

# DISABILITY AND SEXUALITY

MORE CONVERSATIONS, MORE OFTEN!

**YOUNG ADULTS / YOUTH**

I need to feel empowered

Conversations take bravery

Every person is deserving of love, companionship- whatever that looks like for them

Conversations become easier with practice

**WHAT WE NEED**

CREATE TRUST

BUILD RAPPORT

BE AUTHENTIC

Champions to lead the way

Disability specific resources

ALL IN ONE PLACE!

Information on all different body types

**PARENTS**

I want the world to see value in my child

Let go of ableism- don't make assumptions about my child

My child deserves sexuality information and resources

CONVERSATIONS CAN BE AWKWARD - AND THAT'S OK!

We all need to look the issue in the eye

Educate and evolve yourself - go beyond the textbook

**HEALTHCARE PROVIDERS**

I know I don't have all the information I would like, but I still need to have the conversation

Park your assumptions

BREAKDOWN STIGMA - PEOPLE WITH DISABILITIES DO HAVE SEX

STOP STIGMA!

THE BARRIERS THAT EXIST ARE THE ONES WE PUT UP!