Holland Bloorview
Kids Rehabilitation Hospital

HollandBloorview
Kids RehabilitationHospital
150 Kilgour Road
Toronto ON Canada M4G 1R8
T 416 425 6220
T 800 363 2440
F 416 425
6591www.hollandbloorvi
ew.ca

A teaching hospital fully affiliated
with the University of Toronto

Respite Services

BEFORE completing our respite application form, please review our criteria to make sure that our services are appropriate for your child.

Overnight Respite	**Day Respite**
• Child must require care from a nurse or physician Child must have: • Significant limitations to mobility (e.g. require wheelchair or mobility device much of the time) ***- and -*** • Dependence on medical equipment or technology (e.g. enterostomy tube, tracheostomy, oxygen, ventilation) ***- and/or –*** • Requirement of skilled medical treatments (e.g. multiple medication administration, tube feeds, suctioning)	• Must have a complex physical disability and developmental delays. Priority is given to children who require nursing support • Children with a primary diagnosis of Autism are not eligible. Children with a ***secondary*** diagnosis of Autism may be eligible • Child must be comfortable and be able to be successful in a group environment • Maximum 1:1 support is available for children who require this

If your child meets these guidelines, please complete the application form and return it by mail, fax or in person to:

Holland Bloorview Kids Rehabilitation Hospital
Attention: Respite Services
150 Kilgour Rd. Toronto,
ON M4G 1R8
Fax: 416-422-7036

Questions? Please contact:
Robyn Sanford
Program Lead Respite Services
(416) 425-6220 ext. 6406
rsanford@hollandbloorview.ca

Holland Bloorview
Kids Rehabilitation Hospital

RESPITE REQUEST APPLICATION FORM: OVERNIGHT/DAY

Please complete all sections of this form to ensure prompt processing within the requested period.
NOTE: This information will be shared with Holland Bloorview staff as required

Overnight Respite ☐	**Day Respite** ☐	Both ☐
For Office use only **Date received**:____________ (DD/MM/YYYY)	This form to be completed each calendar year and updated for changes of information by families.	Date last updated: ____________ (DD/MM/YYYY)

Section A – General Applicant Information

To be completed in pen by a family member or health care professional. Please print legibly.

CLIENT DATA:

Client Name:

____

Surname *First Name* *Middle Initial*

Date of Birth:________________________ ☐ Male ☐ Female
Day / Month / Year

Is an interpreter required? ☐Yes ☐No what Language: ________________

C lient Address:________________________City:________________

Province:________________Postal Code:________________

Tel.: ________________________

Health Card Number:________________________Version Code: ____________

Client lives with: ☐ Both parents ☐ Father ☐ Mother ☐ Guardians ☐ Independent ☐ Group Home ☐ Other

PARENT(S) OR GUARDIAN(S):

Mother/ Guardian:

____

Address:____

Email:____

Tel. (home):________________Tel. (work):________________Tel. (cell): ________________

Father/ Guardian:

Address:____

Email:____

Tel. (home):________________Tel. (work):________________Tel. (cell): ________________

PRIMARY CARE PHYSICIAN:

Name: ____

Address:____

Tel.: ____

Fax: ____

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Holland Bloorview
Kids Rehabilitation Hospital

Client Name: ____
Surname First Name Middle Initial

Section B – Client History

Primary Diagnosis:

Secondary Diagnoses:

Please list any allergies:

Treatment for allergies, e.g.; EpiPen, Medication (dosage, route etc.)

Overnight hospital admissions within the last 6 months
Yes ☐ No
if yes, please state reason:

last time hospitalized:

Immunization up to date: Yes No

Had Chicken Pox: Yes No
Vaccinated against varicella? ☐ 1 shot ☐ 2 shots

Overnight Respite requested

Day Respite requested
Circle one or both: Sundays March Break

In case of Emergency

Emergency Contact's Name: ____

Relationship: ______________________________

Address: ____

Email: ____

Tel. (home): __________________ Tel. (work): __________________ Tel. (cell): __________________

Section C – Medical Information: Seizures, Medication

Does your child experience seizures: Yes No
If yes please fill out section below:
Does your child have a Vagal Nerve Stimulator (VNS)? Yes No

SEIZURE TYPE, FREQUENCY, TRIGGERS, PATTERN **Description, please include any known triggers**	TREATMENT	DATE OF LAST SEIZURE Day/Month/Year

Holland Bloorview
Kids Rehabilitation Hospital

Client Name: ______________________________
Surname First Name Middle Initial

Medication

Please include all medications (including over the counter), Please print.

Scheduled Medications

Medication Name	Strength	How Much	How often	Route	Instructions/Reason for taking
Example: My Drug	20mg	2 tabs	8:00am	By mouth	High Blood pressure

As Needed/Unscheduled Medications

Medication Name	Strength	How much	How often	Route	Special instructions/Reason for taking
Example: My Drug	100mg	2 tabs	Every 6 hours	G-Tube	For pain or fever.

Please note these medications will be reviewed prior to admission, and on the day of admission. At Holland Bloorview we are committed to medication safety, all medications must be brought in their original containers.

Section D - Behaviour/Coping Patterns

Co-operative				
Agitated:	Nighttime (inpatient)	Daytime		
Aggressive	Verbally	Physically	To self	To others
Exit-Seeking				
Triggers:	Noise	Light	Frustration	Other:
Wanders				
☐ Withdrawn				

Holland Bloorview
Kids Rehabilitation Hospital

Client Name: ____
Surname *First Name* *Middle Initial*

Section E – Communication / Hearing / Vision

(a) Does your child wear hearing aids? ☐ Yes ☐ No
(b) Does your child have speech difficulties? ☐ Yes ☐ No

IF YES to (a) or (b) above, how do they communicate?:
☐ Verbal ☐ Symbol or picture board ☐ Sign language
☐ Other (specify):

☐ able to state needs ☐ communicates with difficulty ☐ unable to communicate ☐ communication devices utilized
Describe:

Vision: ☐ Adequate ☐ Impaired ☐ Blind ☐ Glasses
Describe:

Section F – Mobility Devices

Does your child: ☐ Walk independently ☐ Walk with assistance

Does your child use an assistive device: ☐ Yes ☐ No

IF YES, which of the following do they use:

☐ Cane ☐ Crutches ☐ Walker ☐ Orthotics ☐ Manual Wheelchair ☐ Electric Wheelchair

☐ Stroller: type:__________________ ☐ Other:___________________

IF THEY USE A WHEELCHAIR, are they able to walk to some extent with assistance?: ☐ Yes ☐ No

Do you consider your child to be at a higher risk for falling?: ☐ Yes ☐ No
(e.g. has fallen in the last three (3) months as a result of diagnosis – poor balance, dizziness, etc.)

For safety reasons, if your child's equipment requires repair during their respite stay, you will be notified and asked to provide alternate equipment or to contact your child's equipment vendor to make a repair. Holland Bloorview staff are not permitted to use unsafe equipment. If replacement equipment is not provided and/or repair is not authorized, this may limit your child's engagement in programs and activities.

Section G – Activities of Daily Living and Personal Care Requirements

Please indicate the level of assistance that your child requires for each of the activities below.
Accuracy in filling out this section is essential to the planning of his/her care.

Task	Total Assistance	Some Assistance	No Assistance	Comments
Eating	☐	☐	☐	
Washing hands	☐	☐	☐	
Dressing	☐	☐	☐	

Holland Bloorview
Kids Rehabilitation Hospital

Client Name: ____
Surname *First Name* *Middle Initial*

Task	Total Assistance	Some Assistance	No Assistance	Comments
Mobility	☐	☐	☐	
Showering (inpatient only)	☐	☐	☐	
Toileting	☐	☐	☐	
Transferring: On and off the toilet	☐	☐	☐	
In and out of a wheelchair	☐	☐	☐	

IF YOUR CHILD NEEDS ASSISTANCE WITH TRANSFERRING, please indicate your preferred method:

☐Hoyer ☐ 2-person transfer ☐1-person transfer

☐Independent

☐Sliding board transfer

☐Sling Used (if checked- please bring to respite visit)

Weight in:

Pounds : ___________lbs

Kilograms:__________kg

Diet/Eating

☐Regular texture

☐Special:

____

☐ G-Tube

☐NG Tube

☐ GJ Tube

Tube size:

Type and amount of feeding/formula:

☐ Difficulty chewing

☐ Difficulty swallowing

☐ Bottle fed

☐ Total Parenteral Nutrition (TPN)

Other (cultural/religious diet implications):

Elimination

Bowel	Bladder	Requires	Uses
☐Full control ☐Occasionally incontinent ☐Incontinent ☐Colostomy bag ☐Toilet Training	☐Full control ☐Occasionally incontinent ☐Incontinent ☐Catheter routine Type/size:_______ Times: __________ ☐Drainage condom _________________	☐ Diapers/briefs: size:_____________ Type:____________ ☐ Other:	☐Toilet ☐Commode chair ☐Change Table

Holland Bloorview
Kids Rehabilitation Hospital

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Section H - Special Needs

Overnight Respite	Day Respite
☐ Ventilator: ☐24 hours ☐Nighttime only ☐ Oxygen ☐ Suctioning: ☐ tip ☐deep ☐ Tracheostomy ☐ PICC line (Peripherally Inserted Central Catheter) ☐ Central Venous Line: ☐Internal ☐External ☐ Peripheral IV ☐ TPN ☐Dialysis ☐Monitor ☐Other:	☐ Suctioning: ☐Tip ☐ Oxygen ☐Tracheostomy ☐Other:
Please describe support needed:	*Please describe support needed:*

Skin Condition: Overnight Respite Only

☐ Normal ☐ Wound/Incision (s) ☐Burn ☐Stoma Care ☐Other:

Describe:

Section I – Safety/Sleep

Overnight Respite Only		Overnight and Day Respite
☐ Type of bed: ______________ ☐Bed rails ☐ Rail padding ☐Dome over bed ☐Climbs out of bed	Sleep: ☐Sleeps most of night ☐Awakens frequently Night care routines: ☐Daytime naps Comments:	☐Physical restraints e.g: elbow splints, mitts Please describe: ☐Anti-tip bars on wheelchair ☐Helmet ☐Other:

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Client Name: ______________________________
Surname First Name Middle Initial

Section J – Cancellation Policy

If your cancellation is due to child's illness, you will be reimbursed fully.
Outpatient cancellations may be subject to a processing fee.

Section K - Verification and Signature

I verify that the information that has been given in this application is complete and accurate to the best of my knowledge. I provide consent for the assigned nurse and staff, to administer medication and perform any other procedures or treatment, as directed above, to my child during their respite stay. I will provide up-to-date information regarding treatment or contact information as needed.

Signature:	Date: Day/Month/Year:

Please return this form by mail, fax or in person:

Mail: Holland Bloorview Kids Rehabilitation Hospital
Attention: Respite Services
150 Kilgour Rd.
Toronto, ON M4G 1R8

Fax: 416-422-7036

Registration Voice Mail: 416-753-6066

For inquiries:
Overnight respite: Robyn Sanford 416-425-6220 x6406
Day respite: Avni Shah 416-425-6220 x 3317

Please note that submitting an application does not guarantee acceptance.