



Group Virtual Events


to help youth and families/caregivers
prepare for life after high school


Open to all families/youth in Toronto with a disability and/or special education needs

Join us for:

- Information! Learn about a topic, resource or service
- Peer mentoring! Learn from a youth or family who has done it before
- Action! Take a practical step

Dates:	Session Partner:	Learn about: (see additional information below this calendar)	Register here:
March 2023			
Wednesday March 15, 2023 10:30AM- 12:00PM	Ontario Disability Support Program (ODSP) Income Supports 	<ul style="list-style-type: none"> • ODSP income supports (if not already connected) from the agency and a Family Leader • How to start the application For youth + parent/caregiver	March 15, 2023 REGISTRATION LINK
Friday March 17, 2023 1:00 – 2:00PM	Welcome to Transitions Pop-Ups	<ul style="list-style-type: none"> • This Pop-Up can introduce the various supports and connect you with coaching around how to take the next steps For youth + parent/caregiver	March 17, 2023 REGISTRATION LINK
Monday March 20, 2023 6:00-7:30PM	Personalized Transition Plan	<ul style="list-style-type: none"> • How to start to develop your own Personalized Transition Plan to adulthood • The Holland Bloorview Transition Team will provide coaching as you start For youth + parent/caregiver	March 20, 2023 REGISTRATION LINK
Wednesday March 29, 2023 7:00-8:15PM	Life After High School 	<ul style="list-style-type: none"> • Learn about resources, programs and supports available as youth transition from high school For youth + parent/caregiver	March 29, 2023 REGISTRATION LINK

Dates:	Session Partner:	Learn about: (see additional information below this calendar)	Register here:
April 2023			
Wednesday April 5, 2023 6:00-7:30PM	Organize my Health Information	<ul style="list-style-type: none"> • Create a personalized binder with a health summary and learn to pull your medical records on-the-spot <p>For youth + parent/caregiver</p>	April 5, 2023 REGISTRATION LINK
Monday April 10, 2023 4:30-6:30PM	Yorktown Family Services (YFS) – Connect 4 	<ul style="list-style-type: none"> • An in-person Transition Pop-Up event. An inclusive youth program empowered by youth! Join us for social programming developed around your interests and goals. Meet other youth and sign up for future social programming <p>For youth 12-25 years old</p>	April 10, 2023 REGISTRATION LINK
Wednesday April 12, 2023 4:00-5:00PM OR Friday April 21, 2023 1:00-2:00PM	Welcome to Transitions Pop-Ups	<ul style="list-style-type: none"> • This session introduces you to various pop-up sessions and connects you with coaching around how to take the next steps <p>For youth + parent/caregiver</p>	April 12, 2023 REGISTRATION LINK April 21, 2023 REGISTRATION LINK
Friday April 14, 2023 1:00-2:30PM OR Monday April 17, 2023 6:00-7:30PM	Personalized Transition Plan	<ul style="list-style-type: none"> • How to start to develop your own Personalized Transition Plan to adulthood • The Holland Bloorview Transition Team will provide coaching as you start <p>For youth + parent/caregiver</p>	April 14 REGISTRATION LINK April 17, 2023 REGISTRATION LINK
Wednesday April 19, 2023 10:30AM-12:00PM	Ontario Disability Support Program (ODSP) Income Supports 	<ul style="list-style-type: none"> • ODSP income supports (if not already connected) from the agency and a Family Leader • How to start the application <p>For youth + parent/caregiver</p>	April 19 REGISTRATION LINK

Dates:	Session Partner:	Learn about: • (see additional information below this calendar)	Register here:
May 2023			
Wednesday May 3, 2023 6:00-7:30PM	Organize my Health Information	<ul style="list-style-type: none"> • Create a personalized binder with a health summary and learn to pull your medical records on-the-spot For youth + parent/caregiver	May 3, 2023 REGISTRATION LINK
Friday May 5, 2023 1:00-2:30PM	Personalized Transition Plan	<ul style="list-style-type: none"> • How to start to develop your own Personalized Transition Plan to adulthood • The Holland Bloorview Transition Team will provide coaching as you start For youth + parent/caregiver	May 5, 2023 REGISTRATION LINK
Wednesday May 10, 2023 12:00-1:00PM	Connecting with Primary Care	<ul style="list-style-type: none"> • Why it's important to have a primary care provider • Options for finding primary care in Ontario For youth + parent/caregiver	May 10, 2023 REGISTRATION LINK
Wednesday May 10, 2023 6:00-7:00PM	Transition to Adulthood Resources with ConnectABILITY.ca 	<ul style="list-style-type: none"> • Relevant community transition to adulthood resources • Tour the website & hear a family member's personal experiences For youth + parent/caregiver	May 10, 2023 REGISTRATION LINK

Virtual events details

- These events are co-hosted by Holland Bloorview Kids Rehabilitation Hospital in partnership with other organizations
- You must register at least 48 hours in advance

Additional details about the webinar topics:

About ODSP Income Supports

ODSP provides monthly income support payments to eligible Ontario residents who are 18+ and have a disability that results in a substantial restriction in the person's ability to work, care for self, or take part in community life. This session may be useful to you if you:

- Are looking to apply or re-apply to ODSP and would like 1:1 coaching with the online application
- Want to learn more about how ODSP determines financial eligibility
- Need information about ODSP's other health, disability and employment supports
- Are working or want to work in the future and are not sure if you will need ODSP Income Support

- Want to know how working would affect your ODSP income support payments (if you apply and are eligible)

* We strongly recommend youth participate with a parent or support person, or welcome family members and support people to attend on their own.

About Welcome to Transitions Pop-Ups

- Connect with Holland Bloorview Transitions Staff to learn about what supports are available
- Receive 1:1 coaching from staff and/or healthcare students to explore what resources will best support your goals
- Sign up for other resources and/or supports

About Personalized Transition Plan

Work on your own Personalized Transition Plan document with Transition Team members and other families transitioning to adulthood. 1:1 coaching from staff and trained healthcare students is available as needed

About Life After High School

- This workshop is geared toward youth who are on diverse high school pathways including: students taking non-credit courses, on a certificate stream or in a special education program
- Hear from staff, families and partners as we discuss related online community resources, accessing employment supports and other learning options and programs.

About Organizing my Health Information

Having your information organized and easily accessible is important for your transition to adult services and can support your wellbeing. Learn about Health Information Management and from family mentors.

About Yorktown Family Services (YFS) – Connect 4

This Transition Pop-Up event is a monthly drop-in session to Yorktown Family Services' weekly, Connect4 Youth Mentorship Program. Programming includes topics around goal setting related to education, employment, community engagement, engaging with other youth, and more! Youth can sign up on the spot for future Connect 4 events or other programs ran through Yorktown family services.

About Connecting with Primary Care

In Ontario, many paediatric health centres discharge the child at their 18th birthday. Primary care (i.e. Family Doctor or Nurse Practitioner) helps you manage new (non-emergency) or on-going conditions. Primary care is important to have as a youth transitions to adulthood to support with areas such as:

- Ontario Disability Support Program (ODSP) medical paperwork

- Managing chronic conditions
- Prescriptions
- Routine screenings and check-ups
- And more

* We strongly recommend youth participate with a parent or support person, or welcome family members and support people to attend on their own.

About Transition to Adult Resources with ConnectAbility.ca

ConnectABILITY is a website and virtual community dedicated to lifelong learning and support for people who have an intellectual disability, their families and support networks. It provides accessible, self-directed access to valuable information and tools, ready on demand. Take a guided tour of the website's resources and features for connecting with others. Hear from a family's experience of transition to adult life.