

# Referral Criteria - Brain Injury Rehab Team (BIRT) Outpatient Concussion Services Ambulatory Care

It is important to seek medical help as soon as possible following a concussion. If symptoms **persist for 4 weeks**, and your child is **unable to return to full workload** at school or **unable to return to sports**, a family physician may refer them to our BIRT outpatient services for **consultation**. Concussion services offered may include medical follow up, occupational therapy, physiotherapy and social work. Services are individualized and depend on your goals or priorities. We also offer concussion education through [Concussion and You](#).

In order to be eligible for this service a **Physician referral is required** and the client must meet **all** of the following criteria:

- Live in the Greater Toronto Area where similar services are not available
- Is between the ages of 3 months and 18 years
- Has a diagnosis of a concussion
- Is **4 weeks post-concussion** with persistent concussion symptoms and unable to return to school or sports
- Is willing to participate in setting goals with the support of the rehab team
- Has family members willing to become involved in the therapy process

***\* The client/family must be aware of the referral***

Please use the referral form online at: [hollandbloorview.ca/referrals](http://hollandbloorview.ca/referrals)

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