

# Snoezelen workshops and consultation

[snoezelen@hollandbloorview.ca](mailto:snoezelen@hollandbloorview.ca)

Need ideas on how to get started with the development of a Snoezelen room or how to maximize your existing Snoezelen/multi-sensory environment (MSE) space? Require professional input and suggestions? We can visit your facility to discuss in more detail or facilitate a session here at Holland Bloorview.

**Please note: No in-person workshops will be offered until further notice. We are assessing the situation on an ongoing basis and will make a decision based on guidelines offered by hospital, provincial and local health authorities.**

<b>Consultation:</b>	\$110/hour
<b>Workshop (virtual):</b>	\$500 CAN + HST (90 minutes) Includes handouts and additional resources specific to group's needs.

## Workshop topics (content can be modified based on learning needs)

### 1. Putting the “sense” in sensory

- Sensory processing and sensory diets

### 2. Putting snoezelen into practice

- Role of the facilitator: How to set a client up for success
- How to use the room with a client: indicators of client engagement, assessment during intake, during session, post-session

### 4. Activities in the snoezelen environment

- Using the equipment in the room

### 5. Snoezelen at home – creating a sensory space

- Ideas around equipment and recommendations, sensory spaces on a limited budget

For more information, please contact:

Lorraine Thomas, M.A., Snoezelen Coordinator, [lthomas@hollandbloorview.ca](mailto:lthomas@hollandbloorview.ca)