### Other Perks for HB Staff



As a small token of our appreciation, CPAs across the province want to contribute their professional expertise to help prepare frontline healthcare workers' 2019 taxes. In keeping with social distancing guidelines, there will be no face-to-face meetings – CPAs will receive all documentation electronically. For more information, <u>click here</u>.



## Priority Access to Healthcare workers at Loblaws stores

If you bring your Holland Bloorview ID card, you will get priority

entrance to Loblaws supermarkets and drugstores.



TORONTO DON VALLEY HOTEL & SUITES AN URBAN RESORT

#### Toronto Don Valley Hotel & Suites - \$60 room rates for HEROES

The Toronto Don Valley Hotel & Suites located at 175 Wynford Drive (Don Valley Parkway & Eglinton Ave East) has set aside an entire floor for our HEREOS on the front lines at a special rate of \$60 per night. Doctors, nurses, hospital staff, paramedics, police officers, firemen and women, emergency responders, we are here for you. Simply come to the front desk, and state you are on the front lines, and we will ensure a room with

bottled water, and a warm bag of fresh popped butter popcorn are ready and waiting for you. From our staff to yours we thank you for all you are doing to combat the corona virus.

Accounting for Bravery

**Holland Bloorview Kids Rehabilitation Hospital** 

150 Kilgour Road, Toronto ON Canada M4G 1R8 T 416 425 6220 T 800 363 2440 F 416 425 6591 hollandbloorview.ca



### CAA - Support for our healthcare workers and first responders.

Those working on the front lines of this crisis have enough to worry about, and we want to make sure they are able to get to and from work safely. We are now offering them free roadside assistance in Ontario

during this crisis. If you work in a hospital or health care centre, or as a first responder for emergency services, you can request CAA Roadside service by calling \*222 or 1-800-222-4357. This free service is currently being offered to Members and non-Members alike. If you are a Member and a healthcare worker or first responder, these calls will not be counted on your Membership



#### Free 90 day Peloton trial

Explore an expansive, ever-growing library of live and on-demand studio classes taught by world-class instructors. Immerse yourself in our breathtaking studio experience anytime you want. Find a

new favourite class just around the corner. https://www.onepeloton.ca/app



### **fitbit** Free Premium Fit Bit Access for 90 days Given the current circumstances, we know how hard it is to focus

on your health and wellness. But staying active, eating nutritious

foods, sleeping well, and managing stress are critical to boosting your immunity and your mood. To help support you, Fitbit is offering 40 new pieces of Premium content free in the Fitbit app. In addition, anyone new to Fitbit Premium can get a 90-day free trial of this paid subscription, which includes personalized health insights, health guidance, advanced sleep tools, customized programs, and 150+ workouts from fitness brands like barre3, Daily Burn, POPSUGAR, and Yoga Studio by Gaiam, to help you stay active at home. If Premium isn't available in your region, and you haven't tried Fitbit Coach yet, we're offering a 90-day free trial, so you can stream video workouts on your phone or computer. To access Premium or Coach, all you have to do is visit the Fitbit app.

#### Holland Bloorview Kids Rehabilitation Hospital



#### Subsidized accommodations for healthcare workers who need to self-isolate

StayWell Charity says front-line health workers have expressed concern about passing on the virus to their own family members and have apartments and hotel rooms to house health-care workers who

need to isolate from their families. The rooms will be as much as thousands of dollars cheaper than they would be at market prices. To learn more, please click <u>here</u>.



# Free ¼ chicken & fries from Nando's to healthcare workers

Nando's is committed to bringing hot catered meals to hospitals near every Nando's in Canada once a day. And providing free meals to anyone with a valid hospital ID. <u>https://www.nandos.ca/stand-together</u>

X
777
R

#### Free small pizza for frontline healthcare workers

Starting today, front line service men and women, such as : nurses, paramedics, and doctors will get 1 free small pizza through our curbside pick-up service. Stay Safe Everyone!! Much Love!! The Maker Pizza Team



#### Free coffee, tea, or pop

We are doing our part to say thank you to those working day and night to combat the virus. Along with offering free coffee, tea, and polar pop to our frontline store employees, we are also giving it free

to first responders and health care workers. https://www.circlek.com/covid19

Holland Blcorview

### **paramount** 50% of your meal for frontline healthcare workers

Paramount wants to send a huge thank you to all our frontline caregivers for working tirelessly in the fight against COVID-19. All frontline caregivers will receive 50% off their meal when they call their nearest location to place an order for takeout. It's our small way of saying thank you.



### Free McDonald's medium coffee for healthcare workers and EMS

To our health care workers and emergency services personnel, we can't thank you enough for your efforts. Your medium McCafé Premium Roast Coffee or Tea is on us. Available in drive-thru at participating restaurants in Canada.



### Free tall coffee from Starbucks for frontline healthcare workers

From now through May 3, any customer who identifies as a front-line responder to the COVID-19 outbreak will receive a tall brewed coffee (hot or iced) at no charge.

If you are aware of any other perks or offers that are available to Holland Bloorview staff which can be included in this list, please contact <u>humanresources@hollandbloorview.ca</u>.