

Are you a parent of a child or youth with Spina Bifida?
Consider participating in a research study about mental health and wellness in children and youth with Spina Bifida

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TO ASK QUESTIONS OR TO SIGN UP, CONTACT

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What is this study about?

- Our goal is to understand how we can best support the mental health of children and youth with spina bifida.
- We have conducted focus groups with young adults about issues of concern about mental health and wellness
- We have conducted a review of the research literature on the ideas and issues identified by the young adults with Spina Bifida in the community
- We want to explore parents' interpretations of the information we obtained from the literature review about mental health and wellness in young adults with spina bifida

Who can participate?

We are looking for...

- Parents of a child or youth with spina bifida

What's involved?

- Participation in a focus group discussing your ideas surrounding mental health and wellness
- Occurring mid to late February 2020 (exact date subject to participant availability)

What are the benefits of participating?

- You may enjoy the chance to share your thoughts on mental health and wellness in children and youth with spina bifida. The information we get from the study will contribute to further research, which we hope will eventually lead to improved care.

Participants will receive a small token of appreciation to thank them for their time.

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