Admission to Complex Transitional Care At Holland Bloorview

Refer to Holland Bloorview when a child with medical complexity and their family are expected to benefit from rehabilitation enroute to home/ community. Child must be < 19 years of age and be on a care pathway that meets at least one criterion from EACH of the following:

<table>
<thead>
<tr>
<th>Tech. Dep.</th>
<th>Medical Fragility</th>
<th>Complexity</th>
<th>Chronicity</th>
</tr>
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<tbody>
<tr>
<td>Child has prolonged dependence on medical devices</td>
<td>Acute-on-chronic illness or failure of technology puts the child at immediate or increased medical risk</td>
<td>Family requires support to achieve knowledge, skills and confidence in providing for their child healthcare needs</td>
<td>Child’s condition is expected to last for many months</td>
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<td>Necessitates around-the-clock monitoring for maintenance of medical stability</td>
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**Common Indications for Referral**
- Child would benefit from habilitation and rehabilitation &/ or,
- Child & family require teaching/ training RE medical management and rehab &/ or,
- Child & family require support with acclimatization to medical technology &/ or,
- Child & family would benefit from a stepwise re/integrating to home/ community

**Requirements for Admission**
- Child is medically stable (i.e. first tracheostomy change completed, stable ventilator settings)
- Nursing needs do not exceed a 2:1 ratio
- Monitoring requirements do not exceed continuous HR, O2, RR
- If indicated, IV administration of nutrition/ therapeutics is via central line (PICC & or CVL)

**Be Sure to Consider...**
- TPN via CVL can be supported but Home-TPN teaching is not currently available
- Onsite access to diagnostic testing, blood work & select intervention is limited
- Currently no 24/7 on-site physician

To support smooth transitions, further discussion with the team is required when: (A) The discharge destination or disposition to home/ community is unclear, (B) Daily blood work or other frequent diagnostic intervention is required, (C) Child has psychiatric history requiring ongoing treatment and or mental health supports.

**Ready to Refer?**
Please contact your Transitional Care Coordinator to initiate a referral (see hollandbloorview.ca for Medical Referral Form)

**Need Further Discussion?**
Consider booking a Quick Consult by contacting Holland Bloorview’s Transition Coordinator at 416-753-6030 or cruelens@hollandbloorview.ca (Quick Consults Held Every Tuesday 11 –11:15 am)