](#) (CAMH/Azrieli Adult Neurodevelopmental Centre)
- [Weekly workshops on Zoom](#) (Corbrook/ Awakening Abilities)

## Covid-19 legal and government updates

- [Updates on the law and legal services related to COVID-19](#) (Steps to Justice)
- [COVID-19 updates on supports for people with disabilities](#) (Partners for Planning)
- [ODSP Covid-19 information](#) (Ontario Disability Support Program)

## Other

- [App to self-screen for domestic violence](#) (WithWomen Pathways)
- [NEW: iDetermine - a safe, accessible and private online platform for women and non-binary individuals in abusive relationships](#) (The Redwood Shelter)

*This e-letter belongs to a set of specialized resources for the COVID-19 and Coronavirus outbreak period. If you are looking for other family resources that have to do with childhood disability, please visit [www.hollandbloorview.ca/resourcecentre](http://www.hollandbloorview.ca/resourcecentre)*

Holland Bloorview's Grocery Foundation Family Resource Centre is a place where you can find information and resources on childhood disability that are helpful to you and your family. We have information on: respite, recreation, housing, funding, education, parenting and more. All Holland Bloorview workshops and events are listed on [www.hollandbloorview.ca/familyevents](http://www.hollandbloorview.ca/familyevents) Questions? Please e-mail [resourcecentre@hollandbloorview.ca](mailto:resourcecentre@hollandbloorview.ca)

