

What is AAC?

AAC stands for augmentative and alternative communication. It refers to tools and strategies that can enhance speech or provide a completely different means of communication.

AAC can be aided (i.e., using a tool) or unaided (i.e., no tool needed), such as sign language or gestures. The truth is we all use some AAC. We text, type, write and use gestures. Additional tools, such as communication devices, books or apps, can provide a means of communication for individuals who are unable to speak or for whom speech is not always their primary mode.

