

Participate in Research

An Occupation-Based Approach to Rehabilitation of Youth with Persistent Post-Concussion Symptoms



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CONTACT INFORMATION:

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HAVE YOU HAD A CONCUSSION? HAVE YOU HAD POST-CONCUSSION SYMPTOMS FOR MORE THAN 3 MONTHS?

What is this study about?

We want to test a research intervention for treating post-concussion symptoms in youth. We do not know if this approach will work. That is why we are doing this research study. This study will help us develop approaches to caring for youth after concussion and helping them return to the activities that are important in their lives (sport, school, social life).

Who can participate?

Male and female youth between the ages of 10-18 years who have had a concussion and have experienced post-concussion symptoms for longer than 3 months, and their parents.

What's involved?

This research will involve three visits to Holland Bloorview Kids Rehabilitation Hospital Concussion Research Centre and ten therapy sessions at other locations (your home and community). The intervention sessions are provided by a research occupational therapist. Sessions can be scheduled at a time that is convenient. Participants will complete a series of brain and body fitness tests, will learn ways to manage activities and symptoms and will be asked to share their opinion about this intervention. More information is available in the informed consent letter about this study.

Potential Benefits/Risks?

This research may help us find better treatments and information to help other children after they have had a concussion.

Fatigue and increase of post-concussion symptoms may occur during completion of some of the procedures involved during the study. Some questions asked may be of a sensitive nature. Participants can stop taking part in the study at any time.

Participants will receive a \$10 gift card at each visit to Holland Bloorview (\$30 in total). Parking will be reimbursed when visiting Holland Bloorview.