

Bridging to Adulthood Tips: Interpreter Resources for Adult Healthcare

As adulthood approaches, youth with disabilities often start to receive services at new agencies and community organizations. As well, young adults with disabilities may start taking more responsibility for filling out their own forms, applications and paperwork. Below are some options if you are looking for interpreter services to help with appointments or paperwork. Resources are for Ontario, Canada.

Options for Language Interpretation Services

- **Ask the new hospital, clinic or service if they can set up a free interpreter for your appointment(s).** Ask that your preferred language and interpretation needs be put on your file.
- Use the Connectability.ca website to find [free interpreter services](#) in Toronto.
- Search the Find Services for Me search at <https://settlement.org/> to find “Settlement Services” in your area that offer free language interpretation.
- Use the 211 Ontario website to find [interpreter/translator services](#) in your area.
- Use the government of Ontario’s website to learn more about [ASL interpreting](#) services for adults who are deaf or hard of hearing.
- Contact the CNIB to learn more about [Intervenor Services](#) paid for by the Ontario government for adults who are Deafblind.
- Contact Communication Disabilities Access Canada to learn more about [Communication Assistants](#) and [Communication Intermediaries](#) for individuals who use Augmentative and Alternative Communication (AAC).

The information provided in this handout is for reference only. It is not intended as a recommendation or endorsement of specific programs, or as a comprehensive resource list.

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