6 things you should know about concussions

Concussion is **Concussion symptoms** a brain injury. are more than just physical. They can be mental, emotional or behavioural. A child's brain is still developing and **Most concussions** requires a unique resolve quickly, however approach to care. 30% of people have symptoms that last longer than 4 weeks. You can have a concussion without losing consciousness. It's essential for optimal recovery to rest your mind and body.

Holland Blcorview
Kids Rehabilitation Hospital

Concussion Centre Trusted experts in youth concussion

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