

# Participate in Research

## Transition to Rehab: Parents' Experiences and Needs



**Principal Investigator:**  
Marilyn Ballantyne

**Centre for Leadership:**  
Child Development



Do you have a child with cerebral palsy who was born preterm? Consider participating in our study.

### What is this study about:

- We want to learn about your experience when you transitioned to rehab at Holland Bloorview after learning that your child has CP
- We also want to know what could have helped make the transition process easier

### Who can participate?

Parents (legal guardians) of children with cerebral palsy who:

- a. were born preterm
- b. have received rehabilitation/ developmental services at Holland Bloorview Kids Rehabilitation Hospital

### What's involved?

If you choose to participate, a member of our team will ask you to complete a questionnaire and take part in a 30-60 minute interview. The interview can be in person or over the phone, whatever is most convenient for you. We will talk about your transition experience.

### Potential Benefits?

- The information obtained will be used to help create or improve programs to make the transition to rehab easier and potentially reduce other parents' stress and anxiety during this time

### Potential Risks?

- Likely no risks or discomforts
- Some questions in the interview can potentially cause feelings of sadness or discomfort
- Participation in this study may cause you some inconvenience because of the 30 to 60 minute time commitment

Participants will receive a \$25 gift card as a small token of appreciation to thank them for their time.

### CONTACT INFORMATION:

To ask questions or to sign up, contact:

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Canada's Only Hospital-Based  
Childhood Disability Research Institute

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Kids Rehabilitation Hospital