

ECHO Ontario Autism – Course Schedule - Cycle 2

Please note that each ECHO Ontario Autism Clinic will be 2-hours long (11:30AM -1:30PM) and will include a didactic presentation (20 minutes), 2 participant-generated case presentations (45 minutes), expert feedback (25 minutes), and group discussion (30 minutes).

Date	Topic
September 17, 2019	<p>What is autism? Presenter: Dr. Jessica Brian-Psychologist <i>This presentation will cover:</i></p> <ul style="list-style-type: none"> • The spectrum of presentations of autism • Core symptoms of autism & the DSM-5 criteria for an ASD diagnosis
October 1, 2019	<p>Surveillance, screening and next steps Presenter: Dr. Melanie Penner-Developmental Paediatrician <i>This presentation will cover:</i></p> <ul style="list-style-type: none"> • outlining the difference between surveillance and screening • guideline recommendations in Canada • understanding different ASD screening tools available and developing an approach to using them in your practice • what to do if there are developmental concerns identified
October 15, 2019	<p>ASD Diagnosis Part 1: history and collateral information Presenter: Dr. Melanie Penner-Developmental Paediatrician <i>This presentation will cover:</i></p> <ul style="list-style-type: none"> • How to introduce the ASD diagnostic assessment • What questions to ask to elicit ASD symptoms • Other essential components of the history • Strategies for collecting collateral information from daycare, schools, and other relevant people & places
October 29, 2019	<p>ASD Diagnosis Part 2: observation, interaction, and physical examination Presenter: Dr. Melanie Penner-Developmental Paediatrician <i>This presentation will cover:</i></p> <ul style="list-style-type: none"> • Strategies for getting good observations throughout the assessment • Tips & tricks for informal interactions to elicit ASD symptoms • Important aspects of the physical examination
November 12, 2019	<p>ASD Diagnosis Part 3: formulation, feedback and next steps Presenter: Dr. Melanie Penner-Developmental Paediatrician <i>This presentation will cover:</i></p> <ul style="list-style-type: none"> • How to prepare for the diagnostic feedback session • Balancing a structured approach and responding to family needs during the feedback • The 6 steps after diagnosis to connect to relevant information, resources, and funding

November 26, 2019	<p>While you wait: what parents can do at home... Presenter: Dr. Jessica Brian-Psychologist <i>This presentation will cover:</i></p> <ul style="list-style-type: none"> • The benefits & caveats of parent-mediated intervention • How to help parents: build social routines to foster relationships and promote social-communication; manage repetitive play and intense interests; and build and expand on their child’s interests
December 10, 2019	<p>A Pediatrician’s BEST guide to extreme picky eating in kids with ASD Presenter: Moira Pena-Occupational Therapist <i>This presentation will cover:</i></p> <ul style="list-style-type: none"> • Understand developmentally appropriate picky eating and problematic or extreme picky eating (EPE) in kids with autism spectrum disorder (ASD) • Identify factors that contribute to extreme picky eating and nutritional deficiencies in children with ASD • Understand BEST intervention strategies to support a child’s successful participation in mealtimes and foster adequate nutritional intake
January 7, 2020	<p>Guiding Families in accessing ABA and other behavioural services Presenter: Erica Laframboise-BCBA <i>This presentation will cover:</i></p> <ul style="list-style-type: none"> • Basic principles of Applied Behaviour Analysis (+ABA vs. IBI) • What to look for in a behaviour therapist • Setting goals • Accessing a therapist for challenging behaviours
January 21, 2020	<p>Screening for and managing medical comorbidities: seizures, sleep, constipation/GI Presenter: Dr. Evdokia Anagnostou-Child Neurologist <i>This presentation will cover:</i></p> <ul style="list-style-type: none"> • Screening for and managing seizures in children with ASD • Screening, Strategies and treatments to address sleep difficulties • Screening for and managing GI issues
February 4, 2020	<p>School, special education and IEPs: role of the medical provider in supporting parents Presenter: Susan Cosgrove-Family Advisor <i>This presentation will cover:</i></p> <ul style="list-style-type: none"> • The process of special education in Ontario • Ideas of how to support parents through the process • Special needs roadmap & special needs education resources

February 18, 2020	<p>Cultural considerations in working with diverse children and youth with autism and their families Presenter: Dr. Mohammad Zubairi-Developmental Paediatrician <i>This presentation will cover:</i></p> <ul style="list-style-type: none"> • The role culture plays in informing parent/caregiver understanding of child & youth development • How to access best possible information about our diverse children, youth and their families in our practice using autism-focused screening & diagnostic tools • How the language we use in our clinical encounters can help families digest the diagnostic, etiologic and prognostic information we provide
March 3, 2020	<p>Taking a Behavioural History Presenter: Dr. Melanie Penner-Developmental Paediatrician</p> <ul style="list-style-type: none"> • The ABCs of a behavioural history • How to ask about co-occurring conditions • Medical contributors
March 17, 2020	<p>ADHD and ASD Presenter: Dr. Evdokia Anagnostou-Child Neurologist <i>This presentation will cover:</i></p> <ul style="list-style-type: none"> • Screening, assessment, and diagnosis of ADHD in a child with ASD • A review of interventions (behaviour & medications)
March 31, 2020	<p>Anxiety, Depression and ASD Presenter: Dr. Evdokia Anagnostou-Child Neurologist <i>This presentation will cover:</i></p> <ul style="list-style-type: none"> • Overview of anxiety and anxiety disorders in children with ASD • Differentiating symptoms of ASD from the symptoms of anxiety • A review of appropriate treatments as well as the role of medication in the management of anxiety and anxiety disorders
April 14, 2020	<p>Irritability and ASD Presenter: Dr. Evdokia Anagnostou-Child Neurologist <i>This presentation will cover:</i></p> <ul style="list-style-type: none"> • Risk factors for irritability • Assessments and interventions for irritability • Pharmacologic treatment and prescribing considerations • CAMESA Guidelines for monitoring medications

<p>April 28, 2020</p>	<p>ASD and puberty Presenter: Dr. Melanie Penner-Developmental Paediatrician <i>This presentation will cover:</i></p> <ul style="list-style-type: none"> • How do puberty and sexuality differ in ASD compared to typical development? • What are the key pieces of anticipatory guidance for puberty? • Guidance around masturbation • Management of menstruation
<p>May 12, 2020</p>	<p>Transition to adulthood for youth with ASD Presenter: Dr. Ullanda Niel-Family Physician <i>This presentation will cover:</i></p> <ul style="list-style-type: none"> • How and when to begin planning for transition • Best practice guidelines • Developmental disabilities primary care initiative (DDPCI) healthcare transition tool • Developmental Services Ontario (DSO) application process