



Holland Bloorview

Kids Rehabilitation Hospital

Music and arts

Fall, winter and spring

SEPTEMBER 2019 – JUNE 2020



Music and art programs

We offer music and art programs for children and youth with special needs, up to the age of 21. In select programs, siblings are welcome to register in the same program.

- Music: group music therapy, one-to-one music therapy and adapted music education lessons
- Art: group programs include dance, drumming, paint and clay

Please see program information for specific age requirements.

Our staff

All programs are run by certified music therapist and teachers, and professional artists who specialize in designing and leading programs.

Registration process

Print out and complete a registration form, found on our website at www.hollandbloorview.ca/arts and return it by mail, hand delivery or fax. To protect you and your child's personal health information, please do not email the form.

Holland Bloorview Kids Rehabilitation Hospital
c/o Music and Arts
150 Kilgour Rd.
Toronto, ON M4G 1R8
Fax: (416) 422-7037

Season

Fall season:

Classes start week of September 7, 2019

Winter season:

Classes start week of January 6, 2020

Spring season:

Classes start week of April 14, 2020

Registration deadline

August 13, 2019

December 9, 2019

March 17, 2020

Please speak with our Program Administrator or see our registration form for more details as to specific program cost and start/end dates.

TIP: If you intend to register for the entire year (Fall 2019 – Spring 2020), select each season on the registration form. Forms that do not have seasons selected risk losing their scheduled spot.

Meet and Greet visit

The Program Meet and Greet visit is for new (i.e. the child has never participated in a Holland Bloorview art or music program before) participants registering in art programs. All new participants will be scheduled to come in for a visit, meet with our team and see the program space. It's an opportunity for us to provide families with an overview of the program and ensure that we can properly meet your child's needs. These visits help us learn how to provide the best possible experience for your child in our unique program environments.

Group programs and one-to-one support

Group programs have 8 to 12 participants. Participants must be able to successfully participate in a structured group. If a participant requires dedicated one-to-one support, the family will be asked to provide it.

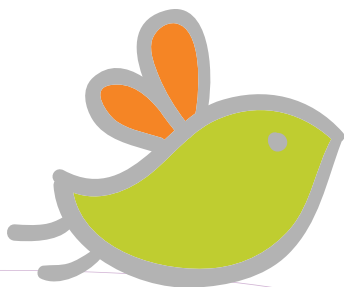
We do not provide one-to-one support for medical or behavioural needs. If one-to-one support is needed, it is the participant's responsibility to make arrangements to schedule and pay for their own worker.

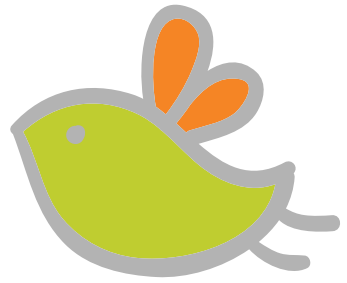
Confirming your child's spot

Submitting a registration form, does not confirm your child's spot. After the registration period closes, you will receive a confirmation and payment receipt/invoice in the mail, or we may call you to find out more specific information about your child. Programs may not run if a minimum enrollment level is not achieved. We will confirm this with you a minimum of two weeks prior to the start of the season. If programs are full, you will be informed that your child is on the waitlist for the next available spot.

New participants

All new participants must attend a Screening Visit for art programs. Please see the Music and Art sections for more information. You will be contacted directly to schedule these, once we receive your registration form.





Cancellation policy

Program cancellations must be received at least two weeks prior to the program start date to receive a refund. A \$50 service charge will be deducted. For cancellations received less than two weeks prior to the program start date, the full cost will be charged.

Please note that one-to-one adapted music education and therapy require 24-hour cancellation notice to reschedule, otherwise the session is forfeit. The sessions must be completed within a single season and cannot be carried over to the next season. At the beginning of a season, the music teacher or therapist will talk to you about options for one make-up session.

TIP: For returning clients, if you are interested in 1:1 and it is not available during the time that you want, try a group program (if available)!

Once enrolled, staff will work with the client and family to ensure their identified support needs are met. However, when all possible options have been exhausted, it may be determined that we are unable to meet their needs and participation in the program is not able to continue. Any decision such as this will be made in collaboration with family, clients, program staff, and the program manager.

Financial assistance

Financial assistance may be available for registered clients of Holland Bloorview. Please contact the Holland Bloorview Warmline at 416-424-3888 or 1-877-463-0365 for more information.

Contact us

If you have questions, please call us at 416-425-6220 ext. 3317 or send an email to musicandart@hollandbloorview.ca.



Music

Music therapy

Welcome to music therapy services! Music therapists promote health and wellbeing through musical play, skill building, and exploration. We offer a range of services including individual therapy, adapted music education, and a variety of group music therapy experiences. Groups provide an opportunity to build friendships, connection, and community. Through music, clients can creatively express build social awareness together in a fun and motivating environment.

Individual music therapy

The individual music therapy program offers customized sessions focused on social, communication, and psychosocial skills.

Age: 0–21

Fall	\$605–\$770 (12–14 weeks)
Winter	\$495–\$660 (9–12 weeks)
Spring:	\$440–\$550 (8–10 weeks)

Group music therapy

Our groups provide an exciting and fun way to make friends, develop music skills, learn about oneself, and communicate with others through music. We have a range of groups for different ages and needs.

Music Together® within therapy group*

This integrated group is designed for young children, siblings and their parents to help children with special needs communicate, improve focus, self-control and interact with family members and peers in a safe and rewarding music therapy setting. The program fee includes a course book to guide families with how music and movement can promote health.

Age up to 7	Saturdays 10:00– 10:45 am	Fall	\$380–\$440 (12–14 weeks)
	Wednesdays 11:00 am – 11:45 am	Winter	\$345–\$380 (11–12 weeks)
	1:00 pm–1:45 pm	Spring	\$250–\$315 (8–10 weeks)
		Sibling involvement: \$105 per child	

Accentuate the Positive (formerly Group A & B)

In this group, clients build communication skills and self-awareness in a structured, positive music therapy environment. Our therapists use music in a purposeful and engaging way to accentuate and develop each client's abilities.

Age 7 – 21	Saturdays (Age 7 – 12) 10:00– 10:45 am (Age 13 – 21) 11:00-11:45 am	Fall	\$355–\$415 (12 to 14 weeks)
	Wednesdays (Age 7 – 12) 5:15–6:00 pm (Age 13 – 21) 6:15-7:00 pm	Winter	\$325–\$355 (11–12 weeks)
		Spring	\$235–\$295 (8–10 weeks)

Holland Bloorview Glee

In this music therapy group clients develop vocal skills, explore creative self-expression, and build social skills through singing and movement using popular music and musical theatre repertoire. The last session of each term is open to client families for a demonstration of work accomplished.

Age 7 – 21	Thursdays (Ages 7 – 12) 6:00–6:45 pm (Ages 13 – 21) 7:15–8:00 pm	Fall	\$355–\$415 (12 to 14 weeks)
	Saturdays (Ages 11– 16) 11:00– 11:45 pm	Winter	\$325–\$355 (11–12 weeks)
		Spring	\$235–\$295 (8–10 weeks)

Let's Jam

Clients develop music instrument skills, build friendships, and communicate through music in a band setting. The last session of each term is open to client families for a demonstration of work accomplished.

Age	Tuesdays	Fall	not available
7 – 21	(Ages 7–12) 6:00–6:45 pm (Ages 13–21) 7:15–8:00 pm	Winter	\$325–\$355 (11–12 weeks)
		Spring	\$235–\$295 (8–10 weeks)

Adapted music education

Learn to play an instrument! Choose from a variety of traditional and adapted instruments and innovative music technology. Instruments include: the Virtual Musical Instrument (VMI)*, piano, guitar, voice, violin, percussion and ukulele.

*The VMI is music software developed at Holland Bloorview. The program allows users to see themselves on a TV screen with colourful shapes and objects. When the user creates movement through the shapes on the screen, music is produced.

Age	30 minute time slots Monday to	Fall	\$405–\$515 (11–14 weeks)
4 – 21	Sunday Days/times by request and determined by therapist availability	Winter	\$330–\$440 (9–12 weeks)
		Spring	\$295–\$365 (8–10 weeks)

Holland Bloorview Rocks!

We are offering kids the opportunity to play in a rock band to enjoy music and provide an opportunity to perform on stage! Kids will work with music therapists and volunteers to select and rehearse songs. The program finishes off with an all-out rock concert with special guests and performers, and fans.

Age	Practice:	\$375
9 – 18	Tuesday evenings, September 10 to November 12	(including rehearsal and concert experience)
	Dress Rehearsal (mandatory): November 16 Concert: November 17	



Arts

New participants to arts programs will be scheduled to come in for a Program Meet and Greet visit before being confirmed in a spot.

ArtsXpress

This program for our youngest artists is an opportunity to interact and play through music, visual arts, drama, stories and sensory activities in a warm and nurturing setting.

Age
4 – 12

Saturdays
10:30 am – 12 pm

Fall	\$285 (12 weeks)
Winter	\$190 (8 weeks)
Spring	\$215 (9 weeks)

Paint and clay

Two greats together: ceramics (clay) *and* painting! Artists facilitate painting and ceramics activities in a dynamic environment encouraging individual creativity and imagination in a group setting.

Age	Saturdays
6 – 12	1 – 2:30 pm
Age	Saturdays
13 – 21	3:30 – 5 pm

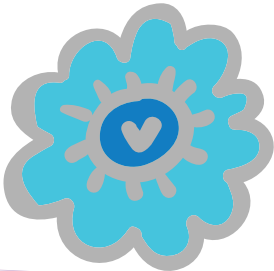
Fall	\$285 (12 weeks)
Winter	\$190 (8 weeks)
Spring	\$215 (9 weeks)

Dance theatre

Engage in playful exploration through movement as a group. Participants explore their own movement and being creative together. Play movement games, make creative choices, find your unique self-expression and join into collective performance activities. Whether you dance all the time or will be trying dance for the first time, this program is for every body.

Age	Fridays
13 – 21	4:30 – 6 pm

Fall	\$285 (12 weeks)
Winter	\$190 (8 weeks)
Spring	\$215 (9 weeks)





March break dance

Act! Sing! Dance! This program will offer dance and movement activities, drama and music and performance opportunities. Join us for a week of creative movement and celebration.

Age 13 – 21	Monday – Friday, 9 am – 4 pm Winter only: March 16–20, 2020	Winter	\$315
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Drum circle

Come together in a circle of rhythm, rhymes, beats, friends and folly. Participants will have the opportunity to play with a range of percussive devices. The program takes place in the studio or outside, with the weather as our guide.

Age 13 – 21	Thursdays 6:30 – 8 pm	Fall	\$285 (12 weeks)
		Winter	\$190 (8 weeks)
		Spring	\$215 (9 weeks)

Kindler project

Join this once-a-year special project for youth and young adults to make music and arts in collaboration with the University of Toronto's Medical School students and Holland Bloorview artists. The season closes with a celebration of this inclusive social opportunity for self-expression through the arts.

Age 17 – 21	Tuesdays 6:30 – 8 pm	Winter	no cost
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About Holland Bloorview Kids Rehabilitation Hospital

Holland Bloorview Kids Rehabilitation Hospital creates a world of possibility by supporting children and youth living with disability, medical complexity, illness and injury. Holland Bloorview is a top 40 Canadian research hospital that is fully affiliated with the University of Toronto and serves over 7,500 families annually. Providing both inpatient and outpatient services, Holland Bloorview is renowned for its expertise in partnering with clients and families to provide exceptional care and is the only organization to ever achieve 100 per cent in two successive quality surveys by Accreditation Canada. Holland Bloorview is a founding member of Kids Health Alliance, a network of partners working to create a high quality, consistent and coordinated approach to pediatric health care that is centred around children, youth and their families. For more information or to donate, please visit hollandbloorview.ca or connect on Twitter, Facebook, Instagram, LinkedIn and parent–blog BLOOM.



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A teaching hospital fully affiliated
with the University of Toronto

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